

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:00 Sunday Devotional 11:00 GC United Methodist Live Stream 2:30 Movie Matinee 4:00 Evening Wind Down	31 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Stretch 1:30 Gardening on the Patio-WP 1:30 Hydration Station 4:30 Evening Wind Down					1 10:00 Daily Chronicle 11:15 Walking Club 2:00 Mindful Coloring and Relaxation 4:00 On This Day
2 10:00 Sunday Devotional 11:00 The Naz Church In Person- ME 2:30 Movie Matinee 4:00 Evening Wind Down	3 10:00 Daily Chronicle, On This Day and Current News 10:30 Bikini Decorating 1:30 Gardening on the Patio-WP 1:30 Hydration Station 4:30 Evening Wind Down	4 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Stretch 1:30 1:1 Visits 4:30 Evening Wind Down	5 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Stretch 1:30 Watercolor Painting 4:30 Evening Wind Down	6 10:00 Daily Chronicle, On This Day and Current News 1:00 Exercise with Summit A 1:30 1:1 Visits 4:30 Evening Wind Down	7 10:00 Daily Chronicle, On This Day and Current News 11:00 Balloon Volleyball 12:45 August Birthday Celebration 1:30 Hand Massages and Nail Polishing 3:30 1:1 Visits 4:30 Evening Wind Down	8 10:00 Daily Chronicle 11:15 Walking Club 2:00 Mindful Coloring and Relaxation 4:00 Evening Wind Down
9 10:00 Sunday Devotional 11:00 GC United Methodist Live Stream 2:30 Movie Matinee 4:00 Evening Wind Down	10 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Stretch 1:30 Gardening on the Patio-WP 1:30 Hydration Station 4:30 Evening Wind Down 6:00 Meta Bible Study	11 10:00 Daily Chronicle, On This Day and Current News 11:00 Coffee and Chat 1:30 1:1 Visits 4:30 Evening Wind Down	12 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Exercise 1:30 Watercolor Painting 4:30 Evening Wind Down	13 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Stretch 1:30 1:1 Visits 3:00 Music with John and Tony- B 4:30 Evening Wind Down	14 10:00 Daily Chronicle, On This Day and Current News 11:00 Balloon Volleyball 1:30 Hand Massages and Nail Polishing 3:30 1:1 Visits 4:30 Evening Wind Down	15 10:00 Daily Chronicle 11:15 Walking Club 2:00 Mindful Coloring and Relaxation 4:00 Evening Wind Down
16 10:00 Sunday Devotional 11:00 The Naz Church In Person- ME 2:30 Movie Matinee 4:00 Evening Wind Down	New York 17 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Stretch 2:00 Hot Dog Run 3:00 Out and About with A New York State Of Mind: Wade Jones- Cafe	Brazil 18 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Stretch 1:30 Color Match Game 2:45 Reptile Adventures 4:30 Evening Wind Down	Italy 19 10:00 Daily Chronicle, On This Day and Current News 11:00 Watercolor Painting 1:30 Italian Ice 2:00 Noodle Sorting Challenge 4:30 Dinner and a Netflix movie- Nonnas	Mexico 20 10:00 Daily Chronicle, On This Day and Current News 11:00 Hispanic Food Sampling 1:00 Exercise with Summit A 1:30 Bingo with Transitions 4:30 Evening Wind Down	China 21 10:00 Daily Chronicle, On This Day and Current News 11:00 Decorating Paper Lanterns 1:30 Hand Massages and Nail Polishing 3:30 1:1 Visits 4:30 Evening Wind Down	22 10:00 Daily Chronicle 11:15 Walking Club 2:00 Mindful Coloring and Relaxation 4:00 Evening Wind Down
23 10:00 Sunday Devotional 11:00 GC United Methodist Live Stream 2:30 Movie Matinee 4:00 Evening Wind Down	24 10:00 Resident Council 11:00 Bowling 1:30 Gardening on the Patio-WP 1:30 Hydration Station 4:30 Evening Wind Down	25 10:00 Daily Chronicle, On This Day and Current News 11:00 Coffee and Chat 1:30 1:1 Visits 4:30 Evening Wind Down	26 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Exercise 1:30 Watercolor Painting 4:30 Evening Wind Down	27 10:00 Daily Chronicle, On This Day and Current News 11:00 Seated Stretch 1:30 1:1 Visits 4:30 Evening Wind Down	28 10:00 Daily Chronicle, On This Day and Current News 11:00 Balloon Volleyball 1:30 1:30 Hand Massages and Nail Polishing 3:30 1:1 Visits 4:30 Evening Wind Down	29 10:00 Daily Chronicle 11:15 Walking Club 2:00 Mindful Coloring and Relaxation 4:00 Evening Wind Down