

Grace Haven Assisted Living and Memory Care

September 2026

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Catholic Service and Rosary and Clean Up 10:30 Erika and Lacey Visits 10:45 Dean's Bible Study 2:00 Field Goal Challenge 5:30 Cool As A Cold One Meditation	2 10:30 Sit and Stretch 12:00 Labor Day Cook Out Event 3:15 Music with Wendy 6:00 Happy Hour: Last Hurrah of Summer Mobile Cart Pass Out	3 10:30 Men's Group: Euchre Bro's 1:00 Time to Tailgate Mobile Cart 2:00 Milking Cows 3:30 Exercise 5:45 Affirmations	Brooke H's Birthday 4 10:30 Jen and Frankie Dog Therapy 1:15 Bingo 2:30 Set Up and SilverSneakers Class 5:45 Warming Words and Cold Drinks	Sam's Birthday 5 10:30 Golden Zumba Exercise 1:15 Let's Collect the Chicken Eggs 2:00 Tailgate Talk and Treasures 5:45 Chicken Soup Story
Clyde's Birthday 6 10:45 Set Up for Exercise Group 11:15 Rise and Shine Exercise Group 2:30 Church Group Singing and Chat 5:45 One on One Chats	Labor Day 7 10:30 What Was Your Labor Tik Tok 1:15 Labor Day Bingo 2:00 Laundry 3:30 Exercise 5:45 Exfoliating and Hydrating Lip Care	8 10:00 Catholic Service and Rosary 10:45 Grace Haven's Bible Study 2:30 Set Up and Zumba with Margie 5:30 Hand Massages	9 10:30 Haden's Safety Seminar 11:00 Piano Music with Doug 1:00 Prepping and Patriot Day Crafters Corner 6:00 Happy Hour: USA	Woodham Anniversary 10 10:30 Cooking Club 1:00 Resident Activity Meeting 2:00 Dusting 3:30 Exercise 5:45 Stress Management	Patriot's Day 11 10:30 Picnic Outing at the Park and Clean Up 2:00 Patriot Day: First Responders Social 3:15 Music with Marty 5:45 Pressure Point Peacefulness	12 10:30 Men's Group: Chat About Group 1:00 Balloon Badminton 2:00 Coffee Bar Social Hour and Welcoming 5:45 Dishes
13 10:30 Church Service and Songs 11:15 Pool Noodle Volleyball Exercise and Clean Up 1:30 Grandparent's Day Social 5:45 Head Massages	14 10:30 Folliage Ride and Phillips Orchard Outing 1:15 Specialty Bingo 2:00 Vacuuming 3:30 Exercise 5:45 Oil and Massage Allergy Relief	15 10:00 Catholic Service and Rosary and Clean Up 10:45 Bible Study with Dean 1:00 Tik Tok Tuesday 2:30 Grace Haven Pumpkin Patch Fun 5:30 Have a Gourd Time	16 11:30 Music with Tess 12:00 Staff and Resident Pizza Party 1:00 Let's Get Dirty Soda Bar Social 2:15 Manicures and Vacuum 6:00 Happy Hour: Bar None	17 10:30 Culinary Showcase: New Menu Tasting 1:00 Drinks with DJ 2:00 Closet Clean Up 3:30 Exercise 5:45 Indoor Campfire Fun Night	18 10:30 Friendly Water Balloon Fight 1:15 Bingo 2:30 Set Up and SilverSneakers Class 5:45 Sip and Spill the Sleepy Time Tea Social	Brunetta's Birthday 19 10:30 Exercise From the 50's and 60's 1:00 Oktoberfest Begins 2:00 Group Gathering and Gardening Club 5:45 Relaxing Drinks and Hand Massages
20 10:30 Church Service and Songs 1:00 String and Cheese Stick Art and Eat 2:00 Marching Exercise 5:30 After Dinner Clean Up and Bed Routine	21 10:30 What Does Fall Mean to You? 1:15 Bingo 2:00 Sweeping 3:30 Exercise 5:45 Popsicles on the Patio and Conversation	22 10:00 Catholic Service and Rosary and Clean Up 1:00 Fall Back in Time Corner Cafe 3:00 Zumba with Margie 5:30 Tetris Game	23 10:30 Axe Throwing Exercise 11:00 Piano Music with Doug 1:00 Fall Lovers Crafters Corner Teaching 6:00 Happy Hour: Fall Into Fall Drinks	Sonia's Birthday 24 10:00 Food Committee with Chef Jenelle 12:00 Ambassador Lunch 2:00 Kitchen Clean Up 3:30 Exercise 5:45 Stress Less Ball Exercise	25 10:30 Erika and Lacey Visits 1:15 Bingo 2:30 Set Up and SilverSneakers Class 4:00 You're Claw-Some Lobster Mobile Cart 5:45 Plinko Game	26 10:30 Don't Burst My Bubble Game 1:30 Suzanne Dog Visit 2:15 Chair Synchronized Swimming 5:45 Essential Oils, and Hydration Passing Out
27 10:30 Church Service and Songs 1:15 Cardio Drumming 2:00 Tag the Animals Hunt Game and Pick Up 5:45 Piano and Peaceful Melody	28 10:30 Mobile Cart: Chocolate Milk 1:15 Bingo 2:00 Dishes 3:30 Exercise 5:45 Be a Good Neighbor and Share a Beer	29 10:00 Catholic Service and Rosary and Clean Up 10:45 Bible Study with Dean 1:00 Tik Tok Tuesday 2:30 Brewing Up Some Fun 5:30 Meditation Exercise and Calm Sounds	30 10:30 Fall Scavenger Hunt Exercise and Pick Up 12:00 Muddy Buddies Birthday Party 1:00 Resident Council 6:00 Happy Hour: Hot Mulled Cider			

Calender Key:
MD – Main Dining
MC – Memory Care
PD – Private Dining

CD – Cooking Room
L – Lobby
P - Patio
O - Outside

B- Beauty Salon
H- Hall

Breakfast:
8:00am

Lunch:
12:00pm

Dinner:
5:00pm