

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Cardio Drumming with Arinna (AR) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Resident Town Hall (B&L) 2:15 PM Life Enrichment Meeting (B&L) 3:00 PM Manicures & Hand Massages (BS) 6:00 PM Jigsaw Puzzle Club (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Foodie Outing: Now or Later (OS) 1:00 PM Name That Dolly Parton Tune 1:30 PM Dolly Parton Trivia (B&L) 2:00 PM Movie & Popcorn: Dolly Parton's Coat of Many Colors 6:00 PM Residents' Choice Domino Club: Playing with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:30 PM Store Outing: Dollar Tree (OS) 3:30 PM Bean Bag Baseball Practice (B) 6:00 PM Walk & Talk with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Labor Day Grill Out (DR) 1:30 PM BINGO & Beverages (B&L) 2:30 PM Pre Labor Day Happy Hour with Live Music by Rick Ludwig (B&L) 6:00 PM Yahtzee with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Weekend Word Search (RA) 1:00 PM BINGO with MOD (B&L) 3:00 PM Game Time with Neighbors: You Pick, We Play (RA) 6:00 PM Evening Nature Walk (RA)
6	Labor Day 7	Ants on A Log Day 8	9	10	Patriot Day 11	12
8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 3:00 PM Card Club: Dealers Choice (RA) 6:00 PM Outdoor Evening Walk (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Country Store Open(CS) 1:00 PM Five Clues: What Job Is It? (B&L) 1:30 PM Made in America Trivia (B&L) 2:00 PM Movie Monday & Popcorn: 9-5 (B&L) 6:00 PM Swing & Socialize: Mini Golf with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Communion Service – Our Lady of the Immaculate Heart Catholic Church (5H) 1:30 PM BINGO & Beverages (B&L) 2:30 PM Culinary Creations Club: Ants on a Log Snack & Reminisce Social(DR) 6:00 PM Jigsaw Puzzle Club (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Diamond Art Creation Club (AO) 12:30 PM Ice Cream Outing: The Outside Scoop (OS) 3:00 PM Bean Bag Baseball Preseason Team Kickoff Party (B&L) 6:00 PM Residents' Choice Domino Club: Playing with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Store Outing: Fareway (OS) 3:00 PM Then vs. Now – Bring a Photo of Yourself When You Were Younger (AR) 6:00 PM Walk & Talk with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Remembering 9/11: Donuts & Documentary Screening (B&L) 1:15 PM BINGO & Beverages (B&L) 2:30 PM Patriot Day: Red, White & Remembrance with Live Music by David Watson (B&L) 6:00 PM Yahtzee with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Weekend Word Search (RA) 1:00 PM Iowa vs Iowa State Tailgate & BINGO with Cassie (B&L) 2:00 PM Saylorville Church Service (FL) 6:00 PM Evening Nature Walk (RA)
Grandparents Day 13	National Assisted Living Week-50s & 60s Day 14	70s Day 15	80s Day 16	90s Day 17	Shine Bright: Gold & Sliver Day 18	Eat an Apple Day 19
8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 3:00 PM Card Club: Dealers Choice (RA) 6:00 PM Outdoor Evening Walk (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Groovin' Through the 50s & 60s (AR) 11:00 AM Country Store Open (CS) 1:00 PM Name That 50s & 60s Tune (B&L) 1:30 PM Grandparents Day Celebration: Ice Cream Social (B&L) 2:00 PM Movie Monday: Hairspray & Popcorn (B&L)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Groovy 70s Cardio Drumming(AR) 1:00 PM Peace, Love & BINGO (B&L) 2:00 PM Wisdom Wall (B&L) 3:00 PM Creative Corner: Tie Dye with LE Team (B&L) 6:00 PM Jigsaw Puzzle Club (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 1:00 PM Dirty Soda Bar with Suncrest (B&L) 1:15 PM Through the Years Trivia (B&L) 2:00 PM I was once...