

JULY 2026

Riley’s Grove Assisted Living & Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			International Joke Day 1 10:30 Coffee & Cookies 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo	2 11:00 Upper Body Exercise 1:30 Music Performance by Chris Sloan 2:45 Red, White, and Blue Crafts	3 11:00 Lower Body Exercise 1:30 American History Facts & Trivia 3:30 Holiday Decorating Walkers & Wheelchairs	Independence Day U.S.A.’s 250th Birthday 4 11:00 Morning Exercise 1:30 Bingo 8:00 A Capitol Fourth - 250 th Celebration (channel 12) Tour de France Begins
5 9:30 Live Stream Church 11:00 Morning Walk 2:00 Worship with John	6 11:00 Upper Body Exercise 1:30 Resident Council 3:00 Bingo	Deb’s and Carol’s Birthdays! 7 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 3:00 Summer Luau Party	8 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 Learn About “Shark Week”? 3:00 Bingo	9 11:00 Upper Body Exercise 2:00 Music Performance by Lowell & Fred 3:00 Baking Cookies for National Sugar Cookie Day	10 9:30 Devotions with Karen 11:00 Lower Body Exercise 2:30 Patio Social - Banana Splits 3:30 Manicures	11 11:00 Morning Walk 12:00 Family Cookout (Please RSVP to Erin by July 6) 2:00 Bingo Note: different time
12 9:30 Live Stream Church 11:00 Morning Walk 2:00 Worship with Darrell	13 Hair Salon 11:00 Upper Body Exercise 1:30 Odd Word Out 3:00 Bingo 8:00 MLB Home Run Derby	14 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 1:30 Music Performance by Fred Walker 8:00 MLB All-Star Game (Beltone Hearing Clinic)	15 10:30 Coffee & Donuts 11:00 Core Exercise 3:00 Bingo	National Cherry Day 16 11:00 Upper Body Exercise 1:30 Sun Hat Decorating 3:30 Patio Social - Fresh Cherries	17 11:00 Lower Body Exercise 1:30 Five Card Roll 3:00 One on One Visits	18 11:00 Morning Exercise 1:30 Bingo
National Ice Cream Day 19 9:30 Live Stream Church 11:00 Morning Walk 1:00 Ice Cream Cart 2:00 Worship with Josh Spencer	20 Hair Salon 11:00 Upper Body Exercise 2:00 Fill in the Blank 3:00 Bingo	21 11:00 Lower Body Exercise 2:30 Pool Noodle Ring Toss 4:00 Great Lakes Trivia	Sharon’s Birthday! 22 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo	23 11:00 Upper Body Exercise 1:30 Cornhole 3:30 Manicures	24 9:30 Devotions with Karen 11:00 Lower Body Exercise 1:30 Spiral Sun Catchers 3:30 Patio Social - Milkshakes	25 11:00 Morning Walk 1:30 Bingo
26 9:30 Live Stream Church 11:00 Morning Walk 4:00 Worship with Grace Fellowship Church Tour de France Ends	27 Hair Salon 11:00 Upper Body Exercise 1:30 Word Mining 3:00 Bingo	28 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 1:30 Music Performance by David Molinari 2:45 Bus Trip to Kamphuis Blueberry Farm (Trip 1)	29 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo	30 11:00 Upper Body Exercise 1:30 Bus Trip to Kamphuis Blueberry Farm (Trip 2) 3:30 Patio Social - Lemonade & Iced Tea	31 11:00 Lower Body Exercise 1:30 Skee-Ball 4:00 Jeopardy	