

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
MEMORY CARE RESIDENTS CAN JOIN IN ASSISTED LIVING OUTINGS & ACTIVITIES IF THEY WANT TO AND ARE ABLE TO.	JOIN US FOR GRANDPARENT'S DAY - ENTERTAINMENT BY DREW WEIGMAN AT 2:00 - 3:00 P.M. RSVP (815)444-6600 SEPTEMBER 13 TH	10:00 TAI CHI - AL 1 11:30 STORIES /TRIVIA 2:00 CREATIVE TIME - KT 3:00 TABLE GAMES - KT 6:00 MUSICAL MOVIE	10:00 CHAIR 2 DANCING -TV 10:30 SING A LONG - TV 1:30 CARDIO DRUMMING AL 3:00 GARDEN TIME 6:00 NEW MOVIE	10:00 BEND & 3 STRETCH -TV 10:30 TRIP TO WOODSTOCK SQUARE 2:00 BALLOON VOLLEYBALL -AL 6:00 MOVIE CLASSIC	10:00 SIT & BE FIT 4 11:00 CATHOLIC MASS - AL 2:00 TABLE GAME OR BAKING 3:00 GARDEN WATERING 6:00 FAMILY MOVIE	10:00 ZUMBA GOLD 5 11:00 GARDEN WALK 2:00 ROSARY GROUP (TBD) 3:00 COOKING CLUB - AL 6:00 WESTERN FLICK
9:15 COMMUNION 6 10:00 CHAIR DANCING LR 1:45 WORSHIP - AL 3:00 SING A LONG - TV 6:00 MOVIE FAVORITES NITE	10:00 MORNING 7 STRETCH -TV 11:00 GARDEN TIME 2:00 CREATIVE TIME -KT 3:00 FRED CANTU ENTERTAINS FOR LABOR DAY	10:00 CHAIR BALLET 8 -TV 11:30 STORIES IN GARDEN 2:00 CREATIVE ART - KT 3:00 TABLE GAMES 6:00 COMEDY MOVIE	10:00 CHAIR 9 DANCING TV 10:30 SING A LONG - TV 1:30 CARDIO DRUMMING AL 3:00 GARDEN TIME 6:00 NEWER MOVIE	10:00 BEND & 10 STRETCH 10:30 TRIP TO VETERAN'S ACRES 2:00 BALLOON VOLLEYBALL - AL 3:00 ARM CHAIR TRAVEL	10:00 SIT & BE FIT 11 11:00 OLD MUSIC/TRIVIA 2:00 TABLE GAMES OR BAKING 3:00 GARDEN WATERING 6:00 FAMILY MOVIE	10:00 ZUMBA GOLD 12 11:00 GARDEN WALK 2:00 ROSARY GROUP - AL 3:00 COOKING CLUB - AL 6:00 WESTERN FLICK
9:15 COMMUNION 13 10:00 CHAIR DANCING 2:00 ENTERTAINMENT GRANDPARENT'S DAY 6:00 MOVIE	10:00 MORNING 14 STRETCH - TV 11:00 GARDEN TIME 1:00 BIKE RIDES - AL 3:00 TABLE TALK-KT 6:00 MUSICAL MOVIE NITE	10:00 CHAIR BALLET 15 TV 11:30 STORIES IN GARDEN 2:00 CREATIVE TIME 3:00 TABLE GAMES 6:00 COMEDY MOVIE NITE	10:00 CHAIR 16 DANCING -TV 10:30 SING A LONG TV 1:30 CARDIO DRUMMING - AL 3:00 GARDEN TIME 6:00 NEW MOVIE	10:00 BEND & 17 STRETCH 10:30 RIDE AROUND DOWNTOWN CL 2:00 BALLOON VOLLEYBALL - AL 3:00 ARM CHAIR TRAVEL	10:00 SIT & BE FIT 18 11:00 OLD MUSIC/TRIVIA -KT 2:00 TABLE GAME OR BAKING 3:00 GARDEN WATERING 6:00 FAMILY MOVIE	10:00 ZUMBA GOLD 19 11:00 GARDEN WALK 2:00 ROSARY GROUP (TBD) 3:00 COOKING CLUB - AL 6:00 WESTERN FLICK
9:15 COMMUNION 20 10:00 CHAIR DANCING 1:45 WORSHIP - AL 3:00 SING A LONG TV 6:00 MOVIE FAVORITE NITE	10:00 MORNING 21 STRETCH -TV 11:00 GARDEN TIME 2:00 CREATIVE TIME KT 3:00 TABLE TALK - KT 6:00 MUSICAL MOVIE	10:00 CARY 22 CANARIES PERFORM - AL 2:00 CREATIVE ART - KT 3:00 TABLE GAMES 6:00 COMEDY MOVIE NITE	10:00 CHAIR 23 DANCING - TV 10:30 SING A LONG- TV 1:30 CARDIO DRUMMING - AL 3:00 GARDEN TIME 6:00 NEWER MOVIE	10:00 BEND & 24 STRETCH 10:30 BUS RIDE TO OLD HOMES - CL 2:00 BALLOON VOLLEYBALL - AL 3:00 ARM CHAIR TRAVEL	10:00 SIT & BE FIT 25 11:00 OLD MUSIC/TRIVIA 2:00 TABLE GAMES/OR BAKING 3:00 GARDEN WATERING 6:00 FAMILY MOVIE	10:00 ZUMBA GOLD 26 11:00 GARDEN WALK 2:00 ROSARY (TBD) 3:00 COOKING CLUB - AL 6:00 WESTERN FLICK
9:15 COMMUNION 27 10:00 CHAIR DANCING LR 1:45 WORSHIP - AL 3:00 SING A LONG - TV 6:00 MOVIE FAVORITES NITE	10:00 MORNING 28 STRETCH - TV 11:00 GARDEN TIME 1 - 3 BIKE RIDES - OUT FRONT AL 3:00 TABLE TALK - 6:00 MUSICAL MOVIE	10:00 CHAIR BALLET 29 11:30 STORIES IN GARDEN 2:00 CREATIVE TIME - KT 3:00 TABLE GAMES 6:00 COMEDY MOVIE NITE	10:00 CHAIR 30 DANCING -TV 10:30 SING A LONG- TV 1:30 CARDIO DRUMMING - AL 3:00 GARDEN TIME 6:00 NEWER MOVIE	JOIN US FOR LABOR DAY - FRED CANTU PLAYS THE TRUMPET SEPTEMBER 7 TH , 3-4 P.M.		