(B&L) 2:45 PM Behind the Shine: Thank You Cards for Housekeeping Team (B&L) 6:00 PM Residents' Choice Domino Club: Playing with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 12:30 PM Outing: Ankeny Area Historical Society (OS) 1:30 PM Resident Led Aggravation Board Game (B) 3:30 PM Our Residents, Our Stories Ball Game (B&L) 6:00 PM Walk & Talk with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:30 AM Foodie Friday Outing: The Ankeny Diner (OS) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Shining Through the Years Time Capsule (B&L) 3:00 PM Shining Through the Years Hour with Live Music by Tom Hofer (B&L) 6:00 PM Yahtzee with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Ballon Swat Challenge with Arinna (AR) 11:00 AM Apple Word Search (RA) 1:00 PM Sliced Apple Bar with Arinna (B&L) 2:00 PM Creative Corner: Fall Suncatchers (B&L) 6:00 PM Evening Nature Walk (RA)
20	21	First Day Of Fall 22	23	24	25	26
8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 1:00 PM Creative Corner: Mod Podge Coasters (B&L) 3:00 PM Manicures & Hand Massages with Arinna (BS) 6:00 PM Outdoor Evening Walk (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Country Store Open (CS) 1:00 PM Fall Prevention with Angels Home Health(B&L) 2:00 PM Movie Monday & Popcorn: Walk. Ride. Rodeo. (B&L) 6:00 PM Swing & Socialize: Mini Golf with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Cardio Drumming with Arinna (AR) 12:15 PM Beers & BINGO at Kettlestone(OS) 3:30 PM Fall into Siena with Live Music by Neil Hewitt (B&L) 6:00 PM Jigsaw Puzzle Club (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Diamond Art Creation Club (AO) 2:00 PM Bean Bag Baseball Game (TBD) 6:00 PM Responding to Dementia-Related Behaviors – Presented by the Alzheimer's Association (B&L)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Community Bible Study with Ankeny Church of Christ (5H) 11:00 AM Country Store Open (CS) 1:00 PM Store Outing: Target (OS) 3:15 PM Creative Corner: Q Tip Autumn Tree Painting (B) 6:00 PM Walk & Talk with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM BINGO & Beverages (B&L) 1:00 PM Creative Corner: Instructor-Led Paint & Sip Class (B&L) 2:30 PM Monthly Birthday Bash with Live Music by The Been There Done That Band (B&L) 6:00 PM Yahtzee with Neighbors (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Weekend Word Search (RA) 1:00 PM BINGO with MOD (B&L) 3:00 PM Game Time with Neighbors: You Pick, We Play (RA) 6:00 PM Evening Nature Walk (RA)
27	28	Coffee Day 29	30			
8:00 AM Coffee & Chat with Neighbors (RA) 8:30 AM The Green Thumb Club: Gardening Club (RA) 10:00 AM Weekend Stretches (RA) 11:00 AM Adult Coloring Pages (RA) 3:00 PM Card Club: Dealers Choice (RA) 6:00 PM Outdoor Evening Walk (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 Relax & Stretch: Seated Chair Yoga (AR) 11:00 AM Country Store Open (CS) 1:00 PM Family Feud (B&L) 2:00 PM Movie Monday & Popcorn: Soul Surfer (B&L) 6:00 PM Swing & Socialize: Mini Golf with Neighbors (RA)	9:30 AM National Coffee Day: Coffee Bar & Mobile Cart (B&L) 1:00 PM BINGO & Beverages (B&L) 2:00 PM Tech Time: Meet ChatGPT (B&L) 3:00 PM Cardio Drumming with Arinna (AR) 6:00 PM Jigsaw Puzzle Club (RA)	8:00 AM Coffee & Chat with Neighbors (RA) 10:00 AM Parkinson's Exercise with Live 2 B Healthy (AR) 10:30 AM Diamond Art Creation Club (AO) 11:00 AM Harvest Grill Gathering (DR) 2:00 PM Bean Bag Baseball Game (TBD) 6:00 PM Residents' Choice Domino Club: Playing with Neighbors (RA)			

Calender Key:
(AR) Activity Room
(AO) Activity Office
(B&L) Bar & Lounge

(5H) 500 Hall
(CS) Country Store
(DR) Dining Room
(B) Bistro

(FL) Front Lobby
(L) Library
(OS) Off Site
(RA) Resident-Run Activity

(BS) Beauty Salon
(PF) Patio-Out Front
(D2D) Door-to-Door
(MC) Memory Care

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