

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
END of Month 30 ALL Day -Word Search Challenge (A) 9:30 AM Church Service (GP) 11 AM Exercise Video (AA) 1 PM Resident Led Games (P) 3 PM Resident Led Card Games (P) 6 PM Puzzle Group (L)	END of Month 31 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 10 AM Balance Bingo w/ Fire Deptmt's Katie (AA) 11 AM Exercise Moves w/ Michaela (AA) 12:45 Jeopardy Teams w/ Michaela 1:30 PM Blood Pressure Clinic (A) 2 PM Paint-A-Nail Hour (AA) (NOTE Time) 3:30 Trivia Teams with LE for FuN (AA) 4 PM Christian Fellowship w/ Jeff J (GR) 6:30 PM Advanced Euchre w/ Doris (P)					1 All Day - Word Search Challenge (A) 11 AM Exercise Video (AA) 2 PM Resident Led Cards & Games (P) 3 PM Loosey Goosey Book Club (any book) w/ Janet W. (GP) 6 PM Beginners Euchre w/ Doris (P) 6 PM Resident Led GAMES (P)
2 All Day -Word Search Challenge (A) 9:30 AM Church Service (GP) 11 AM Exercise Video (AA) 1 PM Resident Led Games (P) 3 PM Resident Led Card Games (P) 6 PM Puzzle Group (L)	3 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Exercise Moves w/ Michaela (AA) 12:45 PM Bill w/ BATA Bus - Instructional Seminar w/ FREE ride (A) 1:30 PM Blood Pressure Clinic (A) 1:30 PM Paint-A-Nail Hour (AA) (NOTE Time) 3 PM FRAUD & SCAM awareness w/ Anthony (invite families) (AA) 4 PM Christian Fellowship w/ Jeff J (GR) 6:30 PM Advanced Euchre w/ Doris (P)	4 8:30/9/9:30 AM Shopping Trips (FL)(S) 10-10:15 AM Up-Close Look @ Shuttle (FL)(S) 10:15-NOON Requests for Shuttle trips Honored (advanced written requests if possible) 11 AM Chair Exercise (AA) 1:30 PM Quarter Bingo (AA) 6 PM Resident Led Games (P)	5 8 AM Breakfast w/ 1 st Responders (DR) (Everyone welcome!) 9:30 AM FitGroup Power Exercises (AA) 10:45 AM Communion (GP) 11 AM Stretching (AA) 3 PM WELCOME New Residents/Wine Down Wed's (A) 6 PM Resident Led Games (P)	6 11 AM Up-Close Look @ Shuttle (FL) (S) 11 AM Chair Exercise (AA) 11:30 AM Asian Buffet (S) 1 PM Resodemt Planning Meeting (A) 4 PM Learn MY NAME w/ Jeanne (AA) 6 PM Resident Led Games 6:30 PM Timeless Movie Nights w/ Leslie (GP)	7 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Powerback Exercise w/ Nikki (AA) 1 PM Wall of Honor Transformation LE (AA) & (P) 2 PM Bible Study w/ Chaplain Christine (GP) 2:30 PM Jeopardy on TV w/ Michaela (P) 6 PM Resident Led Games (P)	8 All Day - pick up WORD SEARCH Challenge (A) 9:45 AM HOUR w/ Michaela - Walk & Stretch (in/out) 11 AM Exercise w/ Michaela (AA) 12:30 PM Jeopardy on TV w/ Michaela (P) 2 PM BINGO for FuN w/ Michaela(AA) 3:15 PM Board Games w/ Michaela (P) 4:15 PM Card Games w/ Michaela (P) 6 PM Puzzle Group (L)
