

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:30 Tovertafel Table - LR 11:00 Chicken Soup Stories- LR 11:45 The Perk/ Music-DR 1:30 Courtyard Conversations 2:30 Exercise Toss Game- DR 3:00 Balloon Volleyball- DR	2 10:30 September Word Games- LR 11:00 Sing Along- LR 11:30 Vintage USA Soundbites-LR 12:00 The Perk/ Music- DR 1:30 Wheel of Fortune- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR	Remembering Dolly 3 10:30 Dolly Sing Along- LR 11:15 Hearthside Book Club- DR 11:45 The Perk/ Music- DR 1:30 Scenic Bus Ride Outing 2:00 Thirsty Thursday