

# VALPARAISO SENIOR VILLGE

Memory Care

# September 2026

Life Enrichment Monthly Calendar

Activities are subject to change

| Sunday                                                                                                                                                                                                                                                  | Monday                                                                                                                                                                                                                                                                   | Tuesday                                                                                                                                                                                                                                                                                                                                                                                 | Wednesday                                                                                                                                                                                                                                          | Thursday                                                                                                                                                                                                                                                                                                              | Friday                                                                                                                                                                                                                                                                                         | Saturday                                                                                                                                                                                                                         |
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|                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                          | <p>2:30 - Stretch Exercise<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion and Devotional<br/>10:30 - Bible Stories w/Charlotte<br/><u>12:30 - Prize Bingo</u><br/>1:30 - Outside Time<br/>2:30 - New Resident Welcome Social<br/>5:00 - Evening Relaxation &amp; Refreshment</p> <p><b>1</b></p>                                                           | <p>9:30 - Let's Get Physical<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:30 - Scrapbooking<br/>2:00 - Hang Man<br/>3:00 - Snack &amp; Chat<br/>5:00 - Classic TV Shows</p> <p><b>2</b></p> | <p>9:30 - Strength Exercise<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles Discussion &amp; Devotional<br/>12:30 - Scrapbooking<br/>1:30 - Entertainment w/Joseph Hilliard (MDR)<br/>2:45 - Ice Cream Social<br/>5:00 - Evening Relaxation &amp; Refreshment</p> <p><b>3</b></p>                     | <p>9:30 - Morning Exercise w/ Robert<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:30 - Outside Time<br/>1:30 - Sensory Bins<br/>2:00 - Friday Movie and snacks<br/>5:00 - Jigsaw Puzzles</p> <p><b>4</b></p>                            | <p>9:30 - Sit &amp; Be Fit<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:00 - Color Pencil Art<br/>2:00 - Saturday Social<br/>3:00 - Music &amp; Coloring<br/>6:00 - Saturday Night Movie</p> <p><b>5</b></p> |
| <p>9:30 - Daily Chronicles, Discussion &amp; Devotional<br/>10:00 - Virtual Church Worship<br/>2:00 Coffee, Cocoa &amp; Creativity Club<br/>5:00 - Evening Relaxation &amp; Refreshment</p> <p><b>6</b></p>                                             | <p><b>Labor Day 7</b><br/>9:45 - Ball Drumming in Theater<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>10:30 - Communion<br/>12:30 - Manicure Monday<br/>2:00 - Pie &amp; Punch<br/>5:00 - Evening Relaxation &amp; Refreshment</p>                     | <p><b>Nat'l Ants on a Log 8</b><br/>9:30 - Stretch Exercise<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>10:30 Bible Stories w/Charlotte<br/><u>12:30 - Salty Snack Bingo</u><br/>1:30 - Entertainment w/Mary Beaubout (MDR)<br/>5:00 - Evening Relaxation &amp; Refreshment</p>                                                    | <p><b>9</b><br/>9:30 - Let's Get Physical<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles Discussion &amp; Devotional<br/>1:00 - Entertainment w/Gloria<br/>2:30 - Painting w/Bubble Wrap<br/>5:00 - Classic TV Shows</p>          | <p><b>Nat'l School Picture day/What I used to be 10</b><br/>9:30 - Strength Exercise<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:30 - Hang Man<br/>1:30 - Movie in Green Room<br/>2:00 - Ice Cream Social<br/>5:00 - Evening Relaxation &amp; Refreshment</p> | <p><b>11</b><br/>9:30 - Morning Exercise w/ Robert<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:45 - Scenic Bus Ride<br/>2:15 - Resident Council<br/>2:30 - Snacks &amp; Word in a Word<br/>5:00 - Jigsaw Puzzles</p>                   | <p><b>12</b><br/>9:30 - Sit &amp; Be Fit<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:00 - Color Pencil Art<br/>2:00 - Saturday Social<br/>3:00 - Music and Coloring<br/>6:00 - Saturday Night Movie</p>     |
