

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:00 All Around Fitness (ER) 10:00 Coffee Social (C) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Treat in the Cafe (C) 6:00 Resident Pot-Luck (FR)	2 9:00 All Around Fitness (ER) 10:00 Dance Movement with Sandy (GR) 10:30 AL Council Meeting (T) 1:30 Bingo (AL DR) 3:00 Pressed Flower Botanical Lanterns (FR)	3 9:00 All Around Fitness (ER) 10:00 IL Council Meeting (C) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	4 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Dance Movement with Sandy (GR) 1:00 Grief Support Group with Chris Allen (FR) 1:00 Train Dominoes (GR) 1:30 Balance Class w/Sam (ER) 3:00 Resident Social Hour (GR)	5 9:30 Cardio Drumming (ER) 10:00 Coffee Social (C) 1:30 Matinee Movie: Willy Wonka and the Chocolate Factory (1971) Starring Gene Wilder (T)
6 2:30 Church Service & Communion with Chuck Metcalfe (AL DR) 3:00 Coffee Social (C)	7 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Shuttle to Walmart 1:00 Mexican Dominoes (GR) 3:00 Hymn Sing (AL DR) 6:00 Bible Trivia (FR)	8 9:00 All Around Fitness (ER) 10:00 Coffee Social (C) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Hawkeye/Cyclone Tailgate	9 9:00 All Around Fitness (ER) 10:00 Ladies Bible Study (FR) 10:00 Outing to Iowa Cubs Game (Sign-Up)	10 9:00 All Around Fitness (ER) 10:00 Hy-Vee (Sign-up) 10:30 Table Talk with Chef (C) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	11 9:00 All Around Fitness (ER) 9:45 Classic Car Drive By (Parking Lot) 10:00 Dance Movement with Sandy (GR) 1:00 Train Dominoes (GR) 1:30 Balance Class w/Sam (ER) 2:00 Music By Kevin Morgan 3:00 Resident Social Hour (GR)	12 9:30 Cardio Drumming (ER) 10:00 Coffee Social (C) 1:30 Matinee Movie: Eat, Prey, Love (2010) Starring Julia Roberts 2:00 Grandparent's Day Celebration in the Courtyard 6:30 Iowa vs Iowa State Football Game (C)
13 2:30 Church Service: Bob Johnson (AL DR) 3:00 Coffee Social (C)	14 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Shuttle to Walmart 1:00 Mexican Dominoes (GR) 2:00 "The Fall Stops Here" with Debbie (AL DR) 3:00 Hymn Sing (AL DR) 6:00 Bible Trivia (FR)	15 9:00 All Around Fitness (ER) 10:00 Coffee Social (C) 10:30 Table Talk with Life Enrichment (C) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Feline Fine Facts with Caitlyn (C) 3:30 Root Beer Floats (C)	16 9:00 All Around Fitness (ER) 9:30 Donut and Coffee Social (C) 10:00 Dance Movement with Sandy (GR) 1:30 Bingo (AL DR) 3:00 Blank Park Zoo: Zoo to You Presentation (IL DR)	17 9:00 All Around Fitness (ER) 10:00 Fareway (Sign-up) 11:00 Lunch Outing to Main Street Market 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	18 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Dance Movement with Sandy (GR) 1:00 Grief Support Group with Chris Allen (FR) 1:00 Train Dominoes (GR) 1:30 Balance Class w/Sam (ER) 3:00 Resident Social Hour (GR)	19 9:30 Cardio Drumming (ER) 10:00 Coffee Social (C) 1:30 Matinee Movie: And So It Goes (2014) Starring Diane Keaton and Michael Douglas
20 2:30 Church Service: Doug Harris (AL DR) 3:00 Coffee Social (C)	21 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Shuttle to Walmart 1:00 Mexican Dominoes (GR) 2:00 Library Book Club (FR) 3:00 Hymn Sing (AL DR) 6:00 Bible Trivia (FR)	22 9:00 All Around Fitness (ER) 10:00 Coffee Social (C) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Music by Richie Lee (IL DR)	23 9:00 All Around Fitness (ER) 10:00 Ladies Bible Study (FR) 1:30 Bingo (AL DR) 3:00 Fall Pumpkin Centerpieces (FR)	24 9:00 All Around Fitness (ER) 10:00 HyVee (Sign-up) 2:00 Powerback Fitness (ER) 3:00 Hymn Sing (AL DR)	25 9:00 All Around Fitness (ER) 10:00 Men's Mug Club (FR) 10:00 Dance Movement with Sandy (GR) 1:00 Train Dominoes (GR) 1:30 Balance Class w/Sam (ER) 3:00 Monthly Birthday Party Resident Social (GR)	26 9:30 Cardio Drumming (ER) 10:00 Coffee Social (C) 1:30 Matinee Movie: 80 for Brady (2023) Starring Sally Field and Jane Fonda
27 2:30 Church Service: Ralph Pontier (AL DR) 3:00 Coffee Social (C)	28 9:00 All Around Fitness (ER) 9:30 Online Shopping Orders (Life Enrichment Office) 10:00 Shuttle to Walmart 1:00 Mexican Dominoes (GR) 3:00 Hymn Sing (AL DR) 6:00 Bible Trivia (FR)	29 9:00 All Around Fitness (ER) 10:00 Coffee Social (C) 1:00 Little House the Prairie (T) 2:00 Powerback Fitness (ER) 3:00 Autumn Stamped Tea Towels (FR) 6:00 End of Summer Celebration with Sully Big Band (Courtyard)	30 9:00 All Around Fitness (ER) 10:00 Tech Help 101: Ask, Learn & Connect with Central College Students (GR) 1:30 Bingo (AL DR) 2:30 Bingo Store (AL DR) 3:00 Monthly Mobile Cart (Apartment Visits)			

Calender Key:
AL DR - AL Dining Room
IL DR - IL Dining Room
C - Cafe

CA - Common Area
ER - Exercise Room
FR - Family Room
GR - Game Room

TH - Theater
SW - Sign Up Window
P - Parking Lot

Life Enrichment Team:
LE Director: Rafael
LE Lead: Sam
LE Assistant: Madison

Address: 2602 Fifield Road
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Phone: 641-628-8260

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Independence
Village SENIOR LIVING