

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2PM - Card Club (CC) 30	10AM - Sit & Be Fit (CR) 31 10:45AM - Walmart Shopping Outing (SIGN UP) 2PM - Monday Movie Matinee (GT) 3:30PM - Bible Study w/ Pastor Richard (FS) 3:30PM - Margarita Monday (CC)					2PM - Card Club (CC) 1
2PM - Card Club (CC) 2	10AM - Sit & Be Fit (CR) 3 10:45AM -Calendar Rundown with Liz (GT) 2PM - Monday Movie Matinee (GT) 3:30PM - Bible Study w/ Pastor Richard (FS) 3:30PM - Margarita Monday (CC)	10AM - Stand Strong Exercise (CR) 4 11AM - Neighbors Helping Neighbors Support Group (FS) 1:30PM - Trailblazers 2:30PM - BINGO (CR) 7PM - Relax & Restore (CR)	10AM - Chairfit Ball Edition (CR) 5 11AM - Catholic Communion (GT) 2PM -Benefits of Using My Chart (GT) 3:30PM - Build Your Own Ice Cream Sandwhich (B)	9:30AM - Brew & Banter (B) 6 9:30AM - FeatherTone Practice (B) 10:45AM - Chair Zumba (CR) 2PM - Community Ideas Corner (GT) 3PM - Social Hour (CC) 3:30PM - Think & Drink (CC)	9:30AM - Weekly Rosary 7 10AM - Sit & Be Fit (CR) 10:45AM - ICPL Bookmobile 1:30PM - Outing to Cedar Rapids Art Museum (Sign Up) 2:30PM - Cardio Drumming (CR) 3PM - Mental Health Matters w/ Curana (GT)	2PM - Card Club (CC) 8

Calender Key:

Bistro 1839 (B)
Dining Room (DR)
Courtyard (CY)

Graham Theater (GT)
Chauncey Club (CC)
Card Room (CR)

Four Seasons (FS)
Outdoor Patio (OP)
Allure Salon (AS)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2PM - Card Club (CC) 9	10AM - Sit & Be Fit (CR) 10 10:30AM - “American Experiment” Docu Series Ep 5 (GT) 2PM - Monday Movie Matinee (GT) 3:30PM - Bible Study w/ Pastor Richard (FS) 3:30PM - Margarita Monday (CC)	9:30 to 11:30AM - 10min Chair Massages by Anke (Sign Up) (GT) 10AM - Stand Strong Exercise (CR) 1:30PM - Trailblazers 2:30PM - Community Project, Steppingstones Painting (CR) 7PM - Relax & Restore (CR)	10AM - Chairfit Ball Edition (CR) 12 11AM - Catholic Communion (GT) 2PM - HERstory Presentation; Lydia (GT) 3PM - Ice Cream Outing to Dane’s Dairy (Sign Up) 6:30PM - Entertainment: The Family Folk Machine (B)	9:30AM - Brew & Banter (B) 13 9:30AM - FeatherTone Practice (B) 10:45AM - Chair Zumba (CR) 2PM - Wii Sports (GT) 3PM - Social Hour (CC) 3:30PM - Think & Drink (CC)	9:30AM - Weekly Rosary 14 10AM - Sit & Be Fit (CR) 10:30AM - Donuts & Trivia (B) 10:45AM - ICPL Bookmobile 2:30PM - Amazing Color Race 3PM - Biannual Kick Off Celebration , music w/ Lena Adams	2PM - Card Club (CC) 15
2PM - Card Club (CC) 16	10AM - Sit & Be Fit (CR) 17 10:30AM - Virtual Flight to Japan w/ Corrine (GT) 2:30PM - Japanese Tea Ceremony (B) 3:30PM - Passport Challenge (B) 3:30PM - Bible Study w/ Pastor Richard (FS)	10AM - Stand Strong (CR) 18 10:45AM - Coffee Passport Adventure (B) 1:30PM - Armchair Travels Mexico (GT) 2PM - Folklorico Dance Performance (B) 2:30PM - Fiesta! (B) 3:30PM - Passport Challenge (B) 7PM - Relax & Restore (CR)	10AM - Chairfit Ball Edition (CR) 19 11AM - Catholic Communion (GT) 1:30PM - Armchair Travels Germany (GT) 2PM - Bavarian Pretzel Workshop (B) 3PM - Sips, Sounds & German Stories w/ Glen (B) 3:30PM - Passport Challenge (B)	9:30AM - Brew & Banter (B) 20 9:30AM - FeatherTone Practice (B) 10:45AM - Hula Zumba (CR) 1:30PM - Armchair Travels Paradise (GT) 2PM - Island Rhythm, & Dance (B) 3:30PM - Tiki Soial (B) 4PM - Passport Challenge (B) 6:30PM - Live @Hickory Hill Pandelirium Steel Drum Band (DP)	9:30AM - Weekly Rosary 21 10AM - Sit & Be Fit (CR) 10:45AM - ICPL Bookmobile 1:30PM - Armchair Travels Egypt (GT) 2PM - Belly Dance: A Cultural Journey Through Music & Movement 3:30PM - Passport Challenge (B)	2PM - Card Club (CC) 22
2PM - Card Club (CC) 23	10AM - Sit & Be Fit (CR) 24 10:30AM - Resident Directory Photos (GT) 2PM - Monday Movie Matinee (GT) 3:30PM - Bible Study w/ Pastor Richard (FS) 3:30PM - Margarita Monday (CC)	10AM - Stand Strong (CR) 25 11AM - Trailblazers 1:30PM - Chef Forum (B) 2PM - Cullinary Showcase (B) 3PM - Gentlemen’s Group w/ David Gatheger (CC) 3:30PM - Book Club (CR) 7PM - Relax & Restore (CR)	10AM - Chairfit Ball Edition (CR) 26 11AM - Catholic Communion (GT) 2PM - Town Hall (GT) 3PM - Resident Directory Photos (GT) 4PM - Shake it Up Mixology Class (CC)	9:30AM - Brew & Banter (B) 27 9:30AM - FeatherTone Practice (B) 10:45AM - Chair Zumba (CR) 2PM - Resident Directory Photos (GT) 3PM - Social Hour (CC) 3:30PM - Think & Drink (CC)	9:30AM - Weekly Rosary 28 10AM - Sit & Be Fit (CR) 11:30AM - Lunch Outing Shakespeare’s Pub (SIGN UP) 10:45AM - ICPL Bookmobile 2PM - Cardio Drumming (CR) 3PM - Birthday Trivia & Cake (B) 3:30PM - Entertainment: Mike Maas & Carlis Faurot Duo (B)	2PM - Card Club (CC) 29