

Heritage Hill Assisted Living

Memory Care

September 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:30 Sipping into September Happy Hour (AL) 3:30 Stroll & Roll (CY) 5:45 Uno (MC)	10:30 History in Motion (CR) 1:30 Slip, Slide, & Smile (P) 2:45 Fall Word Search Frenzy (AL) 3:30 Puzzle Pals (MC) 5:45 Pamper & Polish (AL+MC)	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:30 Resident Council (CR) 3:00 Event Committee (CR) 4:00 Stroll & Roll (CY) 5:45 Balloon Bop (MC)	10:30 Toss & Tap Volleyball (AL) 1:30 Wheel of Fortune (CR) 2:45 Patio Chats & Popsicles (P) 3:30 Baking with Love (MC) 5:45 Movies and Munchies (MC)	10:30 Ladder Ball (AL) 1:30 Balloon Bop (MC) 3:00 Bingo (CR)
10:30 Putt Putt Paradise (AL) 1:30 Men's Club with Dan (AL) 2:30 Button Art (CR)	Labor Day 10:30 Hockey (AL) 1:30 Melodies & Memories with Gwen (AL) 2:45 Tik Tok Time (AL+MC)	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:30 Harvest Happy Hour (AL) 3:30 Stroll & Roll (CY) 5:45 Puzzle Pals (MC)	10:30 Pamper & Polish (AL+MC) 1:30 Corn Hole (CR) 2:45 Chain Reaction (CR) 3:30 Chalk Art (CY) 5:45 Pamper & Polish (AL+MC)	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:45 Left, Center, Right (AL) 4:00 Stroll & Roll (CY) 5:45 Giant Jenga (MC)	10:30 Coffee With The Team (AL) 12:00 Patriots Day BBQ (P) 1:30 The Bloom Bar Flower Arranging (AL) 2:45 Thank You Letters For First Responders (AL) 3:30 Baking with Love (MC) 5:45 Movies and Munchies	10:30 Bowling (AL) 1:30 Color & Me (MC) 3:00 Bingo (CR)
Cozy Day 10:30 Volleyball (AL) 1:30 Chicken Soup for the Soul Story Hour (CY) 2:30 Shining Stars Treat Cart (AL+MC)	Celebrity Look-A-Like 10:30 Ladder Ball (AL) 1:30 Skip Bo (AL) 2:15 Red Carpet Walk (AL) 2:45 Faith & Fellowship with Kayleigh (MC) 3:30 Water Color Painting (MC) 5:45 Giant Yahtzee (MC)	Dress Like A Staff 10:30 Feel Good Fitness 1:30 Bingo (CR) 2:15 Walking in their Shoes Cat Walk (AL) 2:30 Rust & Rye Happy Hour (AL) 3:30 Stroll & Roll (CY) 5:45 Smoothie Social (MC)	Hawaiian Day 10:30 Pamper & Polish (AL+MC) 1:30 Music & Margaritas Featuring Jim Pagel (AL) 2:45 Beach Ball Pants Toss (AL) 3:30 Puzzle Pals (MC) 5:45 Pamper & Polish (AL+MC)	Camouflage Day 10:30 Nerf & Turf Showdown (P) 1:30 Bingo with Lynn from A&D Hospice (CR) 2:45 Ice Cream Sundae Bar 4:00 Stroll & Roll (CY) 5:45 Go Fish (MC)	Western Day 10:30 Cattle Roping (P) 12:00 The Wild West BBQ Bash (P) 1:00 Petting Zoo (CY) 3:30 Baking with Love (MC) 5:45 Movies and Munchies (MC)	Sports Day 10:30 Soccer Shoot Out (AL) 1:30 Puzzle With Me (MC) 3:00 Bingo (CR)
10:30 Roll and Stroll (CY) 1:30 Popcorn Cart (AL+MC) 2:30 Pastor Richard (AL)	10:30 Bowling (AL) 1:30 Faith & Fellowship with Kayleigh (MC) 2:45 Left, Center, Right (AL) 3:30 Stacking Stones (MC) 5:45 Ladder Ball (MC)	10:30 Feel Good Fitness 1:30 Bingo (CR) 2:30 September Spritz Happy Hour and Culinary Showcase (AL) 3:30 Stroll & Roll (CY) 5:45 Joy Garden Rock Painting (MC)	10:30 Pamper & Polish (AL+MC) 1:30 Corn Hole (CR) 2:45 Chain Reaction (CR) 3:30 Name That Tune (MC) 5:45 Pamper & Polish (AL+MC)	11:00 Load Bus for Outing (P) 12:00 Lunch at Starbrite (O) 1:30 Return to Community (P) 2:30 Bingo (CR) 4:00 Stroll & Roll (CY) 5:45 Puzzle Pals (MC)	10:30 Toss & Tap Volleyball (AL) 1:30 Leaf Coloring (AL) 2:45 Polish Your Peepers Cart (AL+MC) 3:30 Puzzle Pals (MC) 5:45 Movies and Munchies (MC)	Vendor Market 10:00 Autumn Craft & Vendor Market (P) 2:30 Bingo (CR)
10:30 Bowling (AL) 1:30 Uno (AL) 2:30 Smoothie Cart (AL+MC)	Memory Care Family Night 1:30 Axe Throwing(AL) 2:45 Faith & Fellowship with Kayleigh (MC) 4:00 Bingo (MC) 5:30 Memory Care Family Night (MC)	10:30 Feel Good Fitness (AL) 1:30 Bingo (CR) 2:30 Happy Birthday Happy Hour (AL) 3:30 Stroll & Roll (CY) 5:45 Chicken Soup for the Soul Story Hour (CY)	10:30 History in Motion (CR) 1:30 Corn Hole (CR) 2:45 Bingo Store (CR) 3:30 Puzzle Pals (MC) 5:45 Pamper & Polish (AL+MC)			