| <p><b>Grandparent's Day 13</b><br/>9:30 - Daily Chronicles, Discussion &amp; Devotional<br/>10:00 - Virtual Church Worship<br/>11:00 - Family Brunch<br/>2:00 - Coffee, Cocoa &amp; Creativity Club<br/>5:00 - Evening Relaxation &amp; Refreshment</p> | <p><b>14</b><br/>9:30 - Monday Moves<br/>10:15 Daily Chronicles, Discussion &amp; Devotional<br/>10:30 - Communion<br/>12:30 - Movie Matinee &amp; Popcorn in Movie Theater<br/>2:00 -Snack &amp; Chat<br/>5:00 - Evening Relaxation &amp; Refreshment</p>               | <p><b>15</b><br/><u>9:30 - Price is Right</u><br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>10:30 -Bible Stories w/Charlotte<br/>12:45 - Culinary Showcase w/Chef Allen (High Side Dining Room)<br/>1:30 - Entertainment w/Bill Frudakis (MDR)<br/>2:30 - Create Center Coloring<br/>5:00 - Evening Relaxation &amp; Refreshment</p> | <p><b>16</b><br/>9:30 - Let's Get Physical<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>1:00 - Coloring pages &amp; Music<br/>2:00 - Jewelry Beading<br/>5:00 - Classic TV Shows</p>           | <p><b>17</b><br/>9:30 - Strength Exercise<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:30 - Hangman<br/>2:30 - Movie in Green Room and Ice Cream Social<br/>5:00 - Evening Relaxation &amp; Refreshment</p>                                                    | <p><b>18</b><br/>9:30 - Morning Exercise w/Robert<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:30 One on Ones<br/>1:30 - Getting Crafty<br/>2:30 - Friday Movie/Snacks<br/>5:00 - Jigsaw Puzzles</p>                                    | <p><b>19</b><br/>9:30 - Sit &amp; Be Fit<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:00 - Color Pencil Art<br/>2:00 - Saturday Social<br/>3:00 - Music and Coloring<br/>6:00 - Saturday Night Movie</p>     |
| <p><b>20</b><br/>9:30 - Daily Chronicles, Discussion &amp; Devotional<br/>10:00 - Virtual Church Worship<br/>2:00 - Coffee, Cocoa &amp; Creativity Club<br/>5:00 - Evening Relaxation &amp; Refreshment</p>                                             | <p><b>21</b><br/>9:45- Ball Drumming in Theater<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>10:30 - Communion<br/>12:30 - Yahtzee<br/>2:00 - Cookies &amp; Coffee w/our Vets (everyone is invited)<br/>5:00 - Evening Relaxation &amp; Refreshment</p> | <p><b>Nat'l Ice Cream Cone Day 22</b><br/>9:30 - Stretch Exercise<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>10:30 - Bible Stories w/Charlotte<br/><u>1:30 - Candy Bar Bingo</u><br/>2:30 - Let's Go Fishing Men's Social<br/>5:00 - Evening Relaxation &amp; Refreshment</p>                                                     | <p><b>23</b><br/>9:30 - Let's Get Physical<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>1:00 - Coloring and Music<br/>2:00 - Outside Time<br/>5:00 - Classic TV Shows</p>                      | <p><b>24</b><br/>9:30 - Strength Exercise<br/>:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:30 Word in a Word<br/>1:30 - Movie in Green Room<br/>2:00 - Ice Cream Social<br/>5:00 - Evening Relaxation &amp; Refreshment</p>                                          | <p><b>25</b><br/>9:30 - Morning Exercise w/Robert<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:30 - One on Ones<br/>1:30 - Bday Bash and Entertainment w/Maria Kovass (MDR)<br/>2:30 - Birthday Cupcakes!<br/>5:00 - Jigsaw Puzzles</p> | <p><b>26</b><br/>9:30 - Sit &amp; Be Fit<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>12:00 - Color Pencil Art<br/>2:00 - Saturday Social<br/>3:00 - Music and Coloring<br/>6:00 - Saturday Night Movie</p>     |
| <p><b>27</b><br/>9:30 - Daily Chronicles, Discussion &amp; Devotional<br/>10:00 - Virtual Church Worship<br/>2:00 - Coffee, Cocoa &amp; Creativity Club<br/>5:00 - Evening Relaxation &amp; Refreshment</p>                                             | <p><b>28</b><br/>9:30 - Monday Moves<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>10:30 - Communion<br/>12:30 - Tie Dye T-Shirts<br/>2:00 - Cookie Cart w/Jaclyn<br/>5:00 - Evening Relaxation &amp; Refreshment</p> | <p><b>29</b><br/>9:30 - Stretch Exercise<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>10:30 - Bible Stories w/Charlotte<br/><u>12:30 - Prize Bingo</u><br/>1:30 - Entertainment w/Kristi Alsip<br/>5:00 - Evening Relaxation &amp; Refreshment</p>                                                                                  | <p><b>30</b><br/>9:30 - Let's Get Physical<br/>10:00 - Morning Sip &amp; Chat<br/>10:15 - Daily Chronicles, Discussion &amp; Devotional<br/>1:00 - Balloon Tennis<br/>2:00 - Courtyard Snacks<br/>5:00 - Classic TV Shows</p>                      |                                                                                                                                                                                                                                                                                                                       |                                                                                                                                                                                                                                                                                                |                                                                                                                                                                                                                                  |