

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 1:30 Worship Video	31 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Bingo	Outings are contingent upon weather conditions and subject to cancellation for safety reasons.	10:00 Coffee & Chat 10:30 Morning Fitness	10:00 Coffee & Chat 10:30 Yoga with Jillian	1 10:00 Coffee & Chat 10:30 Morning Fitness	1 3:00 Table Games
2 1:30 Worship Video	3 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Bingo	4 10:00 Coffee & Chat 10:30 Yoga with Jillian	5 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Happy Hour World Trivia	6 10:00 Coffee & Chat 10:30 Yoga with Jillian 11:30 Outdoor Concert with David Molinari 2:00 Faith Fellowship	7 10:00 Coffee & Chat 10:30 Morning Fitness 6:00 Concert in the Park	8 3:00 Table Games
9 1:30 Church Service in Assisted Living	10 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 3:00 Bingo	11 10:00 Coffee & Chat 10:30 Yoga with Jillian	12 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Trail Walk	13 10:00 Coffee & Chat 10:30 Yoga with Jillian 2:30 Faith Fellowship	14 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness	15 3:00 Table Games
16 1:30 LifeBridge Church Service in Assisted Living	17 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness 3:00 Bingo	18 10:00 Coffee & Chat 10:30 Yoga with Jillian	19 10:00 Coffee & Chat 10:30 Morning Fitness 3:00 Community Forum	20 10:00 Coffee & Chat 10:30 Yoga with Jillian 2:00 Meet with the Chef and Culinary Showcase	21 10:00 Coffee & Chat 10:30 Morning Fitness	22 3:00 Table Games
23 1:30 Video Church Service in AL	Amazing Race - Japan 24 10:00 Coffee & Chat with Snacks	Amazing Race-England 25 10:00 Coffee & Chat 10:30 Yoga with Jillian	Amazing Race - Australia 26 10:00 Coffee & Chat 10:30 Morning Fitness	Amazing Race - Italy 27 10:00 Coffee & Chat 10:30 Yoga with Jillian	Amazing Race - China 28 10:00 Coffee & Chat with Snacks 10:30 Morning Fitness	29

Additional Activities can be seen on the Assisted Living Calendar

Watch our communication board & Digital Sign for updates and reminders.

Calendars, Newsletters, Fliers and Sign-up sheets are on the communication Table

Lunch is served at 12:30 pm