Calender Key:

BK-BACK ROOM

G - GARDEN

AL - ASSISTED LIVING

KT- KITCHEN TABLE

LR- LIVING ROOM

SEPTEMBER, 2026

Life EnrichmentMonthlyCalendar

Activities aresubjecttochange

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
EXERCISECLASSES - TR BINGO - ML TRIVIA- TR WORSHIP - TR BOOK CLUB- TR MOVIE - TR CHATTY'S - ML	SHUTTLE: DR. APPTS - MONDAY GROUP OUTINGS: TUESDAY WEDNESDAY: SHOPPING, ETC. THURSDAY - MEMORY CARE	10:00 TAICHI CLASS 1 11:30 GOOD BOOK CLUB 2:00 CRAFTING CORNER 3:00 CHATTY CATHY'S 6:00 OLDIES MOVIE	10:00 WEIGHTS& STRENGTH 2 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK	10:00 CHAIRYOGA 3 11:15 HALLWAY BOWLING 2:00 BALLOON VOLLEYBALL 3:00 VIDEO CONCERT 6:00 BEST NETFLIX 10:00 CHAIR YOGA	10:00 MUSCLES& 4 MUSIC EXERCISE 11:00 MASS W/ST. THOMAS 2:00 BINGO 3:00 CHATTY CATHY'S 6:00 COMEDY MOVIE	10:00 SIT&FIT 5 EXERCISE 10:30 VIDEO CONCERT 2:00 ROSARY (TBD) 3:00 COOKING CLUB 6:00 FAMILY FLICK PICK
9:15 COMMUNION 6 10:00 CHAIR DANCING 1:45 GUITAR WORSHIP 3:00 SING A LONG 6:00 MOVIE: SUSPENSE/THRILLER	10:00 CHAIR BALLET 7 10:30 TRIVIA 11:00 GARDEN CLUB 2:00 CREATE WITH JAMIE 3:00 CHATTY CATHY'S 6:00 ROM COM NITE	9:30 -LAKE GENEVA TRIP 8 10:00 SILVER SNEAKERS EXERCISE 3:00 CHATTY CATHY'S 4:00 GARDEN TIME 6:00 OLDIES MOVIE	10:00 WEIGHTS & STRENTH 9 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK 10:00 WEIGHTS &	11:15 HALLWAY BOWLING 10 2:00 BALLOON VOLLEYBALL 3:00 VIDEO TRAVEL 6:00 BEST OF NETFLIX	10:00 MUSCLES & 11 MUSIC EXERCISE 10:30 WALKING CLUB 11:00 GARDEN POTS 2:00 BINGO 3:00 CHATTY'S MEET 6:00 COMEDY MOVIE	10:00 SIT & FIT 12 EXERCISE 10:30 ARMCHAIR TRAVEL 2:00 ROSARY (TBD) 3:00 COOKING CLUB 6:00 FAMILY MOVIE FLICK PICK
