

# AUGUST, 2026 - ASSISTED LIVING

StoryPoint Crystal Lake

ASSISTED LIVING AND MEMORY CARE

Life Enrichment Monthly Calendar

Activities are subject to change

| Sunday                                                                                                                                                        | Monday                                                                                                                                                                 | Tuesday                                                                                                                                                                | Wednesday                                                                                                                        | Thursday                                                                                                                                             | Friday                                                                                                                                                      | Saturday                                                                                                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|
| FOR SHUTTLE SCHEDULE - INQUIRE AT RECEPTION DESK ALSO OUTING SIGNUP AT RECEPTION DESK.                                                                        | 10:00 Chair Ballet TR 3<br>10:30 Pioneer Center here for Bingo ML<br>1:00 Cycling without Age Bike Rides 1-3<br>4:00 Forum TR<br>6:00 Rom Com Movie Night TR           | Shuttle Schedule - Schedule appts. on Monday- 5 mile radius Shopping on Wednesdays - Some Tuesdays & Fridays will be group outings-                                    |                                                                                                                                  |                                                                                                                                                      |                                                                                                                                                             | 10:00 SIT & FIT -TR 1<br>10:30 WALKING CLUB<br>11:00 GARDEN CLUB<br>2:00 ROSARY -TR<br>3:00 CELLO PERFORMANCE<br>6:00 FAMILY FLICK              |
| 9:15 Communion TR 2<br>10:00 Chair Dancing TR<br>1:45 Guitar Worship<br>3:00 Sing A Long TR<br>6:00 Thriller/Mystery Movie Night-TR                           | 10:00 Chair Ballet TR 3<br>11:00 Garden Club<br>1:00 Cycling without Age Bike Rides 1-3<br>2:00 Cycling without age Bike Rides<br>6:00 Rom Com Movie Night             | 10:30 Tai Chi Class 4 (seated) TR<br>11:30 Good Book Club TR<br>2:00 Crafting Corner<br>3:00 Chatty Cathy's -B<br>4:00 Garden Watering<br>6:00 Oldies Movie            | 10:00 Weights & Strength TR 5<br>10:30 Trivia TR<br>1:30 Cardio Drumming TR<br>3:00 Patio Porch Chats<br>6:00 New Movie Pick TR  | 10:00 Chair Yoga TR 6<br>11:15 Hallway Bowling TR<br>2:00 Balloon Volleyball TR<br>3:00 Classic Music Video Concert TR<br>6:00 Best of Netflix TR    | 10:00 MUSIC FOR THE AGES -ROCKING KIDS -ML 7<br>1:15 - Garden Club<br>2:00 Bingo - ML<br>3:00 Chatty Cathy's - ML<br>6:00 Comedy Movie                      | 10:00 SIT & FIT -TR 8<br>10:30 WALKING CLUB<br>11:00 GARDEN CLUB<br>2:00 ROSARY GROUP<br>3:00 COOKING CLUB AK<br>6:00 FAMILY FLICK TR           |
| 9:15 Communion TR 9<br>10:00 Chair Dancing TR<br>1:45 Guitar Worship<br>3:00 Sing A Long TR<br>6:00 Mystery /Thriller Movie Night TR                          | 10:00 Chair Ballet TR 10<br>11:00 Garden Club<br>2:00 Create with Jamie ML<br>3:00 Chatty Cathy's B<br>4:00 Garden Watering<br>6:00 Rom Com Movie Nite TR              | 10:00 Silver Sneakers TR 11<br>11:30 Movie Matinee at Regal -<br>3:00 Crafting corner ML<br>4:00 Garden Watering<br>6:00 Oldies Movie TR                               | 10:00 Weights & Strength TR 12<br>10:30 Trivia TR<br>1:30 Cardio Drumming TR<br>3:00 Porch Chat<br>6:00 New Movie Pick TR        | 10:00 Chair Yoga TR 13<br>11:15 Hallway Bowling TR<br>1:00 Library comes TR<br>2:00 Balloon Volleyball TR<br>3:00 Porch Chat<br>6:00 Best of Netflix | 10:00 Muscles & Music TR 14<br>10:30 Lets Get out for Coffee Trip<br>2:00 Bingo ML<br>3:00 Show & Share B<br>4:00 Garden Club<br>6:00 Comedy Movie Night TR | 10:00 Sit & Fit TR 15<br>10:30 Walking Club<br>11:00 Garden Club<br>2:00 Rosary GRoup TR<br>3:00 Cooking Club AK<br>6:00 Family Movie Pick TR   |
| 9:15 Communion TR 16<br>10:00 Chair Dancing TR<br>1:45 Guitar Worship - non denominational TR<br>3:00 Sing A Long TR<br>6:00 Thriller/Mystery Movie Nite - TR | 10:00 Chair Ballet TR 17<br>11:00 Garden Club<br>1:00 Cycling without Age Bike Rides 1-3<br>2:00 Cycling without Age Bike rides<br>6:00 Rom Com Movie Nite TR          | 10:00 Silver Sneakers TR 18<br>11:30 Good Book Club TR<br>2:00 Crafting Corner<br>3:00 Chatty Cathy's -B<br>4:00 Garden Watering<br>6:00 Oldies Movie                  | 10:00 Weights & Strength TR 19<br>10:30 Trivia TR<br>1:30 Cardio Drumming TR<br>3:00 Patio porch Chats<br>6:00 New Movie Pick TR | 10:00 Chair Yoga TR 20<br>11:15 Hallway Bowling TR<br>2:00 Balloon Volleyball TR<br>3:00 Classic Music Video Concert TR<br>6:00 Best of Netflix      | 10:00 Muscles & Music TR 21<br>10:30 Walking Club<br>11:30 Men's Club - Lunch outing to Village Sautre<br>2:30 Bingo<br>6:00 Comedy Movie                   | 10:00 Sit & Fit TR 22<br>10:30 Walking Club<br>11:00 Garden Club<br>2:00 Rosary Group TR<br>3:00 Cooking Club AK<br>6:00 Family Flick Pick TR   |
| 9:15 Communion TR 23<br>10:00 Chair Dancing TR<br>1:45 Guitar Worship - Non Denominational<br>3:00 Sing A Long<br>6:00 Mystery /Thriller Movie -TR            | 10:00 Chair Ballet TR 24<br>10:30 Pioneer Center here for Bingo<br>2:00 Create with Jamie<br>3:00 Chatty Cathy's<br>4:00 Garden Watering<br>6:00 Rom Com Movie Nite TR | 10:00 Silver Sneakers TR 25<br>11:30 lunch at First Watch Restaurant<br>2:30 Crafting Corner ML<br>3:00 Chatty Cathy's<br>4:00 Garden Watering<br>6:00 Oldies Movie TR | 10:00 Weights & Strength TR 26<br>10:30 Trivia TR<br>1:30 Cardio Drumming TR<br>3:00 Porch Chat<br>6:00 New Movie Pick TR        | 10:00 Chair Yoga TR 27<br>11:15 Hallway Bowling TR<br>2:00 Balloon Volleyball TR<br>3:00 Classic Music Video Concert TR<br>6:00 Best of Netflix      | 10:00 Muscles & Music TR 28<br>10:30 Walking Club<br>1:30 Resident Council<br>2:00 Bingo ML<br>3:00 Birthday & Welcome Social<br>6:00 Comedy Movie          | 10:00 Sit & Fit - TR 29<br>10:30 Walking Club<br>11:00 Garden Club<br>2:00 Rosary Group TR<br>3:00 Cooking Club AK<br>6:00 Family Movie Pick TR |