

July 2026

Independent & Assisted Living

6300 Abbot Road East Lansing, MI 48823 | 517-275-9916

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			AD National Postal Day! 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Live Music W/ Joanne 6:00 Movie: The Deep End of the Ocean (Roku)	2 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Chair Noddle Volleyball 1:30 Dominos Game 1:30 Scrabble 3:30 Men's Coffee Hour 3:30 Womens Coffee Hour 6:00 Movie: Remember The Titans (Disney+)	3 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 3:00 Live Music W/ Linda 3:30 Happy Hour W/ Italian Ice 6:00 Movie W/ Popcorn National Treasure (Hulu) 9:45 Fireworks Show W/ Patrick	4 AD Fun Fourth Of July Packets AD Happy Fourth Of July! 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Independence Day (Hulu)
11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 3:00 East Minster Presbyterian Church 6:00 Movie: Air Force One (Pluto TV)	5 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Live Music W/ Joanne 3:30 Chair Noddle Volleyball 6:00 Movie: Top Gun (Paramount +)	6 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:00 Outing To Meijer On Bus 1:30 Dominos Game 1:30 Scrabble 2:30 Outing To Meijer On Bus 6:00 Movie: Mavrick (Paramount +)	7 AD National Freezer Pop Day! 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Freezer Pop Social 2:30 Wagon Wednesday Freezer Pops! 3:00 Live Music W/ Joanne 6:00 Movie: Devotion (Pluto TV)	8 AD National Dimples Day! 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Let's Take Your Picture! Bring Your Dimples! 3:30 Men's Coffee Hour W/ Sugar Cookies 3:30 Women's Coffee Hour W/ Sugar Cookies 6:00 Movie: Flags of our Fathers (Pluto TV)	9 AD National French Fry Day! 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Sticker Art 3:00 Happy Hour W/ French Fries 4:00 Live Music W/ Linda 6:00 Movie W/Popcorn: Forrest Gump (Pluto TV)	10 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Lincoln (Hulu)
10:30 Bus Outing To Church St. Thomas Aquinas 11:00 Morning Exercise 1:00 Euchre Game 1:30 Bingo 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Crouching Tiger Hidden Dragon (Amazon Prime)	12 9:00 Coffee & Tea W/Wendy 10:00 Walking Club 10:30 Communion 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Live Music W/ Joanne 3:00 Bible Study W/ Bob 6:00 Movie: Father of the Bride (Hulu)	13 10:00 Walking Club 10:30 Live Piano W/Wendy 1:00 Euchre Game 1:00 Outing To Meijer On Bus 1:30 Dominos Game 1:30 Scrabble 2:30 Outing To Meijer On Bus 6:00 Movie: Adrift (Hulu)	14 10:00 Walking Club 11:00 Morning Exercise 11:30 Birthday Celebration For The Month Birthdays 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:30 Live Music For Birthday Celebration W/Marty 6:00 Movie: Ella McKay (Hulu)	15 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Chair Noddle Volleyball 1:30 Dominos Game 1:30 Scrabble 3:30 Men's Coffee Hour 3:30 Womens Coffee Hour 6:00 Movie: Springsteen (Hulu)	16 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Sequence Game 3:00 Happy Hour W/ Grilled Hotdogs 4:00 Live Music W/ Linda 6:00 Movie W/Popcorn: Rookie of the Year (Netflix)	17 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Song Sung Blue (Netflix)
AD National Ice Cream Day! 11:00 Morning Exercise 1:00 Euchre Game 1:30 Bingo 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Meet the Parents (Netflix)	19 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Let's Talk Activities 1:30 Scrabble 2:00 Live Music W/ Joanne 3:30 Chair Noddle Volleyball 6:00 Movie : Avatar (Amazon Prime)	20 10:00 Walking Club 11:00 Bus Lunch Outing To McAlisters 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:30 Outing To Meijer On Bus 6:00 Movie: Little Miss Sunshine (Netflix)	21 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Live Music W/ Joanne 3:00 Menu Tasting W /Ashlea 6:00 Movie: Voicemails for Isabelle (Netflix)	22 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Backgammon Game 1:30 Dominos Game 1:30 Scrabble 2:00 Sticker Art/ Coloring 3:30 Happy Hour W/ Sugar Cookies 4:00 Live Christmas Music W/ Linda 6:00 Movie W/Popcorn: Silent Night (Tubi)	23 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Community Council 3:00 Happy Hour W/ Grilled Hotdogs 4:00 Live Music W/ Linda 6:00 Movie W/Popcorn: Gangs of New York (Paramount +)	24 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Grumpy Old Men (Pluto TV)
9:30 Bus Outing To Eastminster Presbyterian 11:00 Morning Exercise 1:00 Euchre Game 1:30 Bingo 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Grumpier Old Men (Pluto TV)	25 10:00 Walking Club 10:30 Communion 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Live Music W/ Joanne 3:00 Bible Study W/ Bob 3:00 East Lansing Library 6:00 Movie: The Secret of my Success (Amazon Prime)	26 10:00 Walking Club 11:00 Bus Lunch Outing To Bravo 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:30 Outing To Meijer On Bus 6:00 Movie: Twins (Roku)	27 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Penny Auction 3:00 Live Music W/ Joanne 6:00 Movie Mr. Mom (Tubi)	28 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Chair Noddle Volleyball 1:30 Dominos Game 1:30 Scrabble 3:30 Men's Coffee Hour 3:30 Womens Coffee Hour 6:00 Movie: Four Weddings & A Funeral (Netflix)	29 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 2:00 Community Council 3:00 Happy Hour W/ Grilled Hotdogs 4:00 Live Music W/ Linda 6:00 Movie W/Popcorn: Gangs of New York (Paramount +)	30 10:00 Walking Club 11:00 Morning Exercise 1:00 Euchre Game 1:30 Dominos Game 1:30 Scrabble 6:00 Movie: Independence Day (Hulu)
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Activity Types Legend:

- Connection
- Education
- Laughter
- Movement

Programs subject to change without notice

