

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	2 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Adult Coloring 2:00pm Music with Carter 3:00pm Wordsearch 4:00pm Target Toss	3 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	4 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Practical Life 2:00pm Music with Carter 3:00pm Travelogue 4:00pm Oldies music Reminisce	5 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages
6 9:30am Devotional 1:00pm Exercise 1:30pm Hymn Sing 3:00pm Trivia	Labor Day 7	8 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	9 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Adult Coloring 2:00pm Music with Carter 3:00pm Wordsearch 4:00pm Target Toss	10 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	11 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Practical Life 2:00pm Music with Carter 3:00pm Travelogue 4:00pm Oldies music Reminisce	12 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages
13 9:30am Devotional 1:00pm Exercise 1:30pm Hymn Sing 3:00pm Trivia	14 9:30am Finish the Phrase 10:30am Morning Stretches 1:00pm Bingo 2:00pm Music with Carter 3:00pm Reminisce 4:00pm Balloon Volleyball	15 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	16 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Adult Coloring 2:00pm Music with Carter 3:00pm Wordsearch 4:00pm Target Toss	17 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	18 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Practical Life 2:00pm Music with Carter 3:00pm Travelogue 4:00pm Oldies music Reminisce	19 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages
20 9:30am Devotional 1:00pm Exercise 1:30pm Hymn Sing 3:00pm Trivia	21 9:30am Finish the Phrase 10:30am Morning Stretches 1:00pm Bingo 2:00pm Music with Carter 3:00pm Reminisce 4:00pm Balloon Volleyball	22 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	23 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Adult Coloring 2:00pm Music with Carter 3:00pm Wordsearch 4:00pm Target Toss	24 9:30am Picture Reminisce 10:30am Seated Tai Chi 1:00pm Water Colors 2:30pm Music with Carter 3:30pm Jokes and Riddles 4:00pm Cardio Drumming	25 9:30am Poetry Readings 10:30am Musical Movement 1:00pm Practical Life 2:00pm September Birthday Celebration 3:00pm Travelogue 4:00pm Oldies music Reminisce	26 9:30am Devotions 10:00 Saturday Stretches 2:00pm Hand Massages
27 9:30am Devotional 1:00pm Exercise 1:30pm Hymn Sing 3:00pm Trivia	28 9:30am Finish the Phrase 10:30am Morning Stretches 1:00pm Bingo 2:00pm Music with Carter 3:00pm Reminisce 4:00pm Balloon Volleyball	29 9:30am Word Games 10:30am Seated Yoga 1:00pm Puzzles 2:00pm Music with Carter 3:00pm History Fun Facts 4:00pm Bowling	30 9:30am 50s/60s Trivia 10:30am Beach Ball Toss 1:00pm Adult Coloring 2:00pm Music with Carter 3:00pm Wordsearch 4:00pm Target Toss			

Calender Key:

AR - Activity Room
CY – Courtyard
DR - Dining Room

ELI / EL3 - Enhanced Living
LR - Living Room