

Independence Village of Waterford

Independent Living

September 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle(Ar) 11 am- Resistance Band Fitness (Atm) 1:20 pm- Pokeno (Ar) 2 pm- Wii Bowling (Thr)(Team Pin Pals Only) 3 pm- Signature Sips (Atm) 6 pm- Poker (Gr)	2 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Blood Pressure with Corso Care(Ar) 10:30 am- Daily Chronicle (Ar) 11 am- Noodlecise (Atm) 1:15 pm- Yahtzee (Atm) 2 pm- Spintopia (Wheel of Fortune)(Atm) 3 pm- Happy Hour (Atm) 6 pm- Left, Right, Center (Ar)	3 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Town Hall (Dr) 11 am- Traveling Sales Gals (\$) 11 am- Exercise with Aubrey (Atm) 1:15 pm- Balloon Volleyball (Atm) 2 pm- Daily Chronicle (Ar) 3 pm- Wii Bowling (Thr)(Open Bowl) 6 pm- Rummikub (Gr) 6 pm- Triominos (Ar)	4 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Noodlesie (Atm) 1:15 pm- Marsha Allen (E,Atm) 2:20 pm-Trivia (Atm) 3:30 pm- Scrabble (Ar) 6 pm- Pokeno (Ar)	5 10 am- Donuts & Crosswords (Atm) 11 am- Exercise with Georgia (Atm) 1:15 pm- Movie (Thr) 2:30 pm- Daily Chronicles (Ar) 3:30 pm- Wii Bowling (Thr)(Team Pin Pals Only)
6 9 am- Church Service (Chp) 11 am- Chair Exercise (Thr) 1:20 pm-Pokeno (Ar) 2:30 pm- Name That Tune(Atm) 3:40 pm-Left,Right,Center (\$\$.30 to play) 6 pm- Card Games(Atm)	7 Labor Day College Gear Day 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Exercise (Atm) 12 pm- Labor Day Brunch (Dr) 1:20 pm- Bingo (Ar)(\$.25 per card) 2:30 pm- Trivia (Atm)	8 Neon Day 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Meijer (O) 10:30 am- Daily Chronicle(Ar) 11 am- Resistance Band Fitness (Atm) 1:20 pm- MJR (O) 2:30 pm- Pokeno (Ar) 3:30 pm-Wii Bowling (Thr)(Team Pin Pals Only) 6 pm- Poker (Gr)	9 Floor Color Day 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Blood Pressure with Corso Care(Ar) 10:30 am- Daily Chronicle (Ar) 11 am- Noodlecise (Atm) 1:15 pm- Kelly Miller (E)(Atm) 2 pm- Yahtzee (Atm) 3 pm- Happy Hour (Atm) 6 pm- Left, Right, Center (Ar)	10 Twin Day 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Atm) 11 am- Exercise with Aubrey (Atm) 1:15 pm-Betty Sewing Class (Ar) 2 pm- Wii Bowling (Thr)(Open Bowl) 3 pm- Balloon Volleyball (Atm) 6 pm- Rummikub (Gr) 6 pm- Triominos (Ar)	11 Lions Gear Day 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Betone (Ear Cleaning, Hearing Test) 11 am- Noodlesie (Atm) 12 pm- Lions Tailgate (O) 1:30 pm- Daily Chronicle (Ar) 2:30pm- Scrabble (Ar) 3:30 pm- Trivia (Atm) 6 pm- Pokeno (Ar)	12 10 am- Donuts & Crosswords (Atm) 11 am- Exercise with Georgia (Atm) 1:15 pm- Movie (Thr) 2:30 pm- Daily Chronicles (Ar) 3:30 pm- Wii Bowling (Thr)(Team Pin Pals Only)
13 Grandparents Day 9 am- Church Service (Chp) 11 am- Chair Exercise (Thr) 1 pm-Detroit Lions Watch Party 1 pm- Grandparents Day Celebration 2: 15 pm-Left,Right,Center (\$\$.30 to play) 3:15 pm- Pokeno (Ar) 6 pm- Card Games(Atm)	14 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Exercise with Activitys(Atm) 1:15 pm- Bingo (Ar)(\$.25 per card) 2:20 pm- Trivia (Atm) 3 pm- Mixology Class (Better you Home Health) (Atm) 7:15 pm- Bible Study (Chp)	15 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Kroger (O) 10:30 am- Daily Chronicle(Ar) 11 am- Resistance Band Fitness (Atm) 1:30 pm- FBI Scam Prevention Presentation(Atm) 2:40 pm- Pokeno (Ar) 3:50 pm- Wii