

Heritage Hill Assisted Living

Assisted Living

September 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:30 Feel Good Fitness (AL) 1 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Sipping into September Happy Hour (AL)	10:30 History in Motion (CR) 2 11:30 Cards & Correspondence 1:30 Slip, Slide, & Smile (P) 2:45 Fall Word Search Frenzy (AL)	10:30 Feel Good Fitness (AL) 3 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Resident Council (CR) 3:00 Event Committee (CR)	10:30 Toss & Tap Volleyball (AL) 4 11:30 Cards & Correspondence 1:30 Wheel of Fortune (CR) 2:45 Patio Chats & Popsicles (P)	10:30 Ladder Ball (AL) 5 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Hang Man (CR)
10:30 Putt Putt Paradise (AL) 6 1:30 Men's Club with Dan (AL) 2:30 Button Art (CR)	Labor Day 7 10:30 Hockey (AL) 11:30 Cards & Correspondence 1:30 Memories & Melodies with Gwen (AL) 2:45 Tik Tok Time (AL+MC)	10:30 Feel Good Fitness (AL) 8 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Harvest Happy Hour (AL)	10:30 Pamper & Polish (AL+MC) 9 11:30 Cards & Correspondence 1:30 Corn Hole (CR) 2:45 Chain Reaction (CR)	10:30 Feel Good Fitness (AL) 10 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:45 Left, Center, Right (AL)	10:30 Coffee With the Team (AL) 11 12:00 Patriots Day BBQ (P) 1:30 The Bloom Bar Flower Arranging (AL) 2:45 Thank You Letters For First Responders (AL)	10:30 Bowling (AL) 12 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Tic Tac Toe (CR)
Cozy Day 13 10:30 Volleyball (AL) 1:30 Chicken Soup for the Soul Story Hour (CY) 2:30 Shining Stars Treat Cart (AL+MC)	Celebrity Look-A-Like 14 10:30 Ladder Ball (AL) 11:30 Cards & Correspondence 1:30 Skip Bo (AL) 2:15 Red Carpet Walk (AL) 2:45 Faith & Fellowship with Kayleigh (MC)	Dress Like A Staff 15 10:30 Feel Good Fitness(AL) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:15 Walking in their Shoes Cat Walk (AL) 2:30 Rust & Rye Happy Hour	Hawaiian Day 16 10:30 Pamper & Polish (AL+MC) 11:30 Cards & Correspondence 1:30 Music & Margaritas Featuring Jim Pagel (AL) 2:45 Beach Ball Pants Toss	Camouflage Day 17 10:30 Nerf & Turf Showdown (P) 11:30 Cards & Correspondence 1:30 Bingo with Lynn from A&D Hospice (CR) 2:45 Ice Cream Sundae Bar	Western Day 18 10:30 Cattle Roping (P) 11:30 Cards & Correspondence 12:00 The Wild West BBQ Bash (P) 1:00 Petting Zoo (CY)	Sports Day 19 10:30 Soccer Shoot Out (AL) 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Chain Reaction (CR)
10:30 Roll and Stroll (CY) 20 1:30 Popcorn Cart (AL+MC) 2:30 Pastor Richard (AL)	10:30 Bowling (AL) 21 11:30 Cards & Correspondence 1:30 Faith & Fellowship with Kayleigh (MC) 2:45 Left, Center, Right (AL)	10:30 Feel Good Fitness (AL) 22 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 September Spritz Happy Hour and Culinary Showcase (AL)	10:30 Pamper & Polish (AL+MC) 23 11:30 Cards & Correspondence 1:30 Corn Hole (CR) 2:45 Chain Reaction (CR)	11:00 Load Bus for Outing (P) 24 12:00 Lunch at Starbrite (O) 1:30 Return to Community (P) 2:30 Bingo (CR)	10:30 Toss & Tap Volleyball (AL) 25 11:30 Cards & Correspondence 1:30 Leaf Coloring (AL) 2:45 Polish Your Peepers Cart (AL+MC)	Vendor Market 26 10:00 Autumn Craft & Vendor Market (P) 11:30 Cards & Correspondence 2:30 Bingo (CR)
10:30 Bowling (AL) 27 1:30 Uno (AL) 2:30 Smoothie Cart (AL+MC)	11:30 Cards & Correspondence 28 1:30 Axe Throwing (AL) 2:45 Faith& Fellowship with Kayleigh (MC)	10:30 Feel Good Fitness (AL) 29 11:30 Cards & Correspondence 1:30 Bingo (CR) 2:30 Happy Birthday Happy Hour (AL)	10:30 History in Motion (CR) 30 11:30 Cards & Correspondence 1:30 Corn Hole (CR) 2:45 Bingo Store (CR)			

Calender Key:
AL - Assisted Living
MC - Memory Care
CR - Community Room

CY – Courtyard
LR - Living Room
P - Patio
S - Salon

O - Outing

Check TV In Dining Room
For Better Accuracy Of
Daily Activities, Location,
Times, And Any Changes