

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Garden Club (OU) 4p Golden Oldies Hour (DRs)	2 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 1p Rosary & Communion One-On-One Visits 1:30p Culinary Creations: Banana Roll-Ups (FDR) 3p Treat Talk (FDR)	4th of July Happy Hour 3 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p Red, White,& Blue Happy Hour with Denny Duvall (MDR) 3p Energy Burst 6p Movie: Resident's Choice (L)	USA 250th Anniversary 4 7a Good Morning America Celebrate America (B) 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 9:00pm WEBN Fireworks (Channel 12) (B)
5 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie: Born on the 4 th of July(Drama)	6 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Finish the Phrase (L) 1:30p Sort & Match (FDR) 2:30p Energy Burst (L) 3p Armchair Travel (L)	7 10a Card Sharks (FDR) 11a Chair Yoga & Mindfulness (L) 1p Paradise Ice (O) 2p The Art Lab: Reveal Art on Canvas (AR) 3p Balloon Badminton (L)	8 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Garden Club (OU) 4p Golden Oldies Hour (DRs)	Resident Town Hall 9 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 1p Rosary & Communion One-On-One Visits 1:30p Culinary Creations: Lemonade Pie Cups (FDR) 3p Resident Town Hall (AR)	Frisbee Golf 10 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p Frisbee Golf Happy Hour (MDR) 3p Energy Burst 6p Movie: Resident's Choice (L)	11 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night: Moneyball (Sports Drama)
Special Sunday Service 12 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11:30a Special Sunday Service with Chaplain Mike (LR) 6:30p Movie: Charlie & The Chocolate Factory (Fantasy)	13 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Finish the Phrase (L) 1:30p Sort & Match (FDR) 2:30p Energy Burst (L) 3p Armchair Travel (L)	14 10a Card Sharks (FDR) 11a Chair Yoga & Mindfulness (L) 1p Graeter's Ice Cream (O) 2p The Art Lab: Yarn Wrapped Hearts (AR) 3p Balloon Badminton (L)	Interactive Walls 15 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Interactive Walls Tutorial with Laura (AR) 3p Garden Club (OU) 4p Golden Oldies Hour (DRs)	16 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 1p Rosary & Communion One-On-One Visits 1:30p Culinary Creations: Mini English Muffin Pizzas (FDR) 3p Treat Talk (FDR)	Welcome Happy Hour 17 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p New Resident Welcome Happy Hour with Live Music by Wood & Wires (MDR) 3p Energy Burst 6p Movie: Resident's Choice (L)	18 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night: Nomadland (Drama)
19 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie: Hamnet (Historical Drama)	20 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Finish the Phrase (L) 1:30p Sort & Match (FDR) 2:30p Energy Burst (L) 3p Armchair Travel (L)	21 10a Card Sharks (FDR) 11a Chair Yoga & Mindfulness (L) 1p Jeni's Ice Cream (O) 2p The Art Lab: Sponge Painting (AR) 3p Balloon Badminton (L)	22 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Bingo (MDR) 2:30p Faith & Friendship Circle (LR) 3p Garden Club (OU) 4p Golden Oldies Hour (DRs)	23 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 1p Rosary & Communion One-On-One Visits 1:30p Culinary Creations: Cake Mix Cookie Bites (FDR) 3p Treat Talk (FDR)	24 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p Happy Hour with Live Music by John Simpson (MDR) 3p Energy Burst 6p Movie: Resident's Choice (L)	25 10a Stretch & Strength (LR) 11a Candy Bingo (DR) 1p Word Games (MDR) 6p Movie Night: Wicked: For Good (Musical)
26 9:30a Hymns & Songs of Praise (LR) 10a Sole to Soul Walking Club 11a Meditative Arts Circle (AR) 6:30p Movie: Old Henry (Western Thriller)	27 10a Coffee & Conversation (MDR) 11a Joyful Movement (L) 1p Finish the Lyrics (L) 1:30p Sort & Match (FDR) 2:30p Energy Burst (L) 3p Armchair Travel (L)	28 10a Card Sharks (FDR) 11a Chair Yoga & Mindfulness (L) 1p Holtman's Donuts (O) 2p The Art Lab: Positive Message Cards (AR) 3p Balloon Badminton (L)	July Birthday Bingo 29 10a Guided Meditation (L) 11a Strength & Balance (L) 1:30p Birthday Bingo Party (MDR) 2:30p Faith & Friendship Circle (LR) 3p Garden Club (OU) 4p Golden Oldies Hour (DRs)	30 10a Brain Games (L) 10:30 Slow Flow Yoga (L) 1p Rosary & Communion One-On-One Visits 1:30p Culinary Creations: Brownie Batter Dip (FDR) 3p Treat Talk (FDR)	31 10a Music & Movement (L) 10:30a Mini Manis (AR) 1:30p Happy Hour with Live Music by Wild Carrot (MDR) 3p Energy Burst 6p Movie: Resident's Choice (L)	

Calendar Key:
Living Room - L
Garden - G
Front Dining Room - FDR

Main Dining Room - MDR
Activities Room - AR
O - Outing
OU - Outside

MB - Main Building