

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30 Chair Yoga 11:15 Animal of The Month: Owls 1:30 Bingo 3:30 TV Watch: Owl Documentary	2 10:30 Cardio Drumming 11:00 Ukulele Margie 1:30 Word Search and Crosswords 2:30 The Goldie Show	3 10:30 Stay Fit 11:00 Church Service-MR 1:30 Bingo 2:30 Movie Matinee: Sheep Detectives 3:30 Relax and Refresh	4 10:30 Communion Visits Room to Room 11:00 Exercise with TCT 1:30 Build your own Banana Split 2:30 Costume Happy Hour	5 10:30 Independent Word Puzzles 11:00 Cardio Drumming 1:30 Saturday Movie Marathon 5:30 After Dinner Chats
6 10:00 Sunday Service Streamed 10:30 Hymns 3:00 Afternoon Games with Friends 6:00 Conversations with Friends	7 Labor Day 10:30 Stay Fit 11:30 Labor Day Family Buffet- IL 1:30 Labor Day Learning 2:30 Glenn Bowles Music 3:30 Return and Refresh	8 10:30 Chair Yoga 11:00 Craft Club: Owl Paintings 1:30 Bingo 2:30 Music Therapy 3:15 Resident Council	9 10:30 Cardio Drumming 11:00 Outing to Grandpa Joes Candy Shop 1:30 Return and Refresh 2:30 Word Search and Crosswords 6:30 Alzheimers Support Group for Families	10 10:30 Stay Fit 11:30 Library Walk 1:30 Bingo 2:30 TV Watch: The Nanny 3:30 Mindful Meditation 6:30 4 th Annual SP Car Show	11 8:30 9/11 Remembrance 10:30 Communion Visits Room to Room 11:00 Exercise with TCT 1:30 Bingo 2:30 Spirit of America Happy Hour w/ Tammy P	12 10:30 Independent Word Puzzles 11:00 Cardio Drumming 1:30 Saturday Movie Marathon 5:30 After Dinner Chats
13 Grandparent's Day Assisted Living & Housekeeping Week Begin Today! 10:00 Sunday Service Streamed 10:30 Hymns 3:00 Afternoon Games with Friends 6:00 Conversations with Friends	14 Sports Team Day 10:30 Stay Fit 11:30 Science Experiment-Dry Ice 1:30 Walk and Talk 2:30 Monday Music w/ Mike Willis 3:30 Return and Refresh	15 Tacky Tourist Day 10:30 Chair Yoga 11:00 Craft Club: Felt Owls 1:30 Bingo 2:30 Music Therapy 3:15 Relax and Refresh	16 Band T-Shirt Day 10:30 Cardio Drumming 11:00 Bingo 1:30 Walk and Talk 2:30 Noodle Ball 3:30 Refresh and Relax 6:30 Three Little Birds Trio	17 Pajama Day 10:30 Stay Fit 11:30 One on One 1:30 Bingo 2:30 Caregiver&Housekeeper Appreciation Ice Cream Social 3:30 Mindful Meditation	18 Spirit of StoryPoint 10:30 Communion Visits Room to Room 11:00 Exercise with TCT 1:30 Bingo 2:30 Happy Hour w/ Tom White	19 10:30 Independent Word Puzzles 11:00 Cardio Drumming 1:30 Saturday Movie Marathon 5:30 After Dinner Chats
20 10:00 Sunday Service Streamed 10:30 Hymns 3:00 Afternoon Games with Friends 6:00 Conversations with Friends	21 10:30 Stay Fit 11:30 Science Experiment-Elephant Toothpaste 1:30 Walk and Talk 2:30 Monday Music w/ Lanny White-B 3:30 Return and Refresh 7:00 St. Therese Brass Band	22 10:30 Chair Yoga 11:00 Craft Club: Owl Figures/ Fall Decorating 1:30 Bingo 2:30 Music Therapy 3:30 Relax and Refresh	23 10:30 Cardio Drumming 11:30 Scenic Drive 1:30 Walk and Talk 2:30 Noodle Ball 3:30 Refresh and Relax	24 10:30 Stay Fit 11:30 Library Walk 1:30 Bingo 2:30 Crash Course Geology 3:30 Mindful Meditation	25 10:30 Communion Visits Room to Room 11:00 Exercise with TCT 1:30 Bingo 2:30 Happy Hour w/ Debray Music	26 10:30 Independent Word Puzzles 11:00 Cardio Drumming 1:30 Saturday Movie Marathon 5:30 After Dinner Chats
27 10:00 Sunday Service Streamed 10:30 Hymns 3:00 Afternoon Games with Friends 6:00 Conversations with Friends	28 10:30 Stay Fit 11:00 One on One 1:30 Walk and Talk 2:30 September Birthdaty Pariy w/ Lanny White	29 10:30 Chair Yoga 11:00 One on Ones 1:30 Bingo 2:30 TV Watch: The Nanny 3:15 Relax and Refresh	30 10:30 Cardio Drumming 11:30 Trivia 1:30 End of Month Autumn Party 3:30 Refresh and Relax			