

SEPTEMBER, 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EXERCISE CLASSES - TR BINGO - ML TRIVIA- TR WORSHIP - TR BOOK CLUB- TR MOVIE - TR CHATTY'S - ML	SHUTTLE: DR. APPTS - MONDAY GROUP OUTINGS: TUESDAY WEDNESDAY: SHOPPING, ETC. THURSDAY - MEMORY CARE	10:00 TAI CHI CLASS 11:30 GOOD BOOK CLUB 2:00 CRAFTING CORNER 3:00 CHATTY CATHY'S 6:00 OLDIES MOVIE	10:00 WEIGHTS & STRENGTH 2 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK	10:00 CHAIR YOGA 3 11:15 HALLWAY BOWLING 2:00 BALLOON VOLLEYBALL 3:00 VIDEO CONCERT 6:00 BEST NETFLIX	10:00 MUSCLES & MUSIC EXERCISE 4 11:00 MASS W/ST. THOMAS 2:00 BINGO 3:00 CHATTY CATHY'S 6:00 COMEDY MOVIE	10:00 SIT & FIT 5 EXERCISE 10:30 VIDEO CONCERT 2:00 ROSARY (TBD) 3:00 COOKING CLUB 6:00 FAMILY FLICK PICK
9:15 COMMUNION 6 10:00 CHAIR DANCING 1:45 GUITAR WORSHIP 3:00 SING A LONG 6:00 MOVIE: SUSPENSE/THRILLER	10:00 CHAIR BALLET 7 10:30 TRIVIA 11:00 GARDEN CLUB 2:00 CREATE WITH JAMIE 3:00 CHATTY CATHY'S 6:00 ROM COM NITE	9:30 -LAKE GENEVA 8 TRIP 10:00 SILVER SNEAKERS EXERCISE 3:00 CHATTY CATHY'S 4:00 GARDEN TIME 6:00 OLDIES MOVIE	10:00 WEIGHTS & STRENGTH 9 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK	10:00 CHAIR YOGA 10 11:15 HALLWAY BOWLING 2:00 BALLOON VOLLEYBALL 3:00 VIDEO TRAVEL 6:00 BEST OF NETFLIX	10:00 MUSCLES & MUSIC EXERCISE 11 10:30 WALKING CLUB 11:00 GARDEN POTS 2:00 BINGO 3:00 CHATTY'S MEET 6:00 COMEDY MOVIE	10:00 SIT & FIT 12 EXERCISE 10:30 ARMCHAIR TRAVEL 2:00 ROSARY (TBD) 3:00 COOKING CLUB 6:00 FAMILY MOVIE FLICK PICK
9:15 COMMUNION 13 10:00 CHAIR DANCING 2:00 DREW PERFORMS 6:00 THRILLER /SUSPENSE MOVIE	10:00 CHAIR BALLET 14 10:30 TRIVIA 11:00 GARDEN 1:00 CYCLING W/O AGE BIKE RIDES 3:00 CHATTY'S 6:00 ROM COM MOVIE NITE	10:00 SILVER SNEAKERS 15 11:30 GOOD BOOK CLUB 12:00 MOVIE AT REGAL 3:00 CHATTY TIME 6:00 OLDIES MOVIE	10:00 WEIGHTS & STRENGTH 16 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK	10:00 CHAIR YOGA 17 11:15 HALLWAY BOWLING 2:00 BALLOON VOLLEYBALL 3:00 ARMCHAIR TRAVEL 6:00 NETFLIX BEST	10:00 MUSCLES & MUSIC 18 10:30 WALKING CLUB 11:00 GARDEN POTS 2:00 BINGO 3:00 SHOW & SHARE 6:00 COMEDY MOVIE	10:00 SIT & FIT 19 EXERCISE 10:30 ARMCHAIR TRAVEL 2:00 ROSARY (TBD) 3:00 COOKING CLUB 6:00 FAMILY MOVIE FLICK PICK
9:15 COMMUNION 20 10:00 CHAIR DANCING 1:45 GUITAR WORSHIP 3:00 SING A LONG 6:00 MOVIE SUSPENSE /THRILLER	10:00 CHAIR BALLET 21 10:30 BINGO W/ PIONEER CENTER 2:00 CREATE W/JAMIE 3:00 CHATTY CATHY'S 6:00 ROM COM NITE	10:00 CARY CANARIES HERE 22 11:30 GOOD BOOK CLUB 2:00 CRAFTING CORNER 3:00 CHATTY'S 6:00 OLDIES MOVIE	10:00 WEIGHTS & STRENGTH 23 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK	10:00 CHAIR YOGA 24 11:15 HALLWAY BOWLING 2:00 BALLOON VOLLEYBALL 3:00 ARMCHAIR TRAVEL 6:00 NETFLIX BEST	10:00 MUSCLES & MUSIC 25 10:30 WALKING 11:00 GARDEN POTS 2:00 BINGO 3:00 BIRTHDAY & WELCOME PARTY 6:00 COMEDY MOVIE	10:00 SIT & FIT 26 EXERCISE 10:30 VIDEO CONCERT 2:00 ROSARY (TBD) 3:00 COOKING CLUB 6:00 FAMILY MOVIE FLICK PICK
9:15 COMMUNION 27 10:00 CHAIR DANCING 1:45 GUITAR WORSHIP 3:00 SING A LONG 6:00 MOVIE SUSPENSE/THRILLER	10:00 CHAIR BALLET 28 10:30 BINGO W/PIONEER CENTER 11:00 GARDEN 3:00 CHATTY CATHY'S 6:00 ROM COM NITE	10:00 SILVER SNEAKERS 29 11:30 GOOD BOOK CLUB 12:00 LOU MALNATI'S TRIP 3:00 CHATTY'S MEET 6:00 OLDIES MOVIE	10:00 WEIGHTS & STRENGTH 30 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK	GRANDPARENT'S DAY ENTERTAINMENT & ICE CREAM SUNDAES- DREW (CELLO) PERFORMS 2-3 P.M. 9-13	LABOR DAY 9-7 FRED CANTU IS HERE WITH HIS TRUMPET 3-4 P.M. BRING THE FAMILY	ROSARY WILL RESUME SOON - WE ARE WAITING ON CONFIRMATION.....

Calender Key:

MOST ACTIVITIES TAKE
PLACE IN OUR THEATER
ROOM TR OR MAIN
LOBBY - LISTED ABOVE

FIRST SQUARE LISTS
WHERE ACTIVITIES ARE
HELD.