

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SIGN UP SHEETS FOR OUTINGS IN IL LOBBY & BY THE ACTIVITY ROOM *Manicure Sign Up sheet by the Activity Room*		*GINGER BDAY* 1 10:00 AM-Ball Drumming (AL) 10:30 AM-Church Services (FC) 1:00 PM-TOM HOFER MUSIC (FC) 2:00 PM-Dot to Dot-SELF LED(AR) 3:00 PM-Craft: Fall Wreath (AR) 5:30 PM-Cards Players’ Club(L)	BLUEBERRY POPSICLE DAY 2 9:30 AM-Bible Study (L) 10:30 AM-FOX Exercise Class (AL) 1:30-2:30 PM- BINGO (AL) 2:30 PM-BBB Sign up & practice (AL) 3:30 PM Manicures (S) 3:30 PM-SELF LED CRAFT & Puzzle (AR) 5:30 PM-Cards Players’ Club (L) 5:30 PM-Self led: Poker Night (IL 1st floor)	U.S. BOWLING LEAGUE DAY 3 9:30 AM-BOTANICAL GARDENS OUTING 10:00 AM-SELF LED Table Bowling (AR) 10:30 AM-BBB (AL) 1:00 PM Country Store (AL) 1:30 PM-BINGO (IL) 3:00 PM-NEIL HEWITT HH (FC) 5:30 PM-Cards Players’Club (L)	WILDLIFE DAY COLLEGE COLORS DAY 4 9:00 AM-GARAGE SALE OUTING 10:30 AM-Chair Stretches (AL) 1:30-2:30 PM-BINGO (AL) 2:30-3:30 PM-Movie of Choice (FC) 3:30-4:30 PM-SELF LED:Card Creating Table (AR) 3:00 PM-HH (IL) 5:30 PM-Cards Players’ Club(L)	HUMMINGBIRD DAY 5 CHEESE PIZZA DAY 9:00 AM-Coffee Hour (IL & AL) 10:00 AM-Movie of choice (FC) 1:00 PM-Coloring: SELF LED(AR) 2:00 PM-SELF LED Game Cart (AR) 3:00 PM-Walking Group 5:30 PM-Cards Players’ Club (L)
READ A BOOK DAY 6 COFFEE ICE CREAM 9:00 AM-Coffee Hour (IL & AL) 10:00 AM-Self Led Yard Connect Four (AR) 1:00 PM- Word Search: Self Led (AR) 2:00 PM- Book Club: Self Led(L) 3:30 PM- Walking Group 5:30 PM- Card Players’ Club (L)	LABOR DAY 7 SALAMI DAY BEER LOVER'S DAY 10:00 AM-Baking class with Haley-Banana bread (AR) 11:30 LABOR DAY GRILLOUT (AL) 1:30-2:30 PM-BINGO(AL) 2:30 PM-Beers & Sports group (L) 3:30 PM-Word search/Dot to Dot-SELF LED (AR) 5:30 PM-Cards Players’ Club (L)	ANTS ON A LOG 8 DAY 10:00 AM-Ball Drumming (AL) 10:30 AM-Church Services (FC) 1:00 PM-Spa and Manicures (S) 2:00 PM-Activity Planning Meeting(AR) 3:00 PM-Craft: Sunflower coasters (AR) 5:30 PM-Cards Players’ Club(L)	TEDDY BEAR DAY 9 9:30 AM-Bible Study (L) 10:30 AM-FOX Exercise Class (AL) 1:30-2:30 PM- Music BINGO (AL) 2:30 PM-TRUSTED TECH Presentation (AL) 3:30 PM-BBB Practice(AL) 5:30 PM-Cards Players’ Club (L) 5:30 PM-Self led: Poker Night (IL 1st floor end rom) 6PM-8PM BONDURANT FARMERS MARKET OUTING	SCHOOL PICTURE 10 DAY 9:30 AM-MANY HANDS THRIFT OUTING 10:30 AM-BBB (AL) 1:00 PM-Country Store (AL) 1:30-2:30 PM-BINGO (IL) 3:00 PM-RICK LUDWIG GAME SHOW ENTERTAINMENT (IL) 5:30 PM-Cards