

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:30 Balance in Action (A) 12:00 Walking Club at Briarwood Mall 1:00 Spa Hour- Manicures, Hand Massages, & Facials (A) 2:30 Therapy Dog Visits with Teddy (NL) 3:00 Happy Hour (Pub)	2 10:30 Cardio Drumming (A) 11:30 Specialty Shopping Outing: Harvest Market 1:00 Activity Planning Meeting (A) 3:00 Quarter Bingo (A)	3 10:00 Chair Yoga (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 12:00 Wheelchair/Walker Decorating (B) 1:00 Independence Day Trivia (B) 3:00 Craft Hour: Fourth of July Paper Plate Wreath (B)	Independence Day 4 10:15 Coffee Bar & Mingle (NL) 12:00 Fourth of July Buffet (MDR) 2:00 The History of Independence Day Documentary with discussion after (TH)
5 10:15 Coffee Bar & Daily Chronicles (NL) 11:00 Hope & Love Ministries (TH) 11:00 Church Outing: St. Andrew's The Apostle Catholic Church 1:00 Movie Matinee: Forrest Gump (TH) 3:45 Weights & Stretching (B)	6 10:30 Seated Yoga & Stretching (A) 12:00 Walking Club (SL) 1:00 Live Entertainment with Al Jacques (TH) 2:00 Grab & Go Daily Chronicles (L) 2:00 Milk Shake Mondays (NL) 3:00 Game Hour: Tripoley (A) 6:30 Classic Candy Bar Bingo (B)	7 9:30 Outing: Walmart 10:30 Balance in Action (TH) 11:00 Blood Pressure Clinic (W) 1:00 History Lectures with Jason Schmier (TH) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	8 9:00 Waffle Wednesday (MDR) 10:30 Balance in Action (A) 1:00 Spa Hour- Manicures, Hand Massages, & Facials (A) 2:00 July Birthday Bash (A) 3:00 Happy Hour (Pub)	9 10:30 Cardio Drumming (A) 11:30 Lunch Outing: Paesano Restaurant & Wine Bar 1:00 Game Hour: Chain Reaction (TH) 3:00 Quarter Bingo (A)	10 10:00 Chair Yoga (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 Craft Hour: Beaded Bracelets (B) 2:00 Bible Study with Pastor Tom (A) 3:00 Game Hour: Bridge (A)	11 10:15 Coffee Bar & Mingle (NL) 12:00 Resident Led Games (A) 1:00 Movie: The Help (TH) 3:45 Active Fitness (B)
12 10:15 Coffee Bar & Daily Chronicles (NL) 1:00 Movie Matinee: Midnight in Paris (TH) 11:00 Hope & Love Ministries (TH) 3:45 Weights & Stretching (B)	13 10:30 Seated Yoga & Stretching (A) 12:00 Walking Club (SL) 1:00 Live Entertainment with Billy McAllister (TH) 2:00 Grab & Go Daily Chronicles (L) 2:00 Milk Shake Mondays (NL) 3:00 Game Hour: Tripoley (A) 6:30 Classic Candy Bar Bingo (B)	14 9:30 or 10:30 Outing: Meijer 10:30 Balance in Action (TH) 11:00 Blood Pressure Clinic (W) 1:00 History Lectures with Jason Schmier (TH) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	15 10:30 Balance in Action (TH) 1:00 Spa Hour- Manicures, Hand Massages, & Facials (A) 2:00 Book Club (B) 2:30 Therapy Dog Visits with Teddy (NL) 3:00 Happy Hour w/ Senior Comedy Community (Pub)	16 10:30 Cardio Drumming (A) 11:30 Outing: Ann Arbor Art Fair 1:00 Game Hour: Wordle (TH) 3:00 Quarter Bingo (A)	17 10:00 Chair Yoga (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 Veteran's Club & Coffee Hour with American Legion Post 46 (B) 3:00 Game Hour: Bridge (A)	18 10:15 Coffee Bar &Mingle (NL) 12:00 Resident Led Games (A) 1:00 Explore Mt. Everest with Adam Sylvester (TH) 3:45 Active Fitness (B)
19 10:15 Coffee Bar & Daily Chronicles (NL) 11:00 Hope & Love Ministries (TH) 1:00 Movie Matinee: The African Queen (TH) 3:45 Weights & Stretching (B)	20 10:30 Seated Yoga & Stretching (A) 12:00 Walking Club (SL) 1:00 Live Entertainment with Christine Schinker (TH) 2:00 Grab & Go Daily Chronicles (L) 2:00 Milk Shake Mondays (NL) 3:00 Game Hour: Tripoley (A) 6:30 Classic Candy Bar Bingo (B)	21 9:30 Outing: Walmart 10:30 Balance in Action (TH) 11:00 Blood Pressure Clinic (W) 1:00 History Lectures with Jason Schmier (TH) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	22 10:30 Balance in Action (TH) 1:00 Spa Hour- Manicure, Hand Massages & Facials (A) 3:00 Weenies & Tinis Happy Hour (Pub)	23 10:30 Cardio Drumming (A) 11:00 Pearle Vision Free Glasses Adjustments (B) 11:30 Outing: Kensington Park 1:00 Resident Forum (TH) 3:00 Quarter Bingo (A)	24 10:00 Chair Yoga (A) 10:45 Catholic Mass (TH) 12:00 Library Book Cart (NL) 1:00 Craft Hour: Paint a Bird House (B) 2:00 Bible Study with Cathy (PDR) 3:00 Ice Cream Social (NL)	25 10:15 Coffee Bar & Mingle (NL) 12:00 Resident Led Games (A) 1:00 Movie: West Side Story (TH) 3:45 Active Fitness (B)
26 10:15 Coffee Bar & Daily Chronicles (NL) 11:00 Hope & Love Ministries (TH) 1:00 Movie Matinee: Pursuit of the Graf Spee (TH) 3:45 Weights & Stretching (B)	27 10:30 Seated Yoga & Stretching (A) 12:00 Walking Club (SL) 1:00 Live Entertainment with Steve Kovich (TH) 2:00 Grab & Go Daily Chronicles (L) 2:00 Milk Shake Mondays (NL) 3:00 Game Hour: Tripoley (A) 6:30 Classic Candy Bar Bingo (B)	28 9:30 or 10:30 Outing: Meijer 10:30 Balance in Action (TH) 1:00 Baking Group with Ingrid (B) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	29 10:30 Balance in Action (TH) 12:00 Grab & Go Trivia (L) 1:00 Spa Hour- Manicure, Hand Massages & Facials (A) 2:30 Therapy Dog Visits with Teddy (NL) 3:00 Happy Hour (Pub)	30 10:30 Cardio Drumming (A) 12:00 Outing: Emagine Theater (Spider-Man) 1:00 Game Hour: Cross Words (TH) 3:00 Quarter Bingo (A)	31 10:00 Chair Yoga (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 "More of our Favorite Things" with Elaine & Cliff (TH) 3:00 Game Hour: Bridge (A)	