

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 2:30-BBB Practice (T) 3:30-Billards & Beer (GR) 6:00-Walking Club (FL)	2 9:30-Shopping Outing (O) 10:30-Chair Yoga (WC) 2:00-Bible Study (SS) 3:00-Live Entertainment: David Watson (T) 6:30-Movie Night (T)	3 10:30-Cardio Drumming (WC) 1:30-BINGO (T) 3:00-Resident Council (T)	4 10:30-Parkinson's Exercise (WC) 11:00-Garden Club (SS) 1:00-BBB Practice (T) 1:30-Card Club (B) 3:00-Jimmy Buffett Happy Hour (B)	5 10:00-Weekend Warrior: Sit & be Fit (WC) 11:00-Board Game Bonanza (B) 1:30-Dominos (DR)
6 11:00-Catholic Mass(T) 1:30-Dominos (B) 2:00-Sunday Funday: Game Day (T)	7 Labor Day 10:30-Sit & be Fit (WC) 1:00-Sip & Craft (ART) 1:30-Dominos (B) 3:00-Trivia: Labor Day	8 Marilyn B. Birthday Desi R. Birthday 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 1:00-Parkinson's Support Group (SS) 2:30-BBB Practice (T) 3:30-Billards & Beer (GR) 6:00-Walking Club (FL)	9 9:30-Shopping Outing (O) 10:30-Chair Yoga (WC) 11:00-Move in Momentum Info (T) 2:00-Bible Study (SS) 3:00-Apple Palooza (MC) 3:00-Resident Activity Advisory Council (RAAC) (SS) 6:30-Movie Night (T)	10 10:00-Culinary Forum (T) 10:30-Cardio Drumming (WC) 11:00-Kraft with Kayla (ART) (our Executive Director) 1:30-BINGO (T) 2:30-Mobile Cart: Fall Preview	11 Patriot Day 10:30-Parkinson's Exercise (WC) 11:00-Garden Club (SS) 1:00-BBB Practice (T) 1:30-Card Club (B) 3:00-A Toast to Remembrance Happy Hour (B) 6:30-9/11 Documentary	12 Iowa vs. Iowa State 10:00-Weekend Warrior: Sit & be Fit (WC) 11:00-Board Game Bonanza (B) 1:30-Dominos (DR) 6:30-Iowa vs ISU Football Game (T)
13 Grandparents Day 11:00-Catholic Mass(T) 1:30-Dominos (B) 2:00-Sunday Funday: Game Day (T)	14 Assited Living Week 10:30-Sit & be Fit (WC) 1:00-Mesage in a Bottle: Time Capsule (T) 1:30-Dominos (B) 3:00-Triva: How well do you know your Community?	15 Assited Living Week 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 2:30-BBB Practice (T) 3:30-Billards & Beer (GR) 6:00-Walking Club (FL)	16 Assited Living Week 9:30-Shopping Outing (O) 10:30-Chair Yoga (WC) 2:00-Bible Study (SS) 3:00-Snacktivities (T) 6:30-Movie Night (T)	17 Assited Living Week 9:00-Car Club (SS) 10:30-Cardio Drumming (WC) 1:30-Booze & BINGO (T) 3:00-Resident Forum	18 Assited Living Week Cleoris & Dave Braland Birthday 10:30-Parkinson's Exercise (WC) 11:00-Garden Club (SS) 1:00-BBB Practice (T) 1:30-Card Club (B) 3:00-Grandparents's Day Happy Hour (B)	19 Donna Jones 100th Birthday 10:00-Weekend Warrior: Sit & be Fit (WC) 11:00-Board Game Bonanza (B) 1:30-Dominos (DR)
20 Marcia G. Birthday 11:00-Catholic Mass(T) 1:30-Dominos (B) 2:00-Sunday Funday: Game Day (T)	21 10:30-Sit & be Fit (WC) 1:00-Sip & Craft (ART) 1:30-Dominos (B) 3:00-Trivia: Autumn Edition	22 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 10:00-Fall Fest (IVA) 2:30-BBB Practice (T) 2:00-Fall Fest (IVA) 6:00-Walking Club (FL)	23 9:30-Shopping Outing (O) 10:30-Chair Yoga (WC) 11:00-Move in Momentum Info (T) 2:00-Bible Study (SS) 3:00-Resident Activity Advisory Council (RAAC) (SS) 6:30-Movie Night (T)	24 10:30-Cardio Drumming (WC) 1:30-BINGO (T) 3:00-Talent Show & Tell (T)	25 10:30-Parkinson's Exercise (WC) 11:00-Garden Club (SS) 1:00-BBB Practice (T) 1:30-Card Club (B) 3:00-New Resident & September Birthday's Happy Hour (B)	26 Toots K. Birthday 10:00-Weekend Warrior: Sit & be Fit (WC) 11:00-Board Game Bonanza (B) 1:30-Dominos (DR)
27 11:00-Catholic Mass(T) 1:30-Dominos (B) 2:00-Sunday Funday: Game Day (T)	28 10:30-Sit & be Fit (WC) 1:00-Sip & Craft (ART) 1:30-Dominos (B) 3:30-Live Entertainment: Neil Hewitt (T)	29 10:00-Catholic Mass (T) 10:30-PowerBack Fitness (WC) 2:30-BBB Practice (T) 3:30-Billards & Beer (GR) 6:00-Walking Club (FL)	30 Sandy F. Birthday 9:30-Shopping Outing (O) 10:30-Chair Yoga (WC) 2:00-Bible Study (SS) 3:00-Get to know the Chef (B) 6:30-Movie Night (T)			