

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10am Sunday Stretch 12:15pm Sunday Dinner 2pm Outing: Ice Cream at Culver's 3:30pm Sunday Series: The Amazing Race	31 10am Hand Weights 11am Group Sudoku 1pm Pictionary 3pm Funny Money Auction 6pm Open Euchre					1 10am Sit n' Be Fit 11am Open Wii Bowling 1pm Bocce Ball 3pm BINGO 6pm Saturday Theater Fried Green Tomatoes
2 10am Sunday Stretch 12:15pm Sunday Dinner 12:30/1pm Outing to the Loons Baseball Game 3:30pm Sunday Series: The Amazing Race	3 10am Hand Weights 11am Group Sudoku 1pm Pictionary 3pm Calendar Review & Brainstorm w/ Katie 6pm Open Euchre	4 10am SilverSneakers Classic 11am SilverSneakers Classic 1pm Tea Time Gathering 3pm Nature Presentation Topic: Snakes Alive! 6:30pm Did You Know?	5 10am Cardiomelon 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Live Music by Double Play Flute & Tuba	6 10am Noodle-cise 11am Crossword 12:30-3pm Mobile Cart: Let the Race Begin! 3pm The Amazing Race Team Lottery 6pm Five Crowns	7 10am Balance in Action 11am Manicures 1pm Summer Step Challenge 'Miles of Adventure' 3pm Happy Hour	8 10am Exercise DVD 11am Open Wii Bowling 1pm Cornhole 3pm BINGO 6pm Saturday Theater The Breakfast Club
Let the Race Begin... 9 10am Sunday Stretch 11-2pm Around the World Sunday Brunch Buffet 2pm The Walking Club 3:30pm Sunday Series: The Amazing Race	Travel to Kenya 10 10am Hand Weights 11:30am Scenic Train Ride 12:30pm Challenge: Follow the Footprints 2-4pm Safari Jeep Rides 6:30pm Kuungana Drum & Dance Company	Travel to Italy 11 10am SilverSneakers Classic 11am Meet the Author: Bob G. 11:30am Scenic Train Ride 1pm Challenge: Vine to Wine 3pm Music by Aaron Caruso 6pm Italian Sip and Swirl Hosted By: Creative 360	Travel to Japan 12 10am Tai Chi 11:30am Scenic Train Ride 12:15pm Outing to the Japanese Cultural Center 1pm Challenge: Zen-sational Designs 3pm Great Lakes Taiko Center	Travel to Brazil 13 10am Visit to Ōkunoshima 11am Challenge: The Cottontail Count 11:30am Scenic Train Ride 1pm Challenge: Brazilian Buzz 3pm Let's Dance: Samba 4:30pm The Culinary Canaval	The Finish Line! 14 8:30am Fuel Up Feast: Passport to Pancakes 10am Balance in Action w/ Powerback Rehab 11am Manicures 1pm The Finish Line Finale 3pm Happy Hour	15 10am Sit n' Be Fit 11am Open Wii Bowling 1pm Ladder Golf 3pm BINGO 6pm Saturday Theater Song Sung Blue
16 10am Sunday Stretch 12:15pm Sunday Dinner 2pm The Walking Club 3:30pm Sunday Series: The Amazing Race	17 10am Hand Weights 11:30am Lunch Outing to Midland Brewing Co. 3pm Group Sudoku 6pm Open Euchre	18 10am SilverSneakers Classic 11am SilverSneakers Classic 1pm Wheel of Fortune 3pm Resident Forum 6:30pm Did You Know?	19 10am Jame's Jumpstart 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 3pm Vitality Checks w/ Powerback Rehab	20 10am Noodle-cise 11am Worship Service with Memorial Presbyterian 1pm Crossword 4:30pm Cajun Crawfish Boil 6:30pm Summer Concert Series Ziggie & the Nationals	21 10am Sit n' Be Fit 11am Manicures 1pm Scam Prevention with Officer Warren 3pm Happy Hour and Birthday Celebration	22 10am Exercise DVD 11am Open Wii Bowling 1pm Cornhole 3pm BINGO 6pm Saturday Theater Willy Wonka & the Chocolate Factory
23 10am Sunday Stretch 12:15pm Sunday Dinner 2pm The Walking Club 3:30pm Sunday Series: The Amazing Race	24 10am Hand Weights 1pm Outing: Midland Historical Tour w/ Jake Huss 3pm Group Sudoku 6pm Open Euchre	25 10am SilverSneakers Classic 11am SilverSneakers Classic 11am Book Club 1:30pm Outing: Dow Gardens Cart Tour 3pm Live Music by Bill Goebel 6pm Resident Sing Along	26 10am Kickboxing 10:30am Catholic Communion 11am Women's Bible Study 1pm The Crafter's Guild 1:30pm Outing: Dow Gardens Cart Tour	27 10am Havin' a Ball with Kate 11am Worship Service with First United Methodist 2pm Sizzle and Sip Series: Cheers to Charcuterie! 6pm Five Crowns	28 10am Sit n' Be Fit 11-2pm Food Truck Friday Featuring: Sawadee 3pm Happy Hour and Welcome Celebration	29 10am Sit n' Be Fit 11am Open Wii Bowling 1pm Washers 3pm BINGO 6pm Saturday Theater Stewart Little