9:15 COMMUNION 13 10:00 CHAIR DANCING 2:00 DREW PERFORMS 6:00 THRILLER /SUSPENSE MOVIE	10:00 CHAIR BALLET 14 10:30 TRIVIA 11:00 GARDEN 1:00 CYCLING W/O AGE BIKE RIDES 3:00 CHATTY'S 6:00 ROM COM MOVIE NITE 10:00 CHAIR BALLET	10:00 SILVER 15 SNEAKERS 11:30 GOOD BOOK CLUB 12:00 MOVIE AT REGAL 3:00 CHATTY TIME 6:00 OLDIES MOVIE	10:00 WEIGHTS & STRENGTH 16 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK 10:00 WEIGHTS &	11:15 HALLWAY BOWLING 17 2:00 BALLOON VOLLEYBALL 3:00 ARMCHAIR TRAVEL 6:00 NETFLIX BEST 10:00 CHAIR YOGA	10:00 MUSCLES & 18 MUSIC 10:30 WALKING CLUB 11:00 GARDEN POTS 2:00 BINGO 3:00 SHOW & SHARE 6:00 COMEDY MOVIE	10:00 SIT & FIT 19 EXERCISE 10:30 ARMCHAIR TRAVEL 2:00 ROSARY (TBD) 3:00 COOKING CLUB 6:00 FAMILY MOVIE FLICK PICK
9:15 COMMUNION 20 10:00 CHAIR DANCING 1:45 GUITAR WORSHIP 3:00 SING A LONG 6:00 MOVIE SUSPENSE /THRILLER 9:15 COMMUNION	10:30 BINGO W/ PIONEER CENTER 21 2:00 CREATE W/JAMIE 3:00 CHATTY CATHY'S 6:00 ROM COM NITE 10:00 CHAIR BALLET	10:00 CARY 22 CANARIES HERE 11:30 GOOD BOOK CLUB 2:00 CRAFTING CORNER 3:00 CHATTY'S 6:00 OLDIES MOVIE	10:00 WEIGHTS & STRENGTH 23 10:30 TRIVIA 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK 10:00 WEIGHTS &	11:15 HALLWAY BOWLING 24 2:00 BALLOON VOLLEYBALL 3:00 ARMCHAIR TRAVEL 6:00 NETFLIX BEST GRANDPARENT'S DAY	10:00 MUSCLES & 25 MUSIC 10:30 WALKING 11:00 GARDEN POTS 2:00 BINGO 3:00 BIRTHDAY & WELCOME PARTY 6:00 COMEDY MOVIE LABOR DAY 9-7	10:00 SIT & FIT 26 EXERCISE 10:30 VIDEO CONCERT 2:00 ROSARY (TBD) 3:00 COOKING CLUB 6:00 FAMILY MOVIE FLICK PICK ROSARY WILL
10:00 CHAIR 27 DANCING 1:45 GUITAR WORSHIP 3:00 SING A LONG 6:00 MOVIE SUSPENSE/THRILLER	10:30 BINGO W/PIONEER CENTER 28 11:00 GARDEN 3:00 CHATTY CATHY'S 6:00 ROM COM NITE	10:00 SILVER 29 SNEAKERS 11:30 GOOD BOOK CLUB 12:00 LOU MALNATI'S TRIP 3:00 CHATTY'S MEET 6:00 OLDIES MOVIE	10:30 TRIVIA 30 1:30 CARDIO DRUMMING 3:00 CARD GAMES 6:00 NEW MOVIE PICK	ENTERTAINMENT & ICE CREAM SUNDAES- DREW (CELLO) PERFORMS 2-3 P.M. 9-13	FRED CANTU IS HERE WITH HIS TRUMPET 3-4 P.M. BRING THE FAMILY	RESUME SOON - WE ARE WAITING ON CONFIRMATION.....