

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:00 Coffee & Banana Bread (B) 11:00 Sunday Stretch Exercise (MR) 11:30 Watch Catholic Mass (MR) 1:00 Balloon Volleyball (EK) 2:00 Movie Matinee: Because I said So (MR)	31 10:00 Exercise With Powerback (EK) 11:00 Cookin' Crew- Cheesy Ranch Chicken Taquitos (EK) 11:00 Lutheran Service (MR) 1:00 Walking Club 2:00 Let's make Trail Mix (EK) 2:00 Literary Gang (L) 2:30 Bingo (B) 6:30 Barb's Piano Sing-along (C) 6:30 Dominos- Mexican Train (B)					10:00 Coffee/On this Day in History (C) 11:00 Scenic Waterfront Drive With Matt 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 Get Your "Cue" On (MR)
2 11:00 Sunday Stretch Exercise (MR) 11:30 Watch Catholic Mass (MR) 1:00 Balloon Volleyball (EK) 2:00 Movie Matinee: Pearl Harbor (MR)	Watermelon Day 3 10:00 Exercise With Powerback (EK) 11:00 Cookin' Crew- Chicken Ramen (EK) 11:00 Lutheran Service (MR) 1:00 Walking Club 1:30 Watermelon & Yard Games (CY) 2:00 Literary Gang (L) 2:30 Bingo (B) 6:30 Barb's Piano Sing-along (C) 6:30 Dominos- Mexican Train (B)	4 9:00 Meijer Shopping Trip 10:00 Rise & Shine Stretch (MR) 11:00 Art- Diamond Art (AR) 11:00 Target Shopping Trip 1:00 Outing to Stahl's 1:00 Euchre (MR) 3:00 Happy Hour - Gary Pillow (B)	5 9:00 Chesterfield Mobile Bookmobile 10:00 Exercise With SydFit (MR) 11:00 Manicures (EK) 1:00 LRC Dice Game (B) 1:30 Lighthouse Devotional (MR) 2:00 Blood Pressure Clinic (C) 3:00 Choir Practice (C) 3:00 Men's Social Hour (MR) 6:30 Rosary (MR) 6:30 Dominos -Mexican Train (B)	6 10:00 Fit for Life (MR) 11:00 Lunch At River Crab 1:00 Pass The Trash (B) 1:00 Euchre (L) 3:00 Happy Hour- Mike Palombo (B) 6:30 Euchre (L) 6:30 Pinochle (B)	7 10:00 Cardio Drumming (MR) 10:30 Wii Sports (MR) 12:00 \$5 Lunch 2:30 Bingo (B) 3:00 Euchre (L) 6:30 Barb's Piano Sing-along (C) 6:30 Hand & Foot (B)	8 10:00 Coffee/On this Day in History (C) 11:00 Baking Club- Chocolate Chip Cookies (EK) 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 Get Your "Cue" On (MR)
9 10:00 Coffee & Chocolate Chip Cookies (B) 11:00 Sunday Stretch Exercise (MR) 11:30 Watch Catholic Mass (MR) 1:00 Hangman (B) 2:00 Movie Matinee: The Art of Racing In The Rain (MR)	10 10:00 Exercise with Powerback (EK) 11:00 Cookin Crew- Making Fruit Dip with Ann Marie (EK) 1:00 Walking Club 2:00 Literary Gang (L) 2:30 Bingo (B) 6:30 Barb's Piano Sing-along (C) 6:30 Dominos- Mexican Train (B)	11 9:00 Aldi Shopping Trip 10:00 Rise & Shine Stretch (MR) 11:00 Shopping Trip To Ross's 11:00 Art- Sunflower Craft (AR) 1:30 Catholic Service (EK) 3:00 Happy Hour- Kenny G. (B)	12 10:00 Exercise with Lori (MR) 12:00 Hot dogs on the grill & Karaoke with Joe in the Courtyard (CY) 1:30 Lighthouse Devotional (M) 2:00 Blood Pressure Clinic (C) 3:00 Choir Practice (C) 3:00 Men's Social Hour (MR) 6:30 Rosary (MR) 6:30 Dominos- Mexican Train (B)	VET BREAKFAST 13 9:00 Veteran's Brekast (B) 10:00 Fit For Life (MR) 11:00 Put Put Golf At CJ Barrymores 1:00 Euchre (L) 2:00 Activity Committee Meeting (B) 3:00 Happy Hour-New Friend Welcome - Suzi Marsh (B) 6:30 Euchre (L) 6:30 Pinoccle (B)	14 10:00 Cardio Drumming (MR) 11:00 Watch Amazing Race (MR) 2:00 Menu Chat (B) 2:30 Bingo (B) 3:00 Euchre (L) 6:30 Barb's Piano Sing - Along (C) 6:30 Hand & Foot (B)	15 10:00 Coffee/On This Day in History (C) 11:00 Baking Club- Strawberry Shortcake Muffins (EK) 11:00 Cornhole (CY) 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 Get Your "Cue" On (MR)
