

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		9:30 Daily Hope/Chronicles 10:00 Live 2B Healthy Exercise 10:30 Hydration Cart 6:00 Reading Circle with Katie	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 2:00 Happy Hour: Brownie Bliss 6:00 Evening Tea Time	9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 10:30 Hydration Cart 1:30 Puzzle Time 3:00 National Geographic 6:00 Coloring Creations	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 1:30 Manicures 3:00 Bill's Birthday Party 6:00 Movie Night: I Love Lucy	Happy Birthday Bill! 9:30 Daily Chronicles 10:00 Sunshine and Stretch 6:00 Puzzles and Word Search
9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 6:00 Aromatherapy/Hand Massages	Labor Day 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 12:00 Labor Day BBQ 6:00 Connection Pods	9:30 Daily Hope/Chronicles 10:00 Live 2B Healthy Exercise 10:30 Hydration Cart 1:30 Clay Creations 3:00 Live Music: Neil Hewitt 6:00 Reading Circle with Katie	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 2:00 Happy Hour: Picnic in the Park 6:00 Evening Tea Time	9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 10:30 Hydration Cart 1:30 Jumbo Bowling 6:00 Coloring Creations	Patriot Day 9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 1:30 Manicures 3:00 Live Music: Tom Hofer 6:00 Movie Night: I Love Lucy	9:30 Daily Hope/Chronicles 10:00 Sunshine and Stretch 6:00 Puzzles and Word Search
9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 6:00 Aromatherapy/Hand Massages	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 6:00 Connection Pods	9:30 Daily Hope/Chronicles 10:00 Live 2B Healthy Exercise 10:30 Hydration Cart 1:30 Velcro Catch 3:00 UNO! 6:00 Reading Circle with Katie	9:30 Daily Hope/Chronicles 10:00 Music and Massages with Jean Blum 10:30 Hydration Cart 2:00 Happy Hour: Apple of My Eye 6:00 Evening Tea Time	9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 10:30 Hydration Cart 1:30 Culinary Menu Tasting 6:00 Coloring with Katie	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 1:30 Manicures 3:00 BINGO 6:00 Movie Night: Antiques Roadshow	9:30 Daily Hope/Chronicles 10:00 Sunshine and Stretch 6:00 Puzzles and Word Search
9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 6:00 Aromatherapy/Hand Massages	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 1:30 Pictionary 3:00 Cooking Corner w Shawn 6:00 Connection Pods	9:30 Daily Hope/Chronicles 10:00 Live 2B Healthy Exercise 10:30 Hydration Cart 1:30 Live Music: Bill Connett 3:00 Connect Four 6:00 Reading Circle with Katie	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 2:00 Happy Hour: Sweet Treat Social 6:00 Evening Tea Time	9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 10:30 Hydration Cart 1:30 Finish The Phrase 3:00 Pictionary 6:00 Coloring Creations with Katie	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 1:30 Manicures 3:00 BINGO 6:00 Movie Night: Leave it to Beaver	9:30 Daily Hope/Chronicles 10:00 Sunshine and Stretch 6:00 Puzzles and Word Search
9:30 Daily Hope/Chronicles 10:00 Hope Online Service 10:30 Gentle Stretches 1:30 6:00 Aromatherapy/Hand Massages	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 1:30 Ticketles Travel 3:00 Live Entertainment: Jonathan May Magic Show 6:00 Connection Pods	9:30 Daily Hope/Chronicles 10:00 Live 2B Healthy Exercise 10:30 Hydration Cart 1:30 Name That Tune 3:00 Shake Loose A Memory 6:00 Reading Circle with Katie	9:30 Daily Hope/Chronicles 10:00 Cardio Drumming 10:30 Hydration Cart 2:00 Happy Hour: Golden Oldies 6:00 Evening Tea Time	9:30 Daily Hope/Chronicles 10:00 Walk for Wellness 10:30 Hydration Cart 1:30 Hangman 3:00 Balloon Bat 6:00 Coloring Creations with Katie		

Life Skills:

- Coupon Clipping
- Counting Coins
- Dust & Shine
- Folding & Sorting
- Stuffing Envelopes
- Sorting Mail
- Yarn Rolling
- Seasonal Decorating
- Napkin Folding
- Bead Sorting
- Sweeping
- Reading/Writing (ex: thank you cards)
- Grading Papers
- Sweeping
- Table Setting
- Table Wipe Down
- Kitchen Clean Up
- Silverware Sorting
- Silverware Polishing
- Greeting Card Writing
- List Making (ex. Grocery Lists)
- Sorting Playing Cards
- Sorting By Colors (ex. dominoes)
- Watering Plants/Gardening
- Baby Care
- Identifying Tools/Household Items
- Cooking Corner

Physical Engagement:

- Target Practice
- Jumbo Bowling
- Ladder Toss
- Balloon Bat
- Balloon Volleyball
- Bean Bag Toss
- Bucket Ball
- Ring Toss
- Ball Darts
- Seated Ball Toss
- Parachute Game
- Basketball Toss
- Tabletop Air Hockey
- Velcro Catch (patio game)
- Tabletop Ping Pong

Exercises:

- Cardio Drumming
- Chair Yoga
- Seated Tai Chi
- Stretching
- Walking Club
- Sit and Fit
- Scarf Dancing
- Ribbon Dancing

Mental Engagement/Memory Recall:

- Trivia
- Name I O
- Finish the Phrase
- Hangman
- Pictionary
- BINGO
- Sensory (ex: scent guessing)
- Name that Sound (youtube)
- Reading Daily Chronicle
- Open Ended Questions
- My 2 Cents Game
- Shake Loose a Memory Game
- Recipe Recall Activity
- Sequencing Tasks
- Card Games
- Board Games
- Identify Famous Faces
- What’s in the Box?
- Puzzles
- Taste Testing
- Who Am I?/What Am I? (activity connection)
- Name That Landmark
- Name That Tune
- Sing Along
- Instrument Exploration (maracas/shakers)
- Life Long Learning
- Tech Exploration
- National Geographic/Earth/Historic Documentaries
- Ticketless Travel (activity connection)
- Reminisce
- Conversation Prompts/Discussions (open-ended questions)