

Assisted Living September 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:30 Livestream Mass – T 1:30 Chair Exercise - F 2:30 Sunday Cinema - T 3:00 Card Game Club -C	31 10:30 Chair Exercise - F 1:30 Fowling - B 2:45 Euchre Lesson - C 6:00 Movie Monday and Popcorn - T	1 9:30 Giant Crossword Puzzle - B 10:30 Resistance Bands - F 11:00 Outing to Burgess-Shadbush Nature Center 2:00 Bingo - C 3:00 Pictionary - B	2 10:30 Chair Yoga - F 10:30 Shelby Choir Singers 11:00 Health Talk- F 1:00 Chase the Ace - C 1:00 Nifty Nails - S 1:30 Bible Study - F 3:00 New Resident Happy Hour JK Sway - B	3 10:30 Resistance Bands - F 11:00 Labor Day Luncheon and Carnival - B 2:30 DIY Apple Stamped Towels - C 5:30 UNO - C	4 10:30 Cardio Drumming - F 11:00 Knit and Crochet Club - B 1:00 Wii Bowling- F 2:00 Bingo - C 3:00 Patio Social - P 6:00 Netflix Feature - T	5 9:30 Music Time - T 10:00 Activity Packet Pick Up at Front Desk 2:00 Bingo - C
6 10:30 Livestream Mass – T 1:30 Chair Exercise - F 2:30 Sunday Cinema - T 3:00 Card Game Club -C	7 1:30 Chair Exercise - F 2:00 Labor Day Movie - T 3:00 Left, Right, Center - C	8 9:30 Giant Crossword Puzzle - B 10:30 Resistance Bands - F 1:00 9/11 Exhibit Outing 2:00 Bingo - C 3:00 Activity Planning Meeting - B	9 10:30 Chair Yoga - F 1:30 Bible Study - T 1:30 Pesto Demonstration - B 3:00 New Resident Happy Hour with Steve Elmore - B	10 10:00 Catholic Communion - -T 10:30 Resistance Bands - F 1:00 Applefest - B 3:00 Art for All Ages Watercolor - C 5:30 UNO - C	11 10:30 Cardio Drumming - F 11:00 Knit and Crochet Club- B 1:00 Wii Bowling - F 2:00 Bingo - C 3:00 Bingo Store - C 6:00 Netflix Feature - T	12 9:30 Music Time - T 10:00 Activity Packet 12:00 Michigan VS Oklahoma - B 2:00 Bingo - C 3:30 Michigan State VS Eastern Michigan Eagles - B
13 10:30 Livestream Mass – T 1:30 Chair Exercise - F 11:00 Grandparents Day Tailgate 1:00 Lions VS New Orleans Saints	14 10:30 Chair Exercise - F 1:30 Saving Song Birds Presentation - B 3:00 Family Feud Staff VS Residents - C 6:00 Movie Monday and Popcorn - T	15 9:30 Giant Crossword Puzzle - B 11:00 Outing to Blake’s 10:30 Resistance Bands - F 2:00 Bingo - C 2:30 Popcorn Bar - B 3:15 Movie Trivia - B 4:00 Dinner and a Movie	16 10:30 Chair Yoga - F 1:00 Nifty Nails - S 1:30 Bible Study - T 1:30 Coconut Bowling - B 2:00 Resident Council - F 3:00 Luau Happy Hour with Curtis Avison - B	17 10:30 Resistance Bands - F 12:00 Men’s Club - C 2:00 All Star Gong Show - B 3:00 Paper Plate Awards - B 5:30 UNO - C	18 10:30 Cardio Drumming - F 11:00 Knit and Crochet Club- B 2:00 Wii Bowling - F 3:00 Through the Years Bingo - C 6:00 Netflix Feature - T	19 9:30 Music Time - T 10:00 Activity Packet Pick Up at Front Desk 2:00 Bingo - C 3:30 Michigan VS UTEP - B
20 10:30 Livestream Mass – T 1:30 Chair Exercise - F 2:30 Sunday Cinema - T 3:00 Card Game Club -C	21 10:30 Chair Exercise - F 1:30 Brew Crew: Beer Brewing 101- B 3:00 Left, Right, Center - C 6:00 Movie and Popcorn	22 9:30 Giant Crossword Puzzle - B 10:30 Resistance Bands - F 11:00 Outing to Packard Museum 2:00 Bingo - C 3:00 Johnny Mathis Concert Showing - T	23 10:30 Chair Yoga - F 1:00 Penny Pitching Wars for ALZ - C 1:30 Bible Study - T 2:30 Resident Forum - B 3:00 ALZ Happy Hour with Aaron Curuso - B	24 10:30 Resistance Bands - F 11:30 Ladies Club - C 2:30 DIY Fall Signs - C 5:30 UNO - C	25 10:30 Cardio Drumming - F 11:00 Knit and Crochet Club- B 1:00 Wii Bowling - F 2:00 Bingo - C 3:00 Bingo Store - C 6:00 Netflix Feature - T	26 9:30 Music Time - T 10:00 Activity Packet Pick Up at Front Desk 2:00 Bingo - C
27 10:30 Livestream Mass – T 1:00 Lions vs New York Jets - B 1:30 Chair Exercise - F 2:30 Sunday Cinema - T 3:00 Card Game Club -C	28 10:30 Chair Exercise - F 1:30 Book Club Meeting - L 3:00 Pinochle Lesson - C 6:00 Movie Monday and Popcorn - T	29 9:30 Giant Crossword Puzzle 10:30 Resistance Bands - F 2:00 Bingo - C 3:00 Root Beer Pong - C	30 10:30 Chair Yoga - F 1:00 Left, Right, Center - C 1:30 Bible Study - T 1:00 Nifty Nails - S 3:00 Birthday Happy Hour with Jeff Breza- B			