AMAZING RACE WEEK 16 10:00 Coffee & Strawberry Muffins (B) 11:00 Sunday Stretch Exercise (MR) 11:30 Watch Catholic Mass (MR) 12:00 Brunch 2:00 Matinee Movie - ELVIS (MR)	POLAND DAY 17 9:00 Polish Pride Fitness (MR) 10:00 Pierogi Relay (CY) 11:00 Cooking Demonstration- Chrusciki (Polish Angel Wings) (EK) 1:00 Walking Club 2:00 Polka Challenge (B) 3:00 Happy Hour - Lukas (B) 6:30 Barb's Piano Sing-along (C) 6:30 Dominos - Mexican Train (B)	JAPAN DAY 18 9:00 Radio Taiso Exercise (MR) 9:00 Kroger Shopping Trip 10:00 Sushi Rolling Challenge (EK) 11:00 Art-Origami Craft (AR) 1:00 Euchre (MR) 1:00 Chopstick Transfer Challenge (B) 3:00 Japanese Entertainment (B) 5:00 Mobile Cart in Dining Rooms & Bistro	Waffle Wednesday 19 EGYPT DAY 9:00 Chesterfield Bookmobile 10:00 Exercise W/Syd Fit (MR) 11:00 Hyroglicfs Puzzle Challenge (B) 1:30 Lighthouse Devotional (MR) 2:00 Mummy Wrap Challenge (B) 2:00 Blood Pressure Clinic (C) 5:00 Surprise Entertainer During Dinner (Dining Rooms & Bistro) 6:30 Rosary (MR) 6:30 Dominos -Mexican Train (B)	ITALY DAY 20 9:00 Biscotti's & Coffee (C) 9:00 Shopping At Nino Salvaggio's 10:00 "Mama Mia" Move & Groove (MR) 10:30 Pasta Sorting Challenge (B) 1:00 Euchre (L) 1:30 Grape Stomping Challenge (CY) 3:00 Happy Hour-Gary Sacco (B) 6:30 Euchre (L) 6:30 Pinochle (B)	USA DAY 21 9:00 Red, White, & Rhythm(MR) 10:00 Create Lady Liberty Challenge (MR) 2:00 NYC Taxi Challenge (C) 3:00 Early Dinner in Central Park (Courtyard) 6:45 Hand & Foot (B)	22 10:00 Coffee / On this Day in History (C) 11:00 Baking Club- Lemon Cake Cookies (EK) 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 Get Your "Cue" On (MR)
23 10:00 Coffee & Lemon Cookies (B) 11:00 Sunday Stretch Exercise (MR) 11:30 Watch Catholic Mass (MR) 1:00 Cornhole & Lemonade Stand (CY) 2:00 Matinee Movie -Mona Lisa Smile (MR)	24 10:00 Exercise With Powerback (EK) 11:00 Cookin' Crew- Glorified Baked Beans & Corn Bread W/ Linda (EK) 1:00 Walking Club 2:00 Literary Gang (L) 2:30 Bingo (B) 6:30 Barb's Piano Sing-along (C) 6:30 Dominos- Mexcian Train (B)	25 9:00 Walmart Shopping Trip 10:00 Rise & Shine Stretch (MR) 11:00 Shopping at JCPenney & Kohl's 11:00 Art- Ribbon Cross in Frame (AR) 1:00 Euchre (MR) 1:30 Catholic Service (EK) 3:00 Happy Hour-Cheers to Another Year! Jeff Cavataio (B)	26 10:00 Exercise W/Lori (MR) 1:30 Lighthouse Devotional (MR) 2:00 Blood Pressure Clinic (C) 2:30 Women's Wine Tasting (B) 3:00 Choir Practice (C) 3:00 Men's Social Hour (MR) 6:30 Rosary (MR) 6:30 Dominos -Mexican Train (B)	27 10:00 Fit For Life (MR) 11:00 Picnic On Belle Isle 1:00 Euchre (L) 1:00 Waffle Ice Cream Sandwich Social Hour (B) 2:00 Resident Forum (B) 3:00 Happy Hour- Boogie Woogie (B) 6:30 Euchre (L) 6:30 Pinochle (B)	28 10:00 Cardio Drumming (MR) 11:00 Won't You Be My Neighbor Documentary and Popcorn (MR) 2:00 Culinary Showcase (B) 2:30 Bingo (B) 3:00 Euchre (L) 6:30 Barb's Piano Sing - Along (C) 6:45 Hand & Foot (B)	29 10:00 Coffee / On this Day in History (C) 11:00 Baking Club- Banana Bread (EK) 1:00 Sit & Stretch (MR) 2:00 Dollar Bingo (B) 3:00 Get Your "Cue" On (MR)