

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31					1 10:00 Tovertafel Games- LR 11:00 Finish the Slogans- DR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 Animal Trivia- LR 7:00 "Lawrence Welk" (TV ch.16)
2 10:30 Adult Coloring- LR 11:30 The Daily Perk/Music-DR 1:30 "Little House"- LR 3:00 Spiritual Eldercare Video Church Service- LR	3 10:30 Tovertafel Games- LR 11:30 Soft Toss & Catch- LR 11:45 The Perk/ Music-DR 1:30 Make a Word- LR 2:30 Monday Movement- DR 3:00 This or That?- DR 4:00 Sing Along- LR	4 10:30 Ladies' Nail Polish- LR 11:00 Jigsaw Puzzle Pals- LR 11:45 The Perk/ Music-DR 1:30 Courtyard Conversations 2:30 Bean Bag Toss- DR 3:00 Noodle Ball- DR 4:00 Tell Me A Story- DR	5 10:30 Bible Study- DR 11:00 Handbells- DR 12:00 The Perk/ Music- DR 1:30 Whiteboard Games- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR	6 10:30 SuzieQ Sing Along-LR 11:15 Hearthside Book Club- DR 11:45 The Perk/ Music- DR 2:00 Thirsty Thursday-LR Name that Tune 3:00 Swat the Fly- DR 6:15 Stickman- LR	7 *9:45 Catholic Communion in AL 10:30 Color Your Faith- LR *11am Brukner Nature Center Live Animal Program in AL 11:45 The Perk/ Music-DR 1:30 Uno Card Game- LR 2:30 Bean Bag Toss- DR 3:30 Funny Friday videos- LR	8 10:00 Tovertafel Games- LR 11:00 This or That?- LR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 Toss Game Exercise- DR 7:00 "Lawrence Welk" (TV ch.16)
Amazing Race Week! 9 10:30 Around the World- DR 11:00 Guess Where- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Seated Stretches- LR 3:00 Spiritual Eldercare Video Church Service- LR 4:00"Amazing Race" highlight-LR	Amazing Race:Spain 10 SPANISH BREAKFAST! 10:30 Spain travelogue & Fun Facts- LR 11:00 Running of the Bulls!- LR 11:30 Spain Book Club- DR 1:30 Competition: Tomato Toss 2:15 Maracas Exercise- LR 4:30 The Perk- LR	Amazing Race: Italy 11 11:00 Competitions: Pasta ID and Fountain Coin Toss! 1:30 Tarantella Scarf Exercise-B 2:00 Soccer Kickball- DR 3-5pm Italian Ice Truck! ITALIAN DINNER	Amazing Race:Turkey 12 10:30 Ax Throwing & Tea Tasting Competition Games!- B TURKISH LUNCH! 1:00 Turkish travelogue- LR 2:30 Turkish Art- LR *3:00 Catholic Mass in AL	Amazing Race: 13 Germany 10:30 Pretzel String Game-LR & Competition Games 11:30 German Star Craft- DR 1:30 Germany travelogue- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR FAMILY NIGHT: German Dinner *RSVP up to 2 guest tickets by 7/3.	Amazing Race: 14 Australia 9:45 Catholic Communion in AL 10:30 Making Fairy Bread- DR AUSTRALIAN LUNCH! 1:30 Zip Lining/ Great Barrier Reef Fishing Fun in Australia! 3:00 Finish Line: Winning Team Puzzle Competition in AL	Amazing Race: 15 The Finish Line 10:00 Tovertafel Games- LR 10:30 World Exercises- LR 11:00 Name the Capitol- DR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- DR 2:30 Whiteboard Games- DR 7:00 "Lawrence Welk" (TV ch.16)
16 10:30 Adult Coloring-LR 11:00 Scrambled Words- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Swat the Fly- LR 3:00 Spiritual Eldercare Video Church Service- LR	17 10:30 Tovertafel: Bubbles- LR 11:00 Tie Dye in Courtyard! 1:30 Name that Tune-LR 2:30 Monday Movement- DR 3:00 Would you rather?- DR 4:00 Sing Along- LR	18 10:30 Ladies' Nail Polish - LR 11:00 Jigsaw Puzzle Pals- LR 11:45 The Perk/ Music-DR 1:30 Courtyard Conversations 2:00 Movie Outing to AL Theater: "Some Like It Hot" 4:00 Tell Me A Story- DR	19 10:30 Bible Study- DR 11:00 Handbells- DR 12:00 The Perk/ Music- DR *1:00 Spittin Image Live Music in AL 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR 4:00 Nature film- LR	20 10:30 SuzieQ Sing Along-LR 11:45 The Perk/ Music- DR 1:30 Show off your tie dye! 2:00 Thirsty Thursdays-LR 3:00 Swat the Fly- DR 6:15 Make a Word- LR	21 *9:45 Catholic Communion in AL 10:30 This or That?- LR 11:00 Color Your Faith- LR 11:45 The Perk/ Music-DR 2:30 Senior Music Connection: Live Interactive Music 3:30 Funny Friday videos- LR	22 10:00 Tovertafel Games- LR 10:30 Stickman- LR 11:00 Finish the Slogans- DR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 Toss Game Exercise- DR 7:00 "Lawrence Welk" (TV ch.16)
23 10:30 Coffee Talk -LR 11:00 Name 5- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Table Top Balloon Bop-DR 3:00 Spiritual Eldercare Video Church Service- LR	24 10:30 Tovertafel: - LR 11:00 Scrambled Words- LR 11:45 The Perk/ Music- DR 1:30 Hidden Pictures- LR 2:30 Monday Movement- DR 3:00 Keep It Moving- DR 4:00 Sing ALong- LR	25 10:30 Hymns Sing Along- LR 11:00 Adult Coloring- LR 11:45 The Perk/ Music-DR 1:30 Courtyard Conversations 3:00 Balloon Volleyball- DR 4:00 Tell Me A Story- DR	26 10:30 Bible Study- DR 11:00 Painted Craft- LR 12:00 The Perk/ Music- DR 1:30 Wheel of Fortune- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR 4:00 Kickball- DR	27 10:30 SuzieQ Sing Along-LR 11:15 Hearthside Book Club- DR 11:45 The Perk/ Music- DR 1:30 Ball Drop Game- LR 2:00 Thirsty Thursdays-LR 3:00 Kickball- DR 6:15 Stickman- LR	28 *9:45 Catholic Communion/Rosary in AL 10:30 Scrambled Words- LR 11:00 Jigsaw Puzzle Pals- LR 11:45 The Perk/ Music-DR 1:30 This or That? - LR 2:30 Golf Putter Game- LR 3:30 Funny Friday videos- LR	29 10:00 Tovertafel Games- LR 10:30 Name 5- DR 11:00 Finish the Slogans- DR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- DR 2:30 Whiteboard Games- DR 7:00 "Lawrence Welk" (TV ch.16)