

Independence Village of Saginaw

Independent Living

July 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 8:00 Aqua Exercise - O 10:00 Balloon Bounce - A 11:30 Cracker Barrel - O 1:30 Blood Pressure Clinic - A 2:00 Calendar Review - AR 3:00 Sip & Survey Happy Hour - 6:30 Wii Bowling - P	2 10:00 TheraBand Workout - 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Garden Club - BY 3:00 Patriotic Craft - AR 6:30 Patriotic Songs w/ Jean Learman	3 10:30 Sit & Stretch - A 12:00 4 th of July Block Party - FY 7:00 Movie Night - L	Independence Day 4 10:30 Coffee & Conversation - A 1:00 Patriotic Social - A 3:30 Wheel of Fortune - AR
5 9:00 Sunday Strollers 9:30 Lutheran Service Livestream - L 2:00 Worship w/ Old Town Christian Outreach - AR 3:00 Prize Bingo - AR	6 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 1:30 You be The Judge - A 2:00 Mass w/ Father Thai - AR 3:00 Readers Theatre - AR 3:30 Hangman - AR	7 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Music w/ Chuck Koval - A 7:00 Bingo - AR	8 8:00 Aqua Exercise - O 8:00 AVON - A 11:30 Riverside - O 1:30 Blood Pressure Clinic - A 2:00 Famous Birthdays - AR 3:00 Happy Birthday Hour - 6:30 Wii Bowling - P	9 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Garden Club - A 3:00 IV County Fair - BY 6:30 Game w/ Gussy - P	10 10:30 Sit & Stretch - A 1:30 Painting w/ Veronica - AR 6:30 Popcorn - P 7:00 Movie Night - L	11 10:30 Coffee & Conversation - A 1:30 Coloring Cafe - A 2:00 Ladder Ball - BY 3:30 Wheel of Fortune - AR
12 9:00 Sunday Strollers 9:30 Lutheran Service Livestream - L 2:00 Worship w/ Old Town Christian Outreach - AR 3:00 Prize Bingo - AR	13 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 1:30 You be The Judge - A 2:00 Mass w/ Father Thai - AR 3:00 Readers Theatre - AR 3:30 Hangman - AR	14 10:30 Balloon Volleyball 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Visit Scotland - L 7:00 Bingo - AR	15 8:00 Aqua Exercise - O 10:00 Balloon Bounce - A 12:00 Veterans Lunch - DR 1:30 Blood Pressure Clinic - 2:30 Happy Hour w/ Jack Luna - 6:30 Wii Bowling - P	16 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Garden Club - BY 3:00 North American Senior Benefits Presentation - A 6:30 Game with Gussy - P	17 10:30 Sit & Stretch - A 1:30 Manicures - A 3:00 Cooking - AR 6:30 Popcorn - P 7:00 Movie Night - L	18 10:30 Coffee & Conversation - A 1:30 Coloring Cafe - A 2:00 Ladder Ball - BY 3:30 Wheel of Fortune - AR
19 9:00 Sunday Strollers 9:30 Lutheran Service Livestream - L 2:00 Worship w/ Old Town Christian Outreach - AR 3:00 Prize Bingo - AR	20 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 1:30 You be The Judge - A 2:00 Mass w/ Father Thai - AR 3:00 Culinary Showcase & Chef Meeting - AR	21 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 Sing-a-long w/ Leo & Merry 7:00 Bingo - AR	22 8:00 Aqua Exercise - O 10:00 Balloon Bounce - A 11:30 Old Town Junction - O 1:30 Blood Pressure Clinic - 2:00 Speed Friending - AR 3:00 Happy Hour - A 6:30 Wii Bowling - P	23 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Garden Club - BY 3:00 Christmas in July - A	24 10:30 Sit & Stretch - A 1:30 Manicures - A 3:00 Cooking - AR 6:30 Popcorn - P 7:00 Movie Night - L	25 10:30 Coffee & Conversation - A 1:30 Coloring Cafe - A 2:00 Ladder Ball - A 3:30 Wheel of Fortune - AR
26 9:00 Sunday Strollers 9:30 Lutheran Service Livestream - L 2:00 Worship w/ Old Town Christian Outreach - AR 3:00 Prize Bingo - AR	27 10:00 Balance in Action - A 10:30 Bean Bag Baseball - A 11:30 Soaring Eagle Casino - O 1:30 You be The Judge - A 2:00 Mass w/ Father Thai - AR 3:00 Readers Theatre - AR 3:30 - Hangman - AR	28 10:30 Balloon Volleyball - A 1:30 Trivia - A 2:00 Bible Study w/ Dave - AR 3:00 New Friends Happy Hour - A 7:00 Bingo - AR	29 8:00 Aqua Exercise - O 10:00 Balloon Bounce 11:30 OUTING 1:30 Blood Pressure Clinic - 1:30 Youth Group Games - A 6:30 Wii Bowling - P	30 10:00 TheraBand Workout - A 10:30 Bean Bag Baseball - A 1:30 Chair Yoga - A 2:00 Garden Club - BY 3:00 Lemonade Festival - A 6:30 Game w/ Gussy - P	31 10:30 Sit & Stretch - A 1:30 Manicures - A 3:00 Resident Forum - AR 6:30 Popcorn - P 7:00 Movie Night - L	

Calender Key:
A – Atrium
C – Café
CP – Corner Pocket

CY – Courtyard
FL – Front Lobby
GP – Gathering Place
HL – Harbor Lobby

HYC – Harbor Courtyard
L – Library

[Other]

[Other]

[Other]

Independence
Village SENIOR LIVING