

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		11:00 Theraband w/PowerBack (GP) 12:30 Farmers Market (Front Yard) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	10:00 Mindful Meditation (L) 11:00 Sit and Be Fit (GP) 11:00 Shopping at Walmart (S) 12:30 Fancy Nails (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP) 6:00 Texas Hold'Em (GP)	10:15 Daily Devotion (L) 11:00 Exercise w/PowerBack PT (GP) 11:30 Lunch at White Lake Inn (S) 11:30 Yogurt Bar (GP) 12:30 Virtual Tour-Skyscrapers (GP) Around the World 3:30 Happy Hour With Marco (C) 6:00 Pinochle (GP)	10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 12:00 Activity Brainstorm (GP) Calendar Review 1:00 Chair Volleyball (C) 2:15 Frozen Mocktails (C) 3:00 Audio Book Lounge (DR) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:00 Movie Madness (Theatre) Crazy on the Outside 2:15 Nickels Game (GP) 2:30 Euchre Club (C)
6	Labor Day 7	8	9	10	Remembrance Day 11	12
11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 12:30 Spa Day-Self Guided (C) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	11:00 Moving Your Body (GP) 11:30 Early Dinner (EDR) 12:00 Early Dinner (MDR) 1:30 What Did You Do? Social Hour (C) (for a living) 3:00 Rummikub (GP) 4:00 Activity Packet at the Front Desk 6:00 Poker Club (GP)	11:00 Theraband w/PowerBack (GP) 11:30 Gardening with Stephanie (EC) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Village Ho-Down (C) With Cody 5:30 Therapy Dog Visit (C) 6:00 Chicken Foot Dominoes (FL)	9:00-3:00 Dermatology Visit (2F) 10:00 Mindful Meditation (L) 11:00 Protestant Service (GP) 12:00 Tech Talk with Maria (L) 12:30 Sit and Be Fit (GP) 1:00 Audio Book Lounge (DR) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP) 6:00 Texas Hold'Em (GP)	10:15 Daily Devotion (L) 11:00 Exercise w/PowerBack PT (GP) 11:30 Lunch at Guernsey Farms (S) 12:30 Left, Right, Center Dice (GP) 2:00 Chef Chat (GP) 3:00 Fall Craft (GP) 6:00 Classic Car Show (Front Yard)	10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 12:30 Turning Point: 9/11 (Theatre) Part I 1:00 Chair Volleyball (C) 2:15 Grab & Go Iced Coffee (C) 3:00 Audio Book Lounge (DR) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:00 Movie Madness (Theatre) Zoo Keeper 2:15 Traveling Cart (TC) 2:30 Euchre Club (C)
Grandparents Day 13	Hskp Appreciation Wk 14	15	16	17	18	19
11:00 Noodlecise & Weights (GP) 12:15-1:30 Ice Cream Social (C) And Picture Slide Show 12:30 Mass and Communion (GP) With St. Pat's 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	10:15 Daily Devotion (L) 11:00 Morning Stretch with Kat (GP) 12:30 Margaritas & Moo's (MC) 1:00 Confession with Fr. Socorro (DR) 1:30 Mass & Communion (GP) With Fr. Socorro 2:00 Audio Book Club (DR) 2:00 Shopping at Kroger (S) 3:00 UNO Card Game (GP) 6:00 Poker Club (GP)	11:00 Theraband w/PowerBack (GP) 12:30 Diabetes Explained (C) 12:45-1:30 Foot Care (GP) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	8:30-9:30 Omelet Bar (MDR) 10:00 Mindful Meditation (L) 11:00 Sit and Be Fit (GP) 12:30 Sangria and Strokes (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP) 6:00 Texas Hold'Em (GP)	10:15 Daily Devotion (L) 11:00 Exercise w/Powerback PT (GP) 12:00 Can We Grill This? (MC) 1:30 Nickels Game (GP) 2:30 Forum (GP) 3:30 Happy Hour with Tom (C) 4:00 Hearing Care (L) 6:00 Pinochle (GP)	10:00 Mindful Meditation (L) 10:00 Selfridge Airforce Base (S) Museum 11:00 Noodlecise (GP) 1:00 Chair Volleyball (C) 2:15 Cider & Donuts (C) 3:00 Audio Book Lounge (DR) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies(C) 2:00 Movie Madness (Theatre) A Man Called Otto 2:15 Freestyle Painting (GP) 2:30 Euchre Club (C)
Brunch 20	21	22	23	24	25	26
11:00 Walking Exercise- (FL) 11:30 Brunch-Residents Only (EDR, MDR) 12:00 Brunch (MDR) Residents and Guests 1:30 Crafting with Sydney (L) Mosaic Coaster 6:00 Mexican Train Dominoes (L)	10:15 Daily Devotion (L) 11:00 Exercise with David (GP) 12:30 Virtual Performance (GP) Detroit Symphony Orchestra 1:00 Shopping at Meijer (S) 1:30 Prayer & Communion-St. Pat's (GP) 3:00 Rummikub (GP) 6:00 Poker Club (GP)	11:00 Theraband w/PowerBack (GP) 12:30 Medicare Presentation (GP) 1:00 Blood Pressure Check (L) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	10:00 Mindful Meditation (L) 11:00 Sit and Be Fit (GP) 12:30 Culinary Showcase (GP) 1:30 Balance Clinic (C) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre Club (GP) 6:00 Texas Hold'Em (GP)	10:15 Daily Devotion (FL) 11:00 Exercise w/Powerback PT (GP) 11:00 Lunch at 5 Loaves (S) 12:30 Fancy Nails (GP) 1:00 Reminiscing with Stephanie (L) 3:30 Happy Hour with Stefan (C) Welcome New Resident Celebrate Birthdays 6:00 Bunco (GP)	10:00 Mindful Meditation (L) 11:00 Noodlecise (GP) 1:00 Chair Volleyball (C) 2:15 Iced Tea and Scones(C) 3:00 Audio Book Lounge (DR) 6:00 Chicken Foot Dominoes (FL) 6:00 Rummikub (GP)	11:00 Weight Workout (GP) 12:30 Sunshine Walking Club (FL) 1:30 Men's Coffee, Chat & Cookies (C) 2:00 Movie Madness (Theatre) Arthur's Whiskey 2:15 Left, Right, Center Dice (GP) 2:30 Euchre Club (C)
27	28	29	30			
11:00 Noodlecise & Weights (GP) 12:30 Mass and Communion (GP) With St. Pat's 1:00 Make & Take (C) 2:30 Candy Bingo (GP) 6:00 Mexican Train Dominoes (L)	10:15 Daily Devotion (L) 11:00 Morning Stretch with Kat (GP) 12:30 Learn to Macrame (L) 12:30 Trip to Library (S) 1:30 Prayer & Communion-St. Pats (GP) 3:00 Card Bingo (GP) 6:00 Poker Club (GP)	11:00 Theraband w/PowerBack (GP) 12:30 Google Earth (GP) Where did you Live 1:00 Blood Pressure Check (L) 1:15 Book Club (C) 2:00 Cardio Drumming (GP) 3:30 Chair Volleyball (C) 5:30 Therapy Dog Visit (CA) 6:00 Chicken Foot Dominoes (FL)	10:00 Mindful Meditation (L) 11:00 Protestant Service (GP) 11:00 Lunch at Sayulita Cocina (S) 12:30 Sit and Be Fit (GP) 2:30 Bingo (GP) 3:30 Rosary with St. Pat's (GP) 6:00 Euchre (GP) 6:00 Texas Hold'Em (GP)			