

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Music & Movement Walking 10:30 Exercise 10:30 Hymn Sing Along 11:00 Let's Talk Fun Facts 12:30 Live Music W/ Joanne 2:00 Arm Chair Travels W/Popcorn 3:30 Cardio Drumming 5:30 Movie: The Deep End of the Ocean (Roku) 6:15 Music & Manicures	210:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Riddle Riddle 1:30 Lets Paint Fireworks 3:30 Ice Coffee Hour W/Treat 5:30 Movie: Remember The Titans (Disney+) 6:15 Music W/ Lotion & Hand Massages	310:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Fourth Of July Color Art 2:00 Music/ Dance Party/Happy Hour 3:00 Fourth Of July Fun Facts About The 250th Anniversary (YouTube) 5:30 Movie W/ Popcorn National Treasure (Hulu)	4AD Happy Fourth Of July! 10:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:30 Fun Fourth Of July Packets 3:00 Rocket Pops On The Patio 5:30 Movie: Independence Day (Hulu)
59:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 1:30 Music & Reminisce 3:30 Fun Facts 5:30 Movie: Air Force One (Pluto TV)	610:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Live Music W/ Joanne 1:30 Music & Manicures 3:00 Snack Activity Bingo 5:30 Movie: Top Gun (Paramount +)	710:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 2:00 Parachute Fun On The Patio 3:00 Shop The Store 5:30 Movie: Mavrick (Paramount +) 6:15 Music W/ Lotion & Hand Massages	8AD National Freezer Pop Day! 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Live Music W/ Joanne 12:30 Music & Manicures 2:00 Freezer Pop Social On The Patio 2:30 Wagon Wednesday Freezer Pops! 3:00 Arm Chair Travels W/Popcorn 5:30 Movie: Devotion (Pluto TV)	9AD National Dimples Day! 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Let's Take Your Picture! Bring Your Dimples! 2:00 How Its Made Sugar Cookies (YouTube) 3:30 Ice Coffee Hour W/Sugar Cookies 5:30 Movie: Flags of our Fathers (Pluto TV) 6:15 Music W/ Lotion & Hand Massages	10AD National French Fry Day! 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Watercolor Painting On The patio 2:30 Music/ Dance Party/Happy Hour W/ French Fries 5:30 Movie W/Popcorn: Forrest Gump (Pluto TV) 6:15 Music & Manicures	1110:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:30 Freezer Pop Social On The Patio 3:00 Parachute Fun On The Patio 5:30 Movie: Lincoln (Hulu)
129:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 1:30 How Its Made Cotton Candy (You Tube) 3:30 Fun Facts 5:30 Movie: Crouching Tiger Hidden Dragon (Amazon Prime)	1310:00 Music & Movement Walking 10:30 Exercise 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Live Music W/ Joanne 1:30 Music & Manicures 3:00 Snack Activity Bingo 5:30 Movie: Father of the Bride (Hulu)	1410:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 3:00 Shop The Store 5:30 Movie: Adrift (Hulu) 6:15 Music W/ Lotion & Hand Massages	1510:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 11:30 Birthday Celebration For The Month Birthdays 12:30 Puzzles 2:00 Patio Time! Let's Tell A Joke 2:30 Live Music Month Birthday Celebration W/ Joanne 5:30 Movie: Ella McKay (Hulu) 6:15 Music & Manicures	1610:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Roll & Count Game 2:00 Riddle Riddle On The Patio 3:30 Ice Coffee Hour W/Treat 5:30 Movie: Springsteen (Hulu) 6:15 Music W/ Lotion & Hand Massages	1710:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Word Games 2:30 Music / Dance Party/Happy Hour W/Grilled Hotdogs 5:30 Movie W/Popcorn: Rookie of the Year (Netflix) 6:15 Music & Manicures	1810:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:30 Share & Shine On The Patio 3:00 Putt Putt Golf On The Patio 5:30 Movie: Song Sung Blue (Netflix)
199:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 1:30 Music & Reminisce 3:30 Fun Facts 5:30 Movie: Meet the Parents (Netflix)	2010:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Live Music W/ Joanne 1:30 Music & Manicures 3:00 Snack Activity Bingo 5:30 Movie : Avatar (Amazon Prime)	2110:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 3:00 Shop The Store 5:30 Movie: Little Miss Sunshine (Netflix) 6:15 Music W/ Lotion & Hand Massages	2210:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Live Music W/ Joanne 2:00 Menu Tasting W/Ashlea 3:30 Cardio Drumming 3:30 Music & Manicures 5:30 Movie: Voicemails for Isabelle (Netflix)	23AD National Lemon Day! 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Gardening Time! 2:00 Bowling Fun On The Patio 3:30 Ice Coffee Hour W/Lemon Treat 5:30 Movie: Splash (Netflix) 6:15 Music W/ Lotion & Hand Massages	24AD Christmas In July! 10:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts About Christmas 12:30 Christmas Color Art 2:30 Christmas Music / Dance Party/Happy Hour W/ Sugar Cookies 5:30 Movie W/Popcorn: Silent Night (Tubi) 6:15 Music & Manicures	2510:00 Music & Movement Walking 10:30 Music & Reminisce 12:30 Exercise 1:30 Share & Shine On The Patio 3:00 Color Toss Game On The Patio 5:30 Movie: Grumpy Old Men (Pluto TV)
269:30 Sunday Christian Church (Streaming From Peoples Church) 10:00 Music & Movement Walking 12:30 Exercise 1:30 How Its Made Ice Cream (YouTube) 3:30 Fun Facts 5:30 Movie: Grumpier Old Men (Pluto TV)	2710:00 Music & Movement Walking 10:30 Exercise 11:00 Communion 11:00 Let's Talk Fun Facts 12:30 Live Music W/ Joanne 1:30 Music & Manicures 3:00 Snack Activity Bingo 5:30 Movie: The Secret of my Success (Amazon Prime)	2810:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 3:00 Shop The Store 5:30 Movie: Twins (Roku) 6:15 Music W/ Lotion & Hand Massages	2910:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Live Music W/ Joanne 2:00 Arm Chair Travels W/Popcorn 3:30 Bean Bag Toss Game On The Patio 5:30 Movie Mr. Mom (Tubi) 6:15 Music & Manicures	3010:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 12:30 Putt Putt Golf On The Patio 2:00 Music & Reminisce On The Pation 3:30 Ice Coffee Hour W/Treat 5:30 Movie: Four Weddings & A Funeral (Netflix) 6:15 Music W/ Lotion & Hand Massages	3110:00 Music & Movement Walking 10:30 Exercise 11:00 Let's Talk Fun Facts 2:30 Music / Dance Party/Happy Hour W/ Grilled Hotdogs 5:30 Movie W/Popcorn: Gangs of New York (Paramount +) 6:15 Music & Manicures	

Activity Types Legend:

- Connection
- Education
- Laughter
- Movement

Programs subject to change without notice

