

VALPARAISO SENIOR VILLAGE

September 2026

Assisted Living - (Any changes to the calendar will be made on the Daily Sheets)

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 - Morning Exercise w/Robert (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Catholic Mass w/Father George (4S) 1:30 - Crazy Eights Cards (4S) 2:30 - New Resident Welcome Social (4S) 5:30 - Scrabble (4S)	2 <u>9:00 - Fair Oak Farms Outing</u> 9:45 - Outside walk (weather permitting) 10:00 - Daily Chronicles (L) 1:00 - Left Right Center Dice Game (4S) 2:00 - Snack & Chat (4S) 5:30 - Prize Bunco(4S) 6:30 - Yahtzee (4S)	3 9:45 - Spintopia (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) <u>1:30 - Entertainment w/Joseph Hilliard (MDR)</u> 2:45 - Ice Cream Social (4S) 5:30 - Dinner & Movie (Must Sign Up) (4T)	4 9:45 - Sit-n-fit w/Karen (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Bible Study w/Karen (4L) 1:00 - Activity Calendar Mtg (4S) 2:00 - Ambassador Club Mtg (4S) 5:30 Prize Bunco (4S) 6:30 - Yahtzee (4S)	5 9:30 - Independent Exercise Bikes (3FC) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Susan (MDR) 2:00 - Air Hockey (4L) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)
6 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) <u>1:00 - Quarter Bingo (4S)</u> 2:00 - Coffee & Convo (4S) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	7 Labor Day 9:00-2:00 Resident Rummage Event-Trade, Take or Leave Anything (4S) 9:45 - Ball Drumming Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/Communion (CR) 1:00 - Nickel Bingo W/Marsha (MDR) 2:00 - Pie & Punch (4S) 5:45 - Shock Theater (4T)	8 Nat'l Ants on a Log 9:30 - Morning Exercise w/Robert (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Trivia (3FC) 12:45 - Culinary Showcase w/Chef Allen (B) <u>1:30 - Entertainment w/Mary Beabout (MDR)</u> 2:30 - Ants on a log snack (4S) 5:30 - Scrabble (4S)	9 9:30 - Strength Exercise (4T) 10:15- Daily Chronicles, Discussion and Devotional (4T) <u>11:00 Lunch at Mi Querido Mexican Restaurant in Valpo</u> 1:30 - Checkers (4S) 2:00 - Corn Hole Bags and Booze (4S) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)	10 Nat'l School Picture day/What I used to be 9:45 - Stretch Exercise (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Resident Volunteer Luncheon (Private Dining Rm) 1:00 - Spintopia (4T) 2:15 - Ice Cream Social (4S) 5:45 - Theater Thursday (4T)	11 Happy Bday Gene E! 9:45 - Circle Ball Exercise (4T) 10:15 - Daily Chronicles Discussion & Devotional (4T) 12:45 - Resident Council (4T) 1:00 - One On One Visits 2:00 - Snack & Chat (4S) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)	12 9:30 - Boggle game w/Tammy (CR) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Lottery Ticket Bingo w/Tammy (MDR) 2:00 - Independent Exercise Bikes (3FC) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)
Grandparent's Day 13 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Family Brunch! <u>1:00 - Quarter Bingo (4S)</u> 2:00 - Coffee & Convo (4S) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	14 9:30 - Nickel Bingo W/Marsha (MDR) 10:30 - Daily Chronicles, Discussion & Devotional (CR) 11:00 - Rosary/Communion (CR) 1:00 - Guest Speaker-Negativity and how it effects your health (4S) 2:30 - Ladies Social Loaded Ice Cream Sundae Bar (4S) 5:45 - Yahtzee w/Cheryl (4S)	15 9:30 Morning Exercise w/Robert 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:15 - Golden Memories (3FC) <u>1:30 - Entertainment w/Bill Frudakis (MDR)</u> <u>2:30 - Snack & Chat (4S)</u> 5:30 - Scrabble (4S)	Happy Bday Judy B! 16 9:45 - Candy Twister Toss (4T) 10:00- Daily Chronicles, Discussion & Devotional (4T) 10:15 - Hygee game (4T) <u>12:15 - Zao Island Miniature Golf outing (\$9.00 to mini golf)</u> 2:30- Adult Color Pencil Art (4S) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)	17 Car Show & BBQ 9:45 - Candy Umbrella Toss (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - 1:00 Winamac Old Auto Club Car Show and BBQ 1:00 - LCR Dice w/Nickels (4S) 2:00 - Ice Cream Social (4S) 5:45 - Theater Thursday (4T)	18 9:45 - Sit-n-fit w/Karen (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 10:30 - Bible Study w/Karen (4L) 1:00 - Spintopia (4T) 2:15 - Snack, Chat & Red Carpet Awards (4S) 5:30 Prize Bunco (4S) 6:30 - Yahtzee (4S)	Happy Bday Peggy M! 19 Happy Bday Bill D! 9:30 - Independent Exercise Bikes (3FC) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Prize Bingo w/Susan (MDR) 2:00 - Tapple (4S) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)
20 9:30 - Sit-N-Fit w/Sharon (4T) 10:00 - Daily Chronicles, Discussion & Devotional (4T) <u>1:00 - Quarter Bingo (4S)</u> 2:00 - Coffee and Convo (4S) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	21 9:45 - Ball Drumming Exercise (4T) 10:15 - How It's Made (4T) 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/Communion (CR) 1:00 - Price is Right w/Cathy (4S) 2:15 - Nickel Bingo w/Marsha (MDR) 3:00 - Cookies & Coffee w/our Veterans & everyone! (4S) 5:45 - Yahtzee w/Cheryl (4S)	Nat'l Ice Cream Cone Day 22 9:45 - Morning Exercise w/Robert (3FC) 10:15 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Chicken Soup Stories (3FC) 1:15 - Art Class (Sand Art) (4S) 2:30- Novelty Ice Cream Cones (4S) 5:30 - Scrabble (4S)	23 9:30 - Strength Exercise (4T) 10:15- Daily Chronicles, Discussion and Devotional (4T) 10:30 - Trivia (4T) 1:00 - Hand Massages & Music-BS 2:30 - Corn Hole Bags and Booze (4S) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)	24 9:45 - Stretch Exercise (4T) 10:15 - Daily Chronicles, Discussion & Devotional (4T) 1:00 - Dollar Bingo (4S) 2:15 - Ice Cream Social (4S) 5:45 - Theater Thursday (4T)	Happy Bday Vickie B! 25 9:30 - Retired Teachers Mtg (4S) 10:30 - Daily Chronicles (L) <u>1:30 - Bday Bash and Entertainment w/Maria Kovass (MDR)</u> 3:00 - Dogs and Tricks from Stoney Run Canine Camp (4S) 5:30 Prize Bunco (4S) 6:30 - Yahtzee (4S)	26 9:30 - Independent Exercise Bikes (3FC) 10:15 - Fair Haven Baptist Church (4S) 1:00 - Candy Bingo (MDR) 2:00 - Monopoly (4S) 2:30 - Jigsaw Puzzle Hour (2L) 5:45 - Evening Spotlight Movie (4T)
27 9:30 - Daily Chronicles, Discussion & Devotional (4S) 10:00 - Quarter Bingo (4S) <u>1:00 - Memorial Opera House Outing \$27 per person</u> 2:00 - Coffee & Convo (B) 3:00 - Jigsaw Puzzle Hour (2L) 5:45 - Comedy Hour (4T)	28 9:45 - Ball Drumming Exercise (4T) 10:15 - How It's Made 10:30 - Daily Chronicles, Discussion & Devotional (4T) 11:00 - Rosary/Communion (CR) 1:00 - Nickel Bingo w/Marsha (MDR) 2:15 - Air Hockey Competition (4L) 3:00 - Coffee & Chat (4S) 5:45 - Yahtzee w/Cheryl (4S)	29 9:30 - Morning Exercise w/Robert (3FC) 10:00 - Daily Chronicles, Discussion & Devotional (3FC) 10:30 - Jokes & Riddles (3FC) <u>1:30 - Entertainment w/Kristi Alsip (MDR)</u> 2:45 - Hot Cocoa & Cookies (4S) 5:30 - Scrabble (4S)	30 9:45 - Exercise w/Heart to Heart Hospice (4T) 10:15 - Daily Chronicles, Discussion and Devotional (4T) 1:00 - Beauty Shop Social (BS) 2:00 - Caramel Apple Martinis w/Jaclyn (4S) 5:30 - Prize Bunco (4S) 6:30 - Yahtzee (4S)			

Calender Key:

L - Lobby
 4S - Four Seasons Room
 CR - Conference Room

MDR - Main Dining Room

B - Bistro
 2L - 2nd Floor Loft
 VL - Veteran's Library

BS - Beauty Shop

3FC - 3rd Floor Fitness
 4T - 4th Floor Theater
 4L - 4th Floor Lounge