9 All Day - pick up WORD SEARCH Challenge (A) 9:30 AM Church Service (GP) 9:45 AM Games w/Michaela (P) 11 AM Exercise w/ Michaela (AA) 12:30 PM Corn Hole w/ Michaela (AA)(FY) 2 PM Card Games w/ Michaela (P) 3:30 PM Board Games w/ Michaela (P) 6 PM Puzzle Group (L)	10 9:15 AM Shuttle SeniorDay @ NWMI Fair (S) 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Exercise Moves w/ Michaela (AA) 12:45 Jeopardy Teams w/ Michaela (AA) 1:30 PM Blood Pressure Clinic (A) 2 PM Paint-A-Nail Hour (AA) 2:30 PM TED Talks (P) Chaplain Kristine "Good Grief" 3 PM Mobile Library (A) 3:45 Trivia Teams with LE for FuN (AA) 4 PM Christian Fellowship w/ Jeff J (GR) 6:30 PM Advanced Euchre w/ Doris (P)	11 8:30/9/9:30 AM Shopping Trips (FL)(S) 10-10:15 AM Up-Close Look @ Shuttle (FL)(S) 10:15-NOON Requests for Shuttle trips Honored (advanced written requests if possible) 11 AM Chair Exercise (AA) 1:30 PM Quarter Bingo (AA) 2:30-4 PM Dog Owners & Enthusiasts WORKSHOP for Nat'l Dog Day Red Carpet Event! (For Community & Guests) (AA) 6 PM After Dinner: Men's Vocal Ensemble (A) 6 PM Resident Led Games (P)	12 9:30 AM FitGroup Power Exercises NEW! (AA) 10:45 AM Communion (GP) 11 AM Stretching (AA) 3 PM Papa Squat & The Showdownz Band for WELCOME New Residents/Wine Down Wed's (A) 6 PM Resident Led Games (P)	13 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Chair Exercise w/ Michaela (AA) 2-3 PM Billy McAllister - Performer 3 PM August BIRTHDAY PARTY for ALL! (AA) 6 PM Resident Led Games (P) 6:15 PM Rodeo @ NW MI Fair (FL)(S) 6:30 PM Timeless Movie Nights w/ Leslie (GP)	14 9:45 HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Powerback Exercise w/ Nikki (AA) 1 PM Wall of Honor Transformation LE (AA) & (P) 2 PM Bible Study w/ Chaplain Christine (GP) 2 PM LE help w/ Dog/Owner needs for Dog Show. (AA) 6 PM Resident Led Games (P)	15 All Day -Word Search Challenge (A) 11 AM Exercises w/ LE or Resident Led (AA) 2 PM Resident Led Cards & Games (P) 3 PM Loosey Goosey Book Club (any book) w/ Janet W. (GP) 6 PM Beginners Euchre w/ Doris (P) 6 PM Resident Led GAMES (P)
16 All Day -Word Search Challenge (A) 9:30 AM Church Service (GP) 11 AM Exercise Video (AA) 1 PM Resident Led Games (P) 3 PM Resident Led Card Games (P) 6 PM Puzzle Group (L)	17 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 10 AM Balance Bingo w/ Fire Deptmt's Katie (AA) 11 AM Exercise Moves w/ Michaela (AA) 12:45 Jeopardy Teams w/ Michaela (AA) 1:30 PM Blood Pressure Clinic (A) 2 PM Paint-A-Nail Hour (AA) 3 PM TC Mobile Library w/ Anita Pub 3:30 Trivia Teams with LE for FuN (AA) 4 PM Christian Fellowship w/ Jeff J (GR) 6:30 PM Advanced Euchre w/ Doris (P)	18 8:30/9/9:30 AM Shopping Trips (FL)(S) 10-10:15 AM Up-Close Look @ Shuttle (FL) (S) 10:15-NOON Requests for Shuttle trips Honored (advanced written requests if possible) (S) 11 AM Chair Exercise (AA) 1:30 PM Quarter Bingo (AA) 2:30-4 PM Dog Owners & Enthusiasts WORKSHOP for Nat'l Dog Day Red Carpet Event! (For Community & Guests) 6 PM Resident Led Games (P)	19 9:30 AM FitGroup Power Exercises (AA) 10:45 AM Communion (GP) 11 AM Stretching (AA) 1:30 Resident Forum (AA) 2:30 Mark Evans, Entertainer for Wine Down Wendesday! 