

Life EnrichmentMonthlyCalendar						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Coffee Hour (C) 1 9:30-10:30 Nail Polish & Go (EL/ Game Room) 9:30 Mass at Valpo Senior Villages (Sign Up @ FD) 10:30-11:30 Reflexology (EL GR) Sign up 10:30 Grocery Store Trip (Sign Up @ FD) 1:00 Calendar Review (MR) 1:30 Grocery Store Trip (Sign Up @ FD) 3:00 Happy Hour w/ Marco (B) 4:15 Play Cards w/ Friends (B)	Coffee Hour (C) 2 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 TCT Exercise (FC) 12:00 Not Fluff Book Club (EL AR) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD) 3:00 Let's Play Password (MR) 6:00 Cards: Pinochle (B)	Coffee Hour (C) 3 10:00 Rogers Lakewood Park & Box Lunch (Sign Up @ FD) 10:00 Bounce Off Tournament (EL AR) 11:00 Junk Journaling (AR) 11:45 Hand & Foot (B) 1:00 Brain Games (EL AR) 3:00 Happy Hour w/ Darrell (B) 4:15 Play Cards Bridge (B)	Coffee Hour (C) 4 9:30 Communion (MR) 9:30 Vet's Breakfast Open to Everyone (B) 10:30 TCT Exercise (FC) 11:00 Therapy Dog (CD) 11:30 What's in the Box (MR) 1:30 Dollar Bingo (MR) 3:00 Edible Art Series (ELAR)	Coffee Hour(C) 5 10:30 Cardio Drumming (MR) 11:00 Tech Help (MR) 12:00 Dollar Bingo (MR) 2:00 Movie Matinee "Rocky" (MR)
Coffee Hour (C) 6 10:30 Dance Exercise Class (MR) 11:15 Church Service YouTube (MR) 1:30 Right, Left, Center Dice Game (B) 1:30 Art: Acrylic Painting (AR)	Coffee Hour (C) 7 9:30 Monday Mimosas 10:30 TCT Exercise (FC) 10:30 Labor Day Art (B) 11:45 Hand & Foot (B) 12:00 Labor Day Headbands Game (MR) 1:30 Wood Chipping (AR) 1:30 Bingo (MR) 2-4 Labor Day Buffet (B)	Coffee Hour (C) 8 9:30-10:30 Nail Polish & Go (EL/ Game Room) 10:30-11:00 Reflexology (EL GR) Sign up 10:30 Farmers Market Valpo. (Sign Up @ FD) 11:00 Resident Action/Forum (MR) 1-2:30 Magic Table Demo and Karaoke/MyHoneyBird (B) 1:30 Grocery Trip (Sign Up @ FD) 3:00 Birthday Bash (B) 4:15 Play Cards w/ Friends (B) Coffee Hour (C)	Coffee Hour (C) 9 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 TCT Exercise (FC) 11:00 Mobile Cart- National Share your Care Day(EL) 11-1 Meet & Greet w/ Author Lauren Fischer (MR) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD) 6:00 Cards: Pinochle (B)	Coffee Hour (C) 10 9:30 St Julian's Winery & Lunch at Union Pier Social \$ (Sign up @ FD) 11:00 Creative Writing w/ Wendy (AR) 11:45 Hand & Foot (B) 1:00 Autumn Paint & Sip w/ C&C Art (Sign Up / ELAR) 3:00 Happy Hour w/ Mo Beat Blues (B) 4:15 Play Cards Bridge (B)	Coffee Hour (C) 11 9:30 Communion (MR) 10:00 Tech Class (L) 10:30 TCT Exercise (FC) 11:00 Therapy Dog (CD) 11:00 Art: Beyond the Brush (AR) 12:30 Wii Games (MR) 1:30 Dollar Bingo (MR) 3:00 Edible Art Series (ELAR)	Coffee Hour (C) 12 10:30 Cardio Drumming (MR) 11:30 Game Hour: Dominoes (B) 11:30 Bison Farm Trip (Sign Up FD) 2:00 Movie Matinee: Tea w/ Mussolini (MR)
Coffee Hour (C) 13 10:30 Dance Exercise Class (MR) 11:15 Church Service YouTube (MR) 1:30 Right, Left, Center Dice Game (B) 1:30 Art: Watercolor Painting (AR)	Coffee Hour (C) 14 9:30 Monday Mimosas (C) 10:30 TCT Exercise (FC) 11:45 Hand & Foot (B) 12-2 Tailgate Party & Trivia (Back parking lot) 1:30 Wood Chipping (AR) 1:30 Bingo (MR) 3:00 Open Calendar Ideas (MR) Wear Your Favorite Football Team Gear Day Coffee Hour (B)	Coffee Hour (C) 15 9:30-10:30 Nail Polish & Go (EL/ Game Room) 10:30-11:00 Reflexology (EL GR) Sign Up 10:30 Grocery Store Trip (Sign Up @ FD) 12:00 In The Kitchen (EL AR) Sign UP 1:30 Grocery Store Trip (Sign Up @ FD) 3:00 Happy Hour w/Doug R. (C) 4:15 Play Cards w/ Friends - (B) 6:00- Pajama Party and Games Night Cap w/ MeLisa & Syd (MR)	Coffee Hour (C) 16 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 TCT Exercise (FC) 11:00 House Keeping Appreciation Ice Cream Social (B) 1:30 Bingo w/ Chef Shayne (B) 2:30 Rosary & Prayer (PD) 3:00 Drama Club (MR) 6:00 Cards: Pinochle (B)	Coffee Hour (C) 17 10:00 Remembering Dolly Parton (MR) 10:00 Golf Trip to Creek Side (Sign UpFD) 11:00 Dolly Parton Tribute: Steel Magnolias (Sign up/ MR) 11:45 Hand & Foot (B) 12:00 Easy Bake: Apple Dumpling (ELAR) 3:00 Happy Hour w/J. Jay (B) 4:15 Play Cards Bridge (B)	Coffee Hour (C) 18 9:30 Communion (MR) 10:00 Rumchata Frozen Hot Chocolate (C) 10:30 TCT Exercise (FC) 12:00 Corn Hole & Pretzel Bites (CY) 1:30 Dollar Bingo (MR) 3:00 Resident Cocktail and Social Hour/ End of Summer Bash w/ Maria Kovass- EVERYONE WELCOME (TBD)	Coffee Hour (C) 19 10:30 Cardio Drumming (MR) 11:30 Scrabble w/Sarah (B) 2:00 Movie Matinee: Breakfast at Tiffany's (MR)
Coffee Hour (C) 20 10 am -7pmRummage Event-Trade, Take or Leave Anything (AR) No Furniture 11am & 1pm Sunday Brunch 4:00 Cards w/Friends (B) 5:00 Heart to Heart Memorial Service (CY)	Coffee Hour (C) 21 9:30 Monday Mimosas (B) 10:30 TCT Exercise (FC) 11:00 Brain Games (EL AR) 11:45 Hand & Foot (B) 1:30 Wood Chipping (AR) 1:30 Bingo (MR) 3:00 Welcome Committee Meeting: Members Only (B) 3:00 Mending Hearts w/Heart to Heart (ELAR)	Coffee Hour (B) 22 9:30-10:30 Nail Polish & Go (EL/ Game Room) 10:30 Grocery Store Trip (Sign Up @ FD) 12:00 Ladies Luncheon- Let's talk Deaf awareness (EL AR) Sign Up 1:30 Grocery Store Trip (Sign Up @ FD) 3:00 Happy Hour w/David R. (B) 4:15 Play Cards w/ Friends (B) 6:00- Fall Solstice and shakra readingsw/ MeLisa and Wendy (MR)	Coffee Hour (B) 23 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 TCT Exercise (FC) 11:00 Protein Shakes (ELAR) 12:00 Not Fluff Book Club (EL AR) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD) 3:00 Craft: Make your own Autumn pen (AR) 6:00 Cards: Pinochle (B)	Coffee Hour (B) 24 10:00 HispanicHeritage Education (MR) 10:45 St. Iakovos Greek Dinner \$ (SignUp@ FD) 11:00 Art: Open Art Hour (AR) 11:45 Hand & Foot (B) 12:00 Therapy Chat/ Luncheon Learn (EL AR) Sign up 1:00 Meditation and mindfulness w/ MeLisa (MR) 3:00 Happy Hour w/Vincent (B) 4:15 Play Cards Bridge (B)	Coffee Hour (B) 25 9:30 Communion (MR) 10:00 Irish Cream Coffee (B) 10:30 TCT Exercise (FC) 11:00 Therapy Dog (CD) 11:30 Bake Off Fundraiser (B) - Bring your donations 1:30 Dollar Bingo (MR) 3:00 Edible Art Series (ELAR)	Coffee Hour (B) 26 10:30 Cardio Drumming (MR) 11:30 Art: Yarn Pumpkins (AR) 1:30 Irish Cream coffee w/ Wendy (B) 2:00 Movie Matinee: "Cinderella Man" (MR)
Coffee Hour (B) 27 10:30 Dance Exercise Class (MR) 11:15 Church Service YouTube (MR) 1:00 Therapy Dog (CD) 1:30 Right, Left, Center Dice Game (B) 1:30 Art: Acrylic Painting (AR)	Coffee Hour (B) 28 9:30 Monday Mimosas (B) 10:30 TCT Exercise (FC) 11:00 Brain Games (EL AR) 11:45 Hand & Foot (B) 1:30 Bingo (MR) 1:30 Wood Chipping (AR) 3:00 Aging Like Fine Wine: Hand Edition (Sign Up/ EL AR)	Coffee Hour (C) 29 9:30-10:30 Nail Polish & Go (EL/ Game Room) 10:30-11:30 Reflexology (Sign Up ELGR) 10:30 Grocery Trip (Sign up FD) 12:00 Crockpot Cooking (ELAR) 1:30 Grocery Store Trip (Sign Up @ FD) 3:00 Happy Hour w/ Donna & Tony (B) 4:15 Play Cards w/ Friends - (B)	Coffee Hour (B) 30 10-12:00 BP Checks (CD) 10:00 Puppy Play Date (CY) 10:30 TCT Exercise (FC) 1:30 Bingo (MR) 2:30 Rosary & Prayer (PD) 3:00 Drama Club (MR) 6:00 Cards: Pinochle (B)		Sign up for Transportation Services Mon-Friday 8am to 3pm@ Front Desk Grocery & Pharmacy trips are on Tuesday's (SIGN UP) Trips and Outings are on Thursday's (SIGN UP)	

Calendar Key:
AR – Art
Room B- Bistro
C – Café

CD - Care Desk
CY – Courtyard
FD – Front Desk
FC- Fitness Center

L- Library
MR-Media Room(2nd Floor)
PD- Private Dining Room

ELGR-Enhanced Living
Game Room
ELAR- EL Activity Room

Any changes to the calendar will be posted on the chalkboards at both ends of the building.