

White Lake Asisted Living

Memory Care

August 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 30 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Group Puzzle 6:00pm Movie Night	August 31 10:30am Stretch & Tone 11:00am The Price is Right 2:00pm Auguest Birthdays & New Resident Welcome(CR)					1 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Help Clean up Lunch 6:00pm Hand Massages
2 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Balloon Toss 6:00pm Movie Night	Happy Birthday Kay! 3 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Bowling 4:00pm Snack on the Patio	4 10:30am Stretch & Tone 11:00am The Price is Right 1:30pm Sun Cather Craft (CR) 4:00pm Water the Garden	5 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Ring Toss 4:00pm Fancy Fingers	6 10:30am Stretch & Tone 11:00am Coffee & Chronicles 1:30pm Praising Harmonica(CR) 4:00pm Water The Garden	Wear RED Friday 7 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Group Puzzle 4:00pm Snack on the Patio 6:00pm TV series REBA	8 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Activity Corner time 6:00pm Hand Massages
9 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Music Hour 6:00pm Movie Night	10 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Group Puzzle 4:00pm Water the Garden	11 10:30am Stretch & Tone 11:00am The Price is Right 1:30pm Popsicle fan Craft (CR) 4:00pm Snack on the Patio	12 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Word Search 4:00pm Fancy Fingers	13 10:30am Stretch & Tone 11:00am Coffee & Chronicles 1:30pm Bingo (CR) 4:00pm Water the Garden	Wear RED Friday 14 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Help Clean up Lunch 6:00pm TV Series REBA	15 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Group Puzzle 6:00pm Hand Massages
16 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Coloring Pages 6:00pm Movie Night	17 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Balloon Toss 4:00pm Water the Garden	18 10:30am Stretch & Tone 11:00am The Price is Right 1:30pm Fall Floral Craft (CR) 4:00pm Snack on the Patio	19 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Bowling 4:00pm Fancy Fingers	20 10:30am Stretch & Tone 11:00am Coffee & Chronicles 1:30pm Bingo(CR) 4:00pm Water the Garden	Wear RED Friday 21 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Group Puzzle 6:00pm Tv Series REBA	22 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Help Clean up Lunch 6:00pm Hand Massages
23 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Activity Corner Clean up 6:00pm Movie Night	24 10:30am Stretch & Tone 11:00am The Price is Right 1:30pm Resident Council 4:00pm Water the Garden	25 10:30am Stretch & Tone 11:00am The Price is Right 1:30pm Craft (CR) 4:00pm Snack on the Patio	26 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Ring Toss 4:00pm Fancy Fingers	27 10:30am Stretch & Tone 11:00am Coffee & Chronicles 1:30pm Bingo(CR) 4:00pm Water the Garden	Waer RED Friday 28 10:30am Stretch & Tone 11:00am The Price is Right 1:00pm Bowling 4:00pm TV Series REBA	29 10:30 am Stretch & Tone 11:00am Coffee & Chronicles 1:00pm Word Scramble 6:00pm Hand Massages

Calender Key:

CR-- Community Room

DR-- Dining Room

IL-- Independent Living

RTR---Room to Room

FP--- Front Porch

PER--- Pergola

Resident Birthday's

#40 Kay 3rd

#13 Mert 3rd

#42 Marlene 6th

#2 Lysbeth 5th

