

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 12:30pm Creation Hour w/ Megan 1:30pm Spintopia Interactive Gameshow w/Megan
2 1:45pm Bingo 3:00pm Temple Baptist Church (AR) *After Dinner - Short Story Club	3 10:00am Morning Hydration and Daily Chronicles 10:30am Weightlifting 11:00am Eye Glass Cleaning *After Lunch - Brain Games 2:00pm LIVE Billie Lafollette (A) or Folk Music on (TV) 3:30pm Plant Care *After Dinner - Movie	4 9:30am Catholic Service & Communion (L) or Morning Devotional 10:00am AM Power Up 10:45am Morning Hydration and Daily Chronicles *After Lunch - Cards 2:00pm Hydration & Afternoon Snack *After Dinner - Relaxing Scenes	5 10:00am Hydration and Daily Chronicles 10:45am Air Drumming *After Lunch - Art 2:00 Reminiscing W/Fred 3:00pm Bingo *After Dinner - Patio Chat	6 10:00am Hydration and Daily Chronicles 10:45am Exercise *After Lunch - Board Games 1:00pm Calvary Devotion 3:00pm LIVE Piano W/ Karen (A) or Barry Manilow on (TV) 6:00pm Family and Neighbor Evening w/ Live Harpest, Korenna	7 10:00am Hydration and Daily Chronicles 10:45am Morning Stretch *After Lunch - Puzzles 1:30pm Flower Arranging followed by Hydration & Humor 3:00pm LIVE Frank & Friends (A) or TV Concert *After Dinner - Stories To Fall Asleep To	8 12:30pm Creation Hour w/ Megan 1:30pm Spintopia Interactive Gameshow w/Megan

Calender Key:
A – Activity Room
FL - Front Lobby

CY - Courtyard
L - Library
MC - Memory Care

JR - Jefferson Room
DR - Dining Room
RR - Room to Room

S - Self led

N- New
event/entertainer/Host

StoryPoint Knox West Memory Care		Week 3-5 August 2026 Life Enrichment Monthly Calendar					Activities are subject to change
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9 1:45pm Bingo 3:00pm Temple Baptist Church (AR) *After Dinner - Short Story Club	10 10:00am Morning Hydration and Daily Chronicles 10:45am Weightlifting 11:00am Eye Glass Cleaning *After Lunch - Brain Games 1:30pm Walking Club with Richard followed by Hydration & Plant Care 3:00pm LIVE Cliff Adkins (A) or Jug Band (TV) *After Dinner - Movie	11 9:30am Catholic Service & Communion (L) or Morning Devotional 10:00am Morning Hydration and Daily Chronicles 10:45am AM Power Up *After Lunch - Cards 1:30pm Bathing Suit Art 2:30pm I Love Lucy *After Dinner - Relaxing Scenes	12 10:00am Hydration and Daily Chronicles 10:30am Air Drumming *After Lunch - Art 1:30pm Town Hall Meeting 3:00pm Bingo *After Dinner - Patio Chat	13 10:00am Hydration and Daily Chronicles 10:30am Exercise *After Lunch - Board Games 2:00pm - Hydration & Afternoon Snack *After Dinner - Vinyl Vibes	14 10:00am Hydration and Daily Chronicles 10:30am Morning Stretch 11:00am Trivia *After Lunch - Puzzles 2:00pm Ice Cream with Linda *After Dinner - Stories To Fall Asleep To	15 12:30pm Creation Hour w/ Megan 1:30pm Spintopia Interactive Gameshow w/Megan	
16 1:45pm Bingo 3:00pm Temple Baptist Church (AR) *After Dinner - Short Story Club	17 10:00am Morning Hydration and Daily Chronicles 10:30am Weightlifting 11:00am Eye Glass Cleaning *After Lunch - Brain Games 1:30pm Walking Club with Richard followed by Hydration & Plant Care 3:00pm LIVE Ricky Starr *After Dinner - Movie	18 9:30am Catholic Service & Communion (L) or Morning Devotional 10:15am Morning Hydration and Daily Chronicles 10:30am AM Power Up *After Lunch - Cards 1:30pm Hydration & Trivia 2:30pm Coloring & Reflection *After Dinner - Relaxing Scenes	19 10:00am Hydration and Daily Chronicles 10:30am Air Drumming *After Lunch - Art 1:30pm Hydration & Voter Registration 2:00pm Monthly Birthday Celebration 3:00pm Bingo *After Dinner - Patio Chat	20 9:45am Scenic Drive 10:00am Hydration and Funny Videos *After Lunch - Board Games 1:00pm Calvary Devotion 2:00pm Art W/ Sheryl *After Dinner - Vinyl Vibes	21 10:00am Hydration and Daily Chronicles 10:30am Morning Stretch 11:00am Trivia *After Lunch - Puzzles 1:30pm Flower Arranging followed by Hydration & ??? 3:00pm Arm Chair Travel (Everglades, Fla.) *After Dinner - Stories To Fall Asleep To	22 12:30pm Creation Hour w/ Megan 1:30pm Spintopia Interactive Gameshow w/Megan	
23 1:45pm Bingo 3:00pm Temple Baptist Church (AR) *After Dinner - Short Story Club	24 Germany 10:30am Flipping Challenge 11:00am Travelogue - Germany *After Lunch - Brain Games 1:30pm Cutting Challenge 3:00pm Sport Bike Show (front parking lot) *After Dinner - Movie	25 Brazil 9:30am Catholic Service & Communion (L) or Morning Devotional 10:30am Adedonha (Stop) Challenge 11:00am Travelogue - Brazil *After Lunch - Cards 1:30pm Coconut Water Cart 3:00pm Mimica Challenge 6:00pm Brazilian Dance Demonstration (A)	26 Japan 10:30am Kendama Challenge 11:00am Travelogue - Japan *After Lunch - Art 1:30pm Karuta Challenge 3:00pm Saki Tasting at Rocky Hill Liquor & Wine *After Dinner - Patio Chat	27 Greece 10:30am Agouta Challenge 11:00am Travelogue - Greece *After Lunch - Board Games 1:30pm Tzami Challenge 3:00pm Pottery Class *After Dinner - Vinyl Vibes	28 Jamacia 10:30am Gig Challenge 11:00am Travelogue - Jamacia *After Lunch - Puzzles 1:30pm Bounce Back Challenge 3:00pm Weaving *After Dinner - Stories To Fall Asleep To	29 12:30pm Creation Hour w/ Megan 1:30pm Spintopia Interactive Gameshow w/Megan	
Calender Key: A – Activity Room FL - Front Lobby		CY - Courtyard L - Library MC - Memory Care	JR - Jefferson Room DR - Dining Room RR - Room to Room	S - Self led	N- New event/entertainer/Host	STORYPOINT Senior Living	