3 PM WELCOME New Residents/Wine Down Wed's (A) 6 PM Resident Led Games (P)	20 Nat'l Hawaiian Pizza, Hazy IPA, & Lemonade DAY - BBQ 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Chair Exercises w/ Michaela (AA) 11 AM Up-Close Look @ Shuttle (S) 11:30 AM Babcia's Corner Pierogi - Lunch @ NOON 1:30 PM Cardio Drumming (AA) 3 PM Bata Bus "How to" & 1x FREE Ride - FULLY explained ½ hr only. 5:00 PM Nat'l Hawaiian Pizza, Hazy IPA, & Lemonade Day BBQ Party 6:30 PM Timeless Movie Nights w/ Leslie (GP)	21 9:45 HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Powerback Exercise w/ Nikki (AA) 1 PM Wall of Honor Transformation LE (AA) & (P) 2 PM Bible Study w/ Chaplain Christine (GP) 2 PM Michaela help w/ Dog/Owner needs for Dog Show. (AA) 3:00 Entertainer Mark DeNoyelles 6 PM Resident Led Games (P)	22 All Day -Word Search Challenge (A) 9:45 AM Games w/Michaela (P) 11 AM Exercise w/ Michaela (AA) 12:30 PM Jeopardy on TV with Michaela (P) 2 PM BINGO for FuN w/ Michaela(AA) 3:15 PM Board Games w/ Michaela (P) 4:15 PM Card Games w/ Michaela (P) 6 PM Beginners Euchre w/ Doris (P) 6 PM Puzzle Group (L)
23 All Day -Word Search Challenge (A) 9:30 AM Church Service (GP) 9:45 AM Games w/Michaela (P) 11 AM Exercise w/ Michaela (AA) 12:30 PM Corn Hole w/ Michaela (AA) (FY) 2 PM Card Games w/ Michaela (P) 2-3 PM Mercedes Dancing (AA) 3:30 PM Board Games w/ Michaela (P) 6 PM Puzzle Group (L)	24 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Exercise Moves w/ Michaela (AA) 12:45 Jeopardy Teams w/ Michaela 1:30 PM Blood Pressure Clinic (A) 2 PM Paint-A-Nail Hour (AA) 3 PM TC Mobile Library w/ Anita Pub 3:45 PM Trivia Teams with LE for FuN (AA) 4 PM Christian Fellowship w/ Jeff J (GR) 6:30 PM Advanced Euchre w/ Doris (P)	25 8:30/9/9:30 AM Shopping Trips (FL)(S) 10-10:15 AM Up-Close Look @ Shuttle (FL) (S) 10:15-NOON Requests for Shuttle trips Honored (advanced written requests if possible) (S) 11 AM Chair Exercise (AA) 1:30 PM Quarter Bingo (AA) 2:30-4 PM Dog Owners & Enthusiasts WORKSHOP for Nat'l Dog Day Red Carpet Event! (For Community & Guests) (AA) 6 PM Resident Led Games (P)	26 NAT'L DOG DAY 9:30 AM FitGroup Power Exercises (AA) 10:45 AM Communion (GP) 11 AM Stretching (AA) 1:30 Dog Show Red Carpet EVENT! FuN & Prizes INVITE Guests! (A) 3 PM WELCOME New Residents & Wine Down Wednesday 6 PM Resident Led Games (P)	27 9:45 AM HOUR w/ Michaela - Walk & Stretch (out/in) 9:45 AM Botanical Gardens (FL)(S) 11 AM Chair Exercises (AA) 1:30 PM Cardio Drumming (AA) 2:15 PM LE Team print & hang Dog Show Awards/Photos (Each Participant's Home) 6 PM Resident Led Games (P) 6:30 PM Timeless Movie Nights w/ Leslie	28 9:45 HOUR w/ Michaela - Walk & Stretch (out/in) 11 AM Chair Exercises (AA) 1 PM Wall of Honor Transformation LE (AA) & (P) 2 PM Bible Study w/ Chaplain Christine (GP) 6 PM Resident Led Games (P)	29 All Day - Word Search Challenge (A) 11 AM Exercises w/ LE or Resident Led (AA) 2 PM Resident Led Cards & Games (P) 6 PM Beginners Euchre w/ Doris (P) 6 PM Resident Led GAMES (P)