

Independence Village of Waukee

Independent Living | Assisted Living

July 2026
Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Cardio Drumming CR 11:45 **Ladies Lunch Bunch: Red Robin 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR	9:30 Book Club FR 10:00 Get Active w Powerback ALDR 10:45 BINGO ALAR 3:00 Trivia Happy Hour: America's 250th Anniversary CR 3:30 Wii Bowl Team D EX 6:00 Pinochle VG 7:00 Beavercreek Band Concert ILDR	10:00 Live 2B Healthy CR 10:30 Hyvee Online Assistance FR 11:00 Parkinson's Exercise CR 12:00 Red, White and BBQ TC 1:30 Tesla Self Driving Tech Demo (North Driveway) 3:30 Wii Bowl: OPEN GR 6:30 Ticketless Travel: Burma/Thailand CR	Independence Day 10:45 Tai Chi CR 1:30 4 th of July Yard Games ND
Shark Week Begins 9:00 Heartland Presbyterian Church Service CR 1:30 Rummikub FR 2:00 Craft: Summer Storage Baskets ALDR	9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex CR 1:30 Live Music: Neil Hewitt CR 3:00 Pool SHARKS and Beer (Billiards) 3:30 Wii Bowl Team A EX 6:30 Dominoes VG	9:00 **Bus Trip to Fareway** 10:00 Get Active ALDR 10:45 Therapet Visit: Sydney (Dog) CR 1:30 Beach Ball Trivia with Aryka (Powerback Therapy) CR 3:00 Get Crafty: DIY Zen Garden CR 3:45 Wii Bowl Team B EX 6:30 Movie Tuesday: Scent of a Woman CR	10:00 Cardio Drumming CR 1:30 Shark Tank Inventions: Buy or Bye? CR 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR	9:30-10:30 Smoothie Bar TC 10:00 Get Active w Powerback ALDR 10:45 BINGO ALAR 3:00 Happy Hour: Shark Bait CR 3:30 Wii Bowl Team D EX 6:00 Pinochle VG 7:00 Beavercreek Band Practice CR	10:00 Live 2B Healthy CR 10:30 Hyvee Online Assistance FR 11:00 Parkinson's Exercise CR 1:30 Live Music: Tom Hofer CR 3-4:30 *CR RESERVED: Frances J 90th* 3:00 Frances Birthday Party 3:30 Wii Bowl: OPEN GR	10:45 Tai Chi CR *12-5 CR RESERVED: Thelma Surprise 80 th 1:30 Group Bible Study CR 3:00 Lutheran Church of Hope EX
10:00 St Boniface Communion CR 1:30 Rummikub FR 2:00 Craft: Wooden Flower Painting ALDR	9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex CR 1:30 AL Resident Forum ALDR 3:00 Movie Matinee: The Bucket List CR 3:30 Wii Bowl Team A EX 6:30 Dominoes VG	9:00 **Bus Trip to Trader Joe's** 10:00 Get Active Austin ALDR 1:30 Library in the Lobby TC 2:00 Summer Sip and Paint with "Bob Ross" CR 3:45 Wii Bowl Team B EX	10:00 Cardio Drumming CR 11:45 **Mens Lunch Bunch: Red Robin 2:00 St. Boniface Mass CR 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR	10:00 Get Active w Powerback ALDR 10:45 BINGO ALAR 1:30 BLOCK OFF FOR FSR MEETING 3:00 Happy Hour: Tattoos and Booze CR 3:30 Wii Bowl Team D EX 6:00 Pinochle VG 7:00 Beavercreek Band Practice CR	10:00 Live 2B Healthy CR 10:30 Hyvee Online Assistance FR 11:00 Parkinson's Exercise CR *1-4 CR RESERVED: LEGACY HOA MTNG* 1:30 Parkinson's Support Group EX 1:30 Mary's Jewelry Making Demo CR 3:30 Wii Bowl: OPEN GR 6:30 Ticketless Travel: Dixie (US) CR	10:45 Tai Chi CR 1:30 Group Bible Study CR 3:00 Lutheran Church of Hope CR
1:30 Rummikub FR 2:00 Craft: Hummingbird Diamond Art ALDR	9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex CR 2:00 Jukebox Bingo: Summer Hits CR 3:00 Billiards and Beer 3:30 Wii Bowl Team A EX 6:30 Dominoes VG	9:00 **Bus Trip to Hyvee** 10:00 Get Active ALDR 1:30 Live Music: Tom and Bruce CR 3:00 Craft: Community Mosaic CR 3:30 Wii Bowl Team B EX 7:00 Monthly American Legion (Post 737) Meeting CR	10:00 Cardio Drumming CR 1:30 Speaker: Ross Barnett/Erin Pater-Estate Planning CR 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR	10:00 Get Fit w Powerback ALDR 10:45 BINGO ALAR 1:30 Gorgeous Grandma's Day Photoshoot 3:00 Happy Hour: July Birthday/New Resident Welcome CR 3:30 Wii Bowl Team D EX 6:00 Pinochle VG 7:00 Live Music: Junction Jazz Society	10:00 Live 2B Healthy CR 10:30 Hy-Vee Online Assistance FR 11:00 Parkinson's Exercise CR 1:00 AL Resident Council ALLR 1:30 Ice Cream Social with Centerwell (+ Informative Program) 2:30 "Exotic" Fruit Tasting CR 3:30 Wii Bowl: OPEN GR	10:45 Tai Chi CR 1:30 Taste the Movie: Christmas in July TH 3:00 Lutheran Church of Hope CR
10:00 St Boniface Communion CR 1:30 Rummikub FR 1:30 Live Music: Rudy Mares CR 2:30 Hummingbird Diamond Art Part 2 ALDR	9:00 Ladies Coffee FR 10:00 Live 2B Healthy CR 11:00 Parkinson's Ex CR 1:30 IL Resident Forum CR 3:00 Movie Matinee: Sister Act CR 3:30 Wii Bowl Team A EX 6:30 Dominoes VG	9:00 **Bus Trip to Walmart** 10:00 Get Active ALDR 1:30 Live Entertainment: David Ambrosio CR 2:30 Will it Grill - Culinary Demo TC 3:45 Wii Bowl Team B EX 6:30 Movie Tuesday: Roxanne CR	10:00 Cardio Drumming CR 1:30 Health Education Series w Shannon: Summer Safety & Active Living CR 3:00 Nails and Cocktails CR 3:30 Wii Bowl Team C EX 6:30 Card Bingo CR	10:00 Get Active w Powerback ALDR 10:45 BINGO ALAR 3:00 Happy Hour: Beach Bash CR 3:30 Wii Bowl Team D EX 6:00 Pinochle VG 7:00 Beavercreek Band Practice CR	9:00 **Coffee Crawl: Eden Coffee	