

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 11:00 - Exercise 2:00 - Joggin Your Noggin 3:00 - Walking Club 4:00 - Puzzles 6:00 - Board Games	2 Natl. Blueberry Popsicle Day 11:00 - Balloon Bop 2:00 - Snack & Yap - Ant's on a Log 3:00 - Calm Coloring 4:00 - Chair Zumba Class	3 Bowling League Day 10:30 - Coffee Chats 11:00 - Bowling 2:00 - Thirsty Thursday's - All Things Apple 3:00 - Make Homemade Applesauce 4:00 - Trivia	4 Wildlife Documentary 11:00 - Entertainment 2:00 - Popcorn Bar 3:00 - Make Fall Wreaths 6:00 - Card Games	5 11:00 - Walking Club 2:00 - Uno 6:00 - Comedy in the Community Room
6 11:00 - Balloon Bop 2:00 - Scrabble 6:00 - Puzzles	7 Labor Day 10:30 - Word Search 11:00 - Labor Day Reflections 2:30 - Chair Zumba 6:00 - Board Games	8 Ice Cream Social 11:00 - Exercise 2:00 - Ice Cream Social 3:00 - Calm Coloring 4:00 - Paint by Number	9 Fall Craft 11:00 - Balloon Bop 2:00 - Fall Craft 3:00 - Nail Painting 4:00 - Joggin Your Noggin	10 Happy Hour 10:30 - Coffee Chats 11:00 - Yoga 2:00 - Thirsty Thursday's - Teddy Bear 3:00 - Prize Bingo 4:00 - Scrabble	11 Remembrance Day 11:00 - Exercise w/ Powerback 2:00 - Popcorn Bar 3:00 - Remembrance Day 4:00 - Thank You Cards	12 11:00 - Armed Forces Resource Rally for Veterans 2:00 - Vetran Reflection 6:00 - Yahtzee
13 Grandparent's Day 8:00 - Pancake Breakfast 10:00 - Intergenerational Activities 6:00 - Afternoon Walk	14 NALW 11:00 - Staff v Resident Guessing baby Pictures 2:00 - Staff Appreciation Cart 3:00 - Staff/Resident Games 4:00 - Chair Zumba	15 NALW 11:00 - Exercise 2:00 - Red Carpet Coctail Hour Movie Trivia 3:00 - Classic Movie 4:00 - Joggin Your Noggin	16 NALW 11:00 - Balloon Bop 2:00 - Housekeeping Appreciation Cards 3:00 - Name That Tune 4:00 - Chair Zumba Class	17 NALW 10:30 - Coffee Chats 11:00 - Yoga 2:00 - Thirsty Thursday's - Autumn Breeze 3:00 - Map /Armchair Travels 4:00 - Suitcase Game	18 NALW 11:00 - Exercise w/ Powerback 2:00 - Popcorn Bar 2:30 - Corn Hole 4:00 - Bowling	19 NALW 11:00 - Resident Reflections 2:00 - Card Games 6:00 - Puzzles
20 11:00 - Balloon Bop 2:00 - Afternoon Walk 6:00 - Board Games	21 Sun Catcher Craft 11:00 - Word Searches 2:00 - Chair Zumba 3:00 - Sun Catcher Craft 4:00 - Card Games	22 Orchard Outing 11:00 - Spicer's Orchard Outing 2:00 - Culinary Showcase 3:00 - Joggin Your Noggin 4:00 - Puzzles	23 Fall Kickoff Party 11:00 - Balloon Bop 2:00 - Fall Kick Off Party 3:00 - Football Toss 4:00 - Football Trivia	24 Happy Hour 10:30 - Coffee Chats 11:00 - Yoga 2:00 - Thirsty Thursday's - Pumpkin Spice 3:00 - Fall Colors Walk 4:00 - Joggin Your Noggin	25 DIY Craft 11:00 - Exercise w/ Powerback 2:00 - Popcorn Bar 3:00 - DIY Bookmarks 4:00 - Ladies Group	26 11:00 - Chair Exercise 2:00 - Uno 6:00 - Cornhole
27 11:00 - Walking Club 2:00 - Joggin Your Noggin 6:00 - Comedy in the Community Room	28 Resident Meetings 11:00 - Activity Planning Meeting 2:00 - Chair Zumba 3:00 - Resident Council 4:00 - Afternoon Walk	29 Resin Pressed Flowers 11:00 - Exercise 2:00 - Nail Painting 3:00 - Pressed Flowers Resin 4:00 - Card Games	30 Prize Bingo 11:00 - Balloon Bop 2:00 - Water Color Painting 3:00 - Prize Bingo 4:00 - Chair Zumba Class			