

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 What Came First 3:15 Munchies and Memories 6:00 Puzzle Time	2 10:15 Random Trivia 10:30 Exercise Class 1:00 Daily Chronicles 2:30 Waffle (B) 3:15 Color and Sip 6:00 Puzzle Time	3 10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Corn Hole 3:15 Music and Movement 6:00 Puzzle Time	4 10:15 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Games with Najma 2:00 Sunshine Social 3:00 Art Class 6:00 Puzzle Time	5 10:15 Color Therapy 10:30 Exercise Class 1:00 Daily Chronicle 12:30 Ohio State Game 2:00 Bingo with Wyeth (B) 3:15 Munchies and Memories 6:00 Puzzle Time
6 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Puzzle Time	7 10:00 Church with Pastor Scott (B) 10:30 Exercise Class 11:00 One on Ones 2:00 New Freind Meet and Greet September Birthday Celebration (B) 3:15 Color and Sip 6:00 Puzzle Time	8 10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Resident’s Forum (B) 3:15 Munchies and Memories 6:00 Puzzle Time	9 10:15 Random Trivia 10:30 Exercise Class 11:30 Outing To Massey’s 1:00 Daily Chronicles 2:30 Columbus Libraty Visit (B) 3:15 Color and Sip 6:00 Puzzle Time	10 10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Bingo(B) 3:15 Music and Movement 6:00 Puzzle Time	11 9:30 A Moment Of Silence 10:15 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Games with Najma 2:00 Art Class 3:00 Music Hour w/ Scott 6:00 Puzzle Time	12 10:15 Color Therapy 10:30 Crafts and Companions (B) 1:00 Daily Chronicle 2:00 Prize Bingo(B) 3:15 Munches and Memories 6:00 Puzzle Time
Assisted Living Week 13 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Puzzle Time	The Roaring Twenties 14 10:00 Church with Pastor Scott 10:00 Outing To The Ohio State Stadium 10:30 Exercise Class 11:00 One on Ones 2:00 The Roaring Twenties Social (B) 6:00 Puzzle Time	The Dirty Thirties 15 10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicles 2:00 Ladies’ Club(B) 3:00 Thirties Photo Shoot 6:00 Puzzle Time	Old School Diner 16 10:15 Random Trivia 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Old School Diner Social 6:00 Puzzle Time	80's To The Max 17 10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Al’s Geology Program 3:00 80's Social 6:00 Puzzle Time	60's Tailgate 18 10::15 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Games with Najma 2:00 Live Music By John 3:00 Tailgate Party 6:00 Puzzle Time	19 10:15 Color Therapy 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Prize Bingo (B) 3:15 Munchies and Memories 6:00 Puzzle Time
20 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 Sudaes on Sunday (B) 3:00 Hymns on Alexa 6:00 Puzzle Time	21 10:00 Church with Pastor Scott 10:30 Exercise Class 11:00 One On Ones 2:00 Corn Hole Competition (B) 3:15 Color and Sip 6:00 Puzzle Time	National Ice Cream Cone Day 22 10:15 Name 5 10:30 Exercise Class 1:00 Daily Chronicle 2:00 Residents’ Council (B) 3:00 Ice Cream Cone Social 6:00 Puzzle Time	23 10:15 Random Trivia 10:30 Exercise Class 11:30 Outing To Cracker Barrel 1:00 Daily Chronicle 2:00 Activity Planning Meeting (B) 3:00 Music with Mike (B) 6:00 Puzzle Time	24 10:00 Tunes with Todd 11:00 One on Ones 1:00 New Albany Therapy Dogs 2:00 Making Care Packages 3:15 Music and Movement 6:00 Puzzle Time	25 10:15 Shoulder Massages 11:00 Exercise Class with Meghan from TCT 1:00 Men’s Club 2:00 Door to Door Snack Cart 3:00 Music Hour with Innervision 6:00 Puzzle Time	26 10:15 Color Therapy 10:30 Exercise Class 12:00 Saturday Brunch 1:00 Daily Chronicles 2:00 Prize Bingo(B) 3:15 Munches and Memories 6:00 Puzzle Time
27 9:00 Catholic Eucharist 10:30 Exercise with Najma (B) 1:00 One On Ones 2:00 Sundaes on Sunday 3:00 Hymns on Alexa 6:00 Puzzle Time	National Drink Beer Day 28 10:00 Church with Pastor Scott (B) 10:30 Exercise Class 11:00 Lotts of Tales with Teri Lott (B) 2:00 Beer Tasting	29 10:15 Name 5 10:30 Exercise Class 2:00 UNO 3:00 Target Toss 6:00 Puzzle Time	30 10:15 Random Trivia 10:30 Exercise Class 2:00 Would You Rather 3:00 Horse Race 6:00 Puzzle Time			

Calender Key:

B - Bistro

CT - Courtyard

IR – Induvial Room

FL - Front Lobby

OS - Off Site

200 - 200s Front Room

300 - 300s Front Room

MC Memory Care Activity
Area

Life Enrichment Assistants
Najma Ahmed

Life Enrichment Director
614-418-9775 (office)

StoryPoint Gahanna Central
775 East Johnstown Rd.
Gahanna, Ohio 43230

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