

Independence Village of Grand Ledge

Independent Living | Enhanced Living

August 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brazil 2 10:00am Church Shuttle** 10:30am Team Check In (C) 11am & 1pm Brazilian Brunch Buffet (DR) 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	Japan 3 10:30am Japanese Exercise Class: Radio Tasio (MAR) 11:00am-1:00pm Cat Cafe (G) 1:30pm Amazing Race Team Challenge (MAR) 2:30pm Japanese Candy Tasting (MAR) 3:00pm Studio Ghibli Movie (G)	Senegal 4 9:30am Boulder Ridge Zoo Outing** 2:30pm Bissap Popsicles (MAR) 3:00pm African Drumming Performance (MAR)	Egypt 5 10:30am Hieroglyphics Class (MAR) 1:30pm Amazing Race Team Challenge (MAR) 2:30pm The Great Pyramid Expedition (FL)	India 6 10:30am Moksha Yoga Class (MAR) 11:15am Bangle Bar (MAR) 1:30pm Amazing Race Team Challenge (MAR) 2:30pm Color Festival & Closing Ceremony (EP)	7 9:30am Weightlifting (MAR) 1:30pm Quarter Card (MAR) 2:15pm Cornhole Tournament (MAR)	8 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Crafting Corner: Butterfly Bean Portrait (MAR)
9 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	10 9:00am Veteran's Breakfast (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Wine Down and Trivia (CY)	11 8:30am Meijer** 11:00am Exercise w/ PB (MAR) 11:30am Longhorn Steakhouse** 1:30pm Community Q&A (MAR) 2:30pm Sip & Sizzle: Savory Charcuterie (CY) 6:15pm Bingo (MAR)	12 10:00am Crossword (MAR) 11:00am Balance Clinic w/ PB (MAR) 1:00pm Book Club (USR) 2:30pm Cheryl & Mike Wedding Party & Music (MAR)	13 1:15pm Bingo (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 3:15pm Grief Group (PDR)	14 9:30am Weightlifting (MAR) 11:00am Lexi's Goodbye Party (MAR) 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Overboard (G)	15 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) 2:30pm Euchre Club (MAR)*
16 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	17 9:00am Ladies Breakfast: Build your own Omlet (MD) 10:30am Senior Stretch (MAR) 11:00am Bible Study (PDR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 2:30pm Tea & Treats w/ Jen (MAR)	18 8:30am Meijer** 11:00am Exercise w/ PB (MAR) 1:30pm Wellness Chat (MAR) 1:30pm Corner Cone Outing** 2:30pm Culinary Nutrition Showcase (MAR)	19 10:00am Crossword (MAR) 11:00am Balance Clinic w/ PB (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Genna & Jesse (MAR)	20 9:00am Manicures & Mimosas (G) 1:15pm Bingo (MAR) 2:30pm Cardio Drumming (MAR) 3:15pm Dominos (MAR) 3:15pm Grief Group (PDR) 6:15pm Pokeno (MAR)	21 9:30am Weightlifting (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Cornhole Tournament (MAR)	22 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Crafting Corner: Dried Flower Wood Craft (MAR)
23 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	24 9:00am Men's Breakfast: Build your own Omlet (MD) 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Sip & Shop: Bingo Store (MAR)	25 8:30am Meijer** 10:30am Target Outing** 11:00am Exercise w/ PB (MAR) 12:00pm Burger Cookout (MAR) 1:00pm Wheel Wash & Walker Repair (CY & MAR) 6:15pm Bingo (MAR)	26 10:00am Crossword (MAR) 11:00am Balance Clinic (MAR) 1:00pm Book Club (USR) 2:30pm Happy Hour (MAR) 3:00pm Music w/ Cheryl & Mike (MAR)	27 9:00am Manicures & Mimosas (G) 1:00pm Catholic Mass (MAR) 3:15pm Dominos (MAR) 3:15pm Grief Group (PDR) 6:15pm Pokeno (MAR)	28 9:30am Weightlifting (MAR) Wii Bowling (MAR) Team 1: 10:00am Team 2: 10:45am Team 3: 11:30am 1:30pm Quarter Card (MAR) 2:15pm Movie & Popcorn: Driving Miss Daisy (G)	29 10:00am Bingo (MAR) 11:00am Chair Volleyball (MAR) Wii Bowling (MAR) Team 4: 1:00pm 2:30pm Euchre Club (MAR)*
30 10:00am Church Shuttle** 3:00pm Hymn Sing (MAR) 6:00pm Resident Run Quarter Bingo (MAR)	31 10:30am Senior Stretch (MAR) 1:00pm Let's Play Dice (G) 2:00pm Zumba (MAR) 3:00pm Activity Q&A (MAR)			Blood Pressure Clinic occurs each Thursday at 11:00am in the Main Activity Room Exercise w/ PB = Powerback	*= you need to sign-up for the activity outside of the Main Activity Room ** = you need to sign-up for the activity at the Shuttle Station	