

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Zumba - Margie (AR) 10:30 Blood Pressure Clinic (LL) 11:00 Garden Club (CY) 1:15 Word Play (A) 3:30 Wine Down (DR) 6:45 Bible Study (C)	2 10:00 Walking Club (A) 10:30 Craft Club (AR) 1:30 Hangman (A) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	3 10:00 Walking Club (A) 11:00 Garden Club (CY) 2:00 Mahjong (GR) 6:30 Euchre Club (A)	Independence Day 4 10:00 Walking Club (A) 1:15 American History Trivia (A) 3:00 Quarter BINGO (AR) 6:30 Euchre Club (A)
5 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Euchre Club (A)	6 10:00 Zumba - Margie (AR) 10:00 Meijer - Bath (O) 11:00 Garden Club (CY) 2:30 StoryPoint Choir (AR) 3:30 Cooking - Dom (AR) 6:30 Euchre Club (A)	7 10:00 Exercise -Powerback (AR) 10:45 Men’s Group (C) 11:00 Ladies Tea (LL) 12:00 Music W/ Wendy (DR) 2:00 Catholic Service - Ann (C) 4:00 Mobile Library (V) 6:00 Play 9 (GR)	8 10:00 Zumba - Margie (AR) 10:30 Blood Pressure Clinic (LL) 10:45 Garden Club (CY) 11:30 Blue Gill Grill (O) 6:00 Nightcaps - Tom Spangler & Band (DR)	9 10:00 Coffee Hour - Nick (AR) 11:00 Top Golf and Lunch (O) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	10 10:00 Chair Pilates - Jen (AR) 10:45 Garden Club (CY) 1:15 Word Play (A) 2:00 Mahjong (GR) 3:30 Beer Club (A) 6:30 Euchre Club (A)	11 10:00 Jewish Services (C) 1:15 Doc: How The Earth Was Made (AR) 2:00 Let’s Talk About It (GR) 3:00 Quarter BINGO (AR) 6:30 Euchre Club (A)
12 10:00 Non-Denominational Church Service (C) 1:30 Brain Games (A) 6:30 Euchre Club (A)	13 9:00 Resident Ambassador (AR) 10:00 Zumba - Margie (AR) 11:00 Garden Club (CY) 1:30 Soap Making W/ Rachel (AR) 2:30 Meijer - Bath (O) 6:30 Euchre Club (A)	14 10:00 Exercise -Powerback (AR) 10:45 Mens Group (C) 11:00 Ladies Tea (DR) 1:30 Sun Theater (O) 2:00 Catholic Services - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V) 6:00 Play 9 (GR)	15 10:00 Zumba - Margie (AR) 10:30 Blood Pressure Clinic (LL) 11:00 Garden Club (CY) 1:15 Word Play (A) 2:30 Wine Down - Jack & Tess (DR) 6:30 Euchre Club (A) 6:45 Bible Study (C)	16 9:30 Balance Clinic (PT) 10:00 Chair Yoga (AR) 10:30 Craft Club (AR) 1:30 A Deeper Look W Emily: Great Lakes Maritime Myst. (AR) 3:00 Quarter BINGO (AR) 6:30 Trivia Night (AR) 6:30 Mexican Train (GR)	17 10:00 SOS Visit (AR) 10:00 Walking Club (A) 1:30 Disc Golf (O) 2:00 Mahjong (LL) 3:30 Beer Club (A) 6:30 Euchre Club (A)	18 10:00 Jewish Services (C) 2:00 Let’s Talk About It (GR) 3:00 Quarter BINGO (AR) 6:30 Euchre Club (A)
19 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Euchre Club (A)	20 10:00 Meijer - East Lansing (O) 11:00 Garden Club (CY) 1:15 Word Play (A) 1:30 Kroger (O) 3:30 Book Club (LL) 6:30 Euchre Club (A)	21 10:00 Exercise -Powerback (AR) 10:45 Men’s Group (C) 11:00 Ladies Tea (DR) 2:00 Catholic Service - Ann (C) 2:30 Activities Forum (AR) 4:00 Mobile Library (V) 6:00 Play 9 (GR)	22 10:00 Coffee W/ Scottie (A) 11:00 Garden Club (CY) 1:15 Park Lake Creamery (O) 2:30 Cooking W/ Dom (AR) 3:30 Wine Down (DR) 6:30 Euchre Club (A) 6:45 Bible Study (C)	23 9:00 Veterans Breakfast (AR) 10:00 Walking Club (A) 1:30 Paint Along - Emily (AR) 2:30 TrailMix Bar (A) 6:30 Mexican Train (GR)	24 9:30 Soaring Eagle (O) 10:00 Chair Pilates W/ Jen (AR) 11:00 Garden Club (CY) 1:15 Word Play (A) 2:00 Mahjong (LL) 3:30 Town Hall (DR) 6:30 Euchre Club (A)	25 10:00 Jewish Services (C) 2:00 Let’s Talk About It (GR) 3:00 Quarter BINGO (GR) 6:30 Euchre Club (A)
26 10:00 Non-Denominational Church Service (C) 6:30 Euchre Club (A)	27 10:00 Zumba - Margie (AR) 11:00 Garden Club (CY) 12:00 Resident Appreciation Lunch (DR) 1:30 Word Play (A) 3:00 StoryPoint Choir (AR) 6:30 Euchre Club (A)	28 10:00 Exercise -Powerback (AR) 10:45 Men’s Group (C) 11:00 Ladies Tea (DR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V) 6:00 Play 9 (GR)	29 10:00 Zumba - Margie (AR) 11:30 Buddies (O) 1:15 Word Play (A) 3:30 Wine Down (DR) 6:30 Euchre Club (A) 6:45 Bible Study (C)	30 10:00 Walking Club (A) 10:30 Craft Club (AR) 1:30 Pictionary (A) 2:30 Coffee Hour W/ Wellness Team (AR) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	31 10:00 Chair Pilates W/ Jen (GR) 11:00 Garden Club (CY) 11:00 Freebie Friday (AR) 1:15 Word Play (A) 2:00 Mahjong (GR) 3:30 Beer Club (A) 6:30 Euchre Club (A)	

Calender Key:
A – Atrium (1st)
AR-- Activity Room (1st)
C- Community Room (3rd)

CY – Courtyard (Back)
DR-- Dining Room (1st)
FD – Front Desk (1st)
GR-- Game Room (2nd)

LL-- Living Library (2nd)
AV-- Apartment Visit
O-- Outing
V-- Veranda (Front) (1st)

PD - Private Dining Room
PT - Physical Therapy (2nd)
Sign-up Sheets are by the TV
outside the Activity Room.

Activities Director - Logan
Reale
Shuttle Driver: Dominique
Houston

Address: 5968 Park Lake Rd,
East Lansing, MI 48823

Phone:: 517-339-1532