Bowling (Thr)(Team Pin Pals Only) 6 pm- Poker (Gr)	16 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Blood Pressure with Corso Care(Ar) 10:30 am- Daily Chronicle (Ar) 11 am- Noodlecise (Atm) 1:15 pm- Bill M. (Atm,E) 2:20 pm- Yahtzee (Atm) 3:30 pm- Spintopia (Wheel of Fortune)(Atm) 6 pm- Left, Right, Center (Ar)	17 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Exercise with Aubrey (Atm) 1:15 pm-Betty Sewing Class (Ar) 2:20 pm- Wii Bowling (Thr)(Open Bowl) 3:30 pm- Craft Hour (Ar) 6 pm- Rummikub (Gr) 6 pm- Triominos (Ar)	18 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Diane Sale (Atm) 1:15pm-Trivia (Atm) 2:15 pm- Noodlesie (Atm) 3 pm- Travelouge (Montreal) 6 pm- Pokeno (Ar)	19 Oktoberfest Begins 10 am- Donuts & Crosswords (Atm) 11 am- Exercise with Georgia (Atm) 1:20 pm- Daily Chronicles (Ar) 2 pm- Chips and Queso (Atm) 3:30 pm- Wii Bowling (Thr)(Team Pin Pals Only)
20 9 am- Church Service (Chp) 11 am- Chair Exercise (Thr) 12 pm- Sunday Brunch (Dr) 2 pm- Pokeno (Ar) 6 pm-Left, Right, Center (\$\$.30 to play) 6 pm- Card Games (Atm)	21 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Exercise with Powerback (Atm) 1:20 pm- Bingo (Ar)(\$.25 per card) 2:15 pm- Craft Hour (The Art of Dotting) 3 pm- Trivia (Atm) 7:15 pm- Bible Study (Chp)	22 First Day Of Fall 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Meijer (O) 10:30 am- Daily Chronicle(Ar) 11 am- Resistance Band Fitness (Atm) 1:20 pm- Pokeno (Ar) 2:30 pm- Wii Bowling (Thr)(Team Pin Pals Only) 3:40 pm- Signature Sips (Thr) 6 pm- Poker (Gr)	23 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Blood Pressure with Corso Care(Ar) 10:30 am- Daily Chronicle (Ar) 11 am- Noodlecise (Atm) 1:15 pm- Yahtzee (Atm) 1:20 pm- Start Of Fall Color Drive(O) 2 pm- Spintopia (Wheel of Fortune)(Atm) 3 pm- Who, What & Where? (Ar) 6 pm- Left, Right, Center (Ar)	24 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Exercise with Aubrey (Atm) 1:15 pm-Betty Sewing Class (Ar) 2 pm- Monthly Gazette(Ar) 3 pm- Oktoberfest Happy Hour (Atm) 6 pm- Rummikub (Gr) 6 pm- Triominos (Ar)	25 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Noodlesie (Atm) 1:15pm-Trivia (Atm) 2:15 pm-Yahtzee(Ar) 3 pm- Independence Village Expo (Atm) 6 pm- Pokeno (Ar)	26 10 am- Donuts & Crosswords (Atm) 11 am- Exercise with Georgia (Atm) 1:15 pm- Movie (Thr) 2:30 pm- Daily Chronicles (Ar) 3:30 pm- Wii Bowling (Thr) (Team Pin Pals Only)
27 9 am- Church Service (Chp) 11 am- Chair Exercise (Thr) 1:20 pm-Pokeno (Ar) 2:30 pm- Name That Tune(Atm) 3:40 pm-Left,Right,Center (\$\$.30 to play) 6 pm- Card Games(Atm)	28 9:15 am- Walking Club (Meet @ Front Desk) 10:30 am- Daily Chronicle (Ar) 11 am- Exercise with Activitys(Atm) 1:20 pm- Bingo (Ar)(\$.25 per card) 2:30 pm- Baking Class (Pumpkin Roll) 3:45 pm- Trivia (Atm) 7:15 pm- Bible Study (Chp)	29 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Aldi (O) 10:30 am- Daily Chronicle(Ar) 11 am- Resistance Band Fitness (Atm) 1:20 pm- Pokeno (Ar) 2:30 pm- Wii Bowling (Thr)(Team Pin Pals Only) 3:40 pm- Dirty Soda Bar (Atm, Pop Only) 6 pm- Poker (Gr)	30 9:15 am- Walking Club (Meet @ Front Desk) 10 am- Blood Pressure with Corso Care(Ar) 10:30 am- Daily Chronicle (Ar) 11 am- Noodlecise (Atm) 1:15 pm- Yahtzee (Atm) 2 pm- Spintopia (Wheel of Fortune)(Atm) 3 pm- Left, Right, Center (Ar) 6 pm- Bonfire and Smores (Out)			