Players’Club (L)	PATRIOTIC DAY 11 10:30 AM -Chair Stretches (AL) 1:30-2:30 PM-BINGO (AL) 3:00 PM-HH (IL) 3:00 PM-9/11 Documentary (FC) 3:00 PM-Thank you Card Station & Moment of Silence (FC) 5:30 PM-Cards Players’ Club(L)	CHOCOLATE MILKSHAKE DAY 12 9:00 AM-Coffee Hour (IL & AL) 10:00 AM-Movie of choice (FC) 1:00 PM-Coloring: SELF LED(AR) 2:00 PM-SELF LED Game Cart (AR) 3:00 PM-Walking Group 5:30 PM-Cards Players’ Club (L)
GRANDPARENTS 13 DAY *ELSIE BDAY* 9:00 AM-Coffee Hour (IL & AL) 10:00 AM-Church Service with St. Croix (FC) 1:00 PM- Crossword: Self Led (AR) 2:00 PM- GRANDPARENTS' DONUT SOCIAL (AL) 3:30 PM- Walking Group 5:30 PM- Card Players’ Club (L)	CREAM-FILLED 14 DONUT DAY 10:30 AM-Chair Exercises (AL) 1:30-2:30 PM BINGO & Disco (AL) 2:30-3:30 PM SHINE BRIGHT PARADE 3:00 PM-HH by Bright Star 3:30 PM-Resident & Staff Picture Board-Then & Now (AL) 5:30 PM-Cards Players’ Club(L)	FELT HAT DAY 15 10:00 AM-Ball Drumming (AL) 10:30 AM-Church Services (FC) 1:00-3:00 PM-HH hosted by Suncrest and Memory Books(AL) 3:00 PM-Craft: Felt hat (AR) 5:30 PM-Cards Players’ Club(L)	GUACAMOLE DAY 16 9:30 AM-Bible Study (L) 10:30 AM-FOX Exercise Class-LIVE GAME DAY (AL) 1:30-2:30 PM- BINGO (AL) 2:30 PM-BBB Practice (AL) 3:00 PM-Kindness Painted Rocks-SELF LED (AR) 3:00 PM-Manicures (S) 3:00 PM-ALTOONA MOBILE LIBRARY(IL) 5:30 PM-Cards Players’ Club (L) 5:30 PM-Self led: Poker Night (IL 1st floor end)	*SHIRLEY F BDAY* 17 9:30 AM-Outing: Outlet mall 10:30 AM-BBB (AL) 1:00 PM-Country Store (AL) 1:30 PM-BINGO (IL) 2:00 PM-ANNIKA WILSON MUSIC: BIRTHDAY BASH (AL) 5:30 PM-Cards Players’ Club (L)	CHEESEBURGER 18 DAY 10:30 AM-Chair Stretches (AL) 1:30-2:30 PM-BINGO with Dessert (AL) 2:30 PM-Hallmark Card creating table-SELFLED(AR) 3:00 PM-HH hosted by Golden Concierge(IL) 3:00 PM-Movie of choice (FC) 4:00 PM-OUTING BEAVERDALE FALL CAR SHOW 5:30 PM-Cards Players’ Club (L)	WIFE 19 APPRECIATION DAY DANCE DAY 9:00 AM-Coffee Hour (IL & AL) 10:00 AM-Movie of choice (FC) 1:00 PM-Coloring: SELF LED(AR) 2:00 PM-SELF LED Game Cart (AR) 3:00 PM-Walking Group 5:30 PM-Cards Players’ Club (L)
PEPPERONI PIZZA 20 DAY 9:00 AM-Coffee Hour (IL & AL) 10:00 AM-Self Led Yard Connect Four (AR) 1:00 PM- Word Search: Self Led (AR) 2:00 PM- Book Club: Self Led(L) 3:30 PM- Walking Group 5:30 PM- Card Players’ Club (L)	PECAN COOKIE 21 DAY 10:30 AM-Chair Exercises (AL) 1:30-2:30 PM-BINGO(AL) Wine & Cheese 2:45 PM Baking group: Edible arrangements (AR) 3:30 PM-Family Recipe exchange (AR) 5:30 PM-Cards Players’Club (L)	ICE CREAM CONE 22 WHITE CHOC DAY *SOMO BDAY* 10:00 AM-Ball Drumming (AL) 10:30 AM-Church Services (FC) 12:00 PM-3:00 PM-BINGO OUTING 2:00 PM-Resident Council (AL) 3:15 PM-Craft::Hay Bail creation (AR) 5:30 PM-Cards Players’ Club(L)	23 9:30 AM-Bible Study (L) 10:30 AM-FOX Exercise Class (AL) 1:00 PM-BBB Game(TBD) 1:30-2:30 PM- BINGO (AL) 2:30 PM-Kindness Painted Rocks-SELF LED (AR) 3:00 PM-Magazine Browsing (AR) 5:30 PM-Cards Players’ Club (L) 5:30 PM-Self led: Poker Night (IL 1st floor end rom)	24 9:30 AM-ZOO OUTING 10:30 AM-BBB (AL) 1:00 PM-Country Store (AL) 1:30 PM-SELF LED Craft (AR) 1:30 PM-BINGO (IL) 3:00 PM-JEFF HANNA COMEDIAN HH (AL) 5:30 PM-Cards Players’ Club (L)	25 DAUGHTER'S *JOHNNA BDAY* *PATIENCED BDAY* 10:30 AM-Chair Stretches (AL) 1:30-2:30 PM-BINGO (AL) 2:30 PM-Card Creating Table-SELF LED 3:00 PM-HH (IL) 3:00 PM-Movie of choice (FC) 5:30 PM-Cards Players’ Club (L)	26 PANCAKE DAY 9:00 AM-Coffee Hour (IL & AL) 10:00 AM-Movie of choice (FC) 1:00 PM-Coloring: SELF LED(AR) 2:00 PM-SELF LED Game Cart (AR) 3:00 PM-Walking Group 5:30 PM-Cards Players’ Club (L)
CHOCOLATE MILK 27 DAY*JEAN C BDAY* 9:00 AM-Coffee Hour (IL & AL) 10:00 AM-Self Led Game Cart (AR) 1:00 PM- Word Search: Self Led (AR) 2:00 PM- Book Club: Self Led(L) 3:30 PM- Walking Group 5:30 PM- Card Players’ Club (L)	28 FAMILY DAY 10:30 AM-Chair Exercises (AL) 1:30-2:30 PM-BINGO(AL) 3:00 PM-RICHIE LEE MUSIC HH (FC) 5:30 PM-Cards Players’ Club (L)	29 COFFEE DAY *RON BDAY* 10:00 AM-Ball Drumming (AL) 10:30 AM-PRAIRE MEADOWES OUTING 10:30 AM-Church Services(FC) 1:00 PM-Manicures (S) 2:00 PM- Resident Council (IL) 3:00 PM-Craft: Yarn Pumpkins (AR) 5:30 PM-Cards Players’Club (L)	30 ORANGE SHIRT DAY 9:30 AM-Bible Study (L) 10:30 AM-FOX Exercise Class (AL) 1:00 PM-BBB Game (TBD) 1:30-2:30 PM- BINGO(AL) 2:30 PM-Kindness Painted Rocks: SELF LED (AR) 3:30 PM-Card Creating Table-SELF LED AR) 5:30 PM-Cards Players’Club (L) 5:30 PM-Self led: Poker Night (IL 1st floor end rom)		Always available to do between activites! Activity Room • Word Search • Dot to Dot • Simple Painting/Crafts • Newspaper • Magazines • Board games(UNO,Cards,Yahtzee, Checkers,Connect 4,Bean Bag toss,Dominoes, etc.) • Diamond Painting	

Calender Key:
AL-Assisted Living Dining
IL-Independent Living Dining

AR-Activity Room
FC-Front Common in AL
L-Library

S-Salon
HH-Happy Hour
P-Pub Bar in IL

BBB-Bean Bag Baseball

Life Enrichment Director:
Matthew Beminio-Mejia

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