

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Outing: Walmart 10:30 Balance in Action (TH) 11:00 Blood Pressure Clinic (W) 1:00 History Lectures with Jason Schmier (TH) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	2 10:30 Balance in Action (TH) 11:30 Musical Lecture Series (TH) 1:00 Spa Hour- Manicures, Hand Massages, & Facials (A) 3:00 Happy Hour (Pub)	3 10:30 Cardio Drumming (A) 11:30 Outing: Harvest Market 1:00 Activity Planning Meeting (A) 3:00 Quarter Bingo (A)	4 10:00 Seated Yoga (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 Craft Hour: Decorate a Water Bottle (B) 3:00 Game Hour: Bridge, Poker, Trivia Pursuit, Scrabble *Any Games* (A)	5 10:15 Coffee Bar & Mingle (NL) 12:00 Resident Led Games (A) 1:00 Movie: One Flew Over The Cuckoo's Nest (TH) 3:45 Active Fitness (B) 7:30 U of M vs. WMU (TH)
6 10:15 Coffee Bar & Daily Chronicles (NL) 11:00 Hope & Love Ministries (TH) 11:00 Church Outing: St. Andrew's The Apostle Catholic Church 1:00 Movie Matinee: Pompei (TH) 3:45 Weights & Stretching (B)	7 Labor Day 12:00 Labor Day Buffet (NL) 2:00 Grab & Go Labor Day Trivia (L)	8 9:30 or 10:30 Outing: Meijer 10:30 Balance in Action (TH) 11:00 Blood Pressure Clinic (W) 1:00 History Lectures with Jason Schmier (TH) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	9 9:00 Waffle Wednesday (MDR) 10:30 Balance in Action (A) 1:00 Spa Hour- Manicures, Hand Massages, & Facials (A) 3:00 Happy Hour (Pub)	10 10:30 Cardio Drumming (A) 11:30 Lunch Outing: Knights Steakhouse (Dexter Road) 1:00 September Birthday Bash (A) 3:00 Quarter Bingo (A)	11 Patriot Day 10:00 Seated Yoga (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 Live Entertainment Jerry Perrine (TH) 1:00 Letters to our Heroes (B) 2:00 Bible Study with Pastor Tom (A) 3:00 Game Hour: Bridge, Poker, Trivia Pursuit, Scrabble *Any Games* (A)	12 10:15 Coffee Bar & Mingle (NL) 12:00 Resident Led Games (A) 12:00 U of M vs. Oklahoma (TH) 3:45 Active Fitness (B)
13 Grandparents' Day 10:15 Donuts & Coffee (NL) 1:00 Movie Matinee: My Big Fat Greek Wedding I (TH) 11:00 Hope & Love Ministries (TH) 3:45 Weights & Stretching (B)	14 10:30 Seated Yoga & Stretching (A) 1:00 Live Entertainment with Al Firek (TH) 2:00 Grab & Go Daily Chronicles (L) 2:00 Milk Shake Mondays (NL) 3:00 Game Hour: Tripoley (A) 6:30 Classic Candy Bar Bingo (B)	15 9:30 Outing: Walmart 10:30 Balance in Action (TH) 11:00 Blood Pressure Clinic (W) 1:00 History Lectures with Jason Schmier (TH) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	16 10:30 Balance in Action (TH) 11:00 Pearle Vision Free Glasses Adjustments (B) 1:00 Spa Hour- Manicures, Hand Massages, & Facials (A) 3:00 Happy Hour- Dip Party Pot Luck (Pub/NL)	17 10:30 Cardio Drumming (A) 11:30 Outing: Three Cedars Farm 1:00 Culinary Showcase with Chef Mike (A) 1:30 Musical Lecture Series (TH) 3:00 Quarter Bingo (A)	18 10:00 Seated Yoga (A) 10:45 Catholic Communion (TH) 12:00 Library Book Cart (NL) 1:00 Veteran's Club & Coffee Hour with American Legion Post 46 (B) 3:00 Game Hour: Bridge, Poker, Trivia Pursuit, Scrabble *Any Games* (A)	19 10:15 Coffee Bar &Mingle (NL) 12:00 Resident Led Games (A) 3:30 U of M vs. UTEP (TH) 3:45 Active Fitness (B)
20 10:15 Coffee Bar & Daily Chronicles (NL) 11:00 Hope & Love Ministries (TH) 1:00 Movie Matinee: Breakfast at Tiffanies (TH) 3:45 Weights & Stretching (B)	21 10:30 Seated Yoga & Stretching (A) 1:00 Grab & Go Daily Chronicles (L) 2:00 Milk Shake Mondays (NL) 3:00 Game Hour: Tripoley (A) 6:30 Classic Candy Bar Bingo (B)	22 9:30 or 10:30 Outing: Meijer 10:30 Balance in Action (TH) 11:00 Blood Pressure Clinic (W) 1:00 History Lectures with Jason Schmier (TH) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	23 10:30 Balance in Action (TH) 1:00 Spa Hour- Manicure, Hand Massages & Facials (A) 2:00 Wellness Chat with Tayler & Katie (B) 3:00 "Pumpkin Spice & Everything Nice" Happy Hour (Pub) *Specialty Drink: Caramel Apple Sangria*	24 10:30 Cardio Drumming (A) 11:30 Fall Decor Shopping Outing: HomeGoods 1:00 Resident Forum (TH) 2:00 Book Club (B) 3:00 Quarter Bingo (A)	25 10:00 Seated Yoga (A) 10:45 Catholic Mass (TH) 12:00 Library Book Cart (NL) 1:00 Craft Hour: Fall Wreath (B) 3:00 Game Hour: Bridge, Poker, Trivia Pursuit, Scrabble *Any Games* (A)	26 10:15 Coffee Bar & Mingle (NL) 12:00 Resident Led Games (A) 3:45 Active Fitness (B) TBD U of M vs. Iowa (TH)
27 10:15 Coffee Bar & Daily Chronicles (NL) 11:00 Hope & Love Ministries (TH) 1:00 Movie Matinee: Eve's Bayou (TH) 3:45 Weights & Stretching (B)	28 10:30 Seated Yoga & Stretching(A) 1:30 Live Entertainment with Cellist Liz Collins (TH) 2:00 Milk Shake Mondays (NL) 3:00 Game Hour: Tripoley (A) 6:30 Classic Candy Bar Bingo (B)	29 National Coffee Day 9:30 Outing: Walmart 10:00 Coffee & Conversations (B) 10:30 Balance in Action (TH) 1:00 History Lectures with Jason Schmier (TH) 3:00 Quarter Bingo (A) 6:45 Resident Led Scrabble (A)	30 10:30 Balance in Action (TH) 1:00 Spa Hour- Manicure, Hand Massages & Facials (A) 3:00 Happy Hour (Pub)			

Calender Key:
A – Community Room A
B - Community Room B
TH - Theater

NL - North Lobby
SL - South Lobby
MDR - Main Dining Room
Pub - Pub

CY - Courtyard
AL - Assisted Living
MC - Memory Care
W - Wellness Desk

L - Independent Library
PDR - Private Dining Room
ELDR - Enhanced Living
Dining Room

Questions? Call the front
desk at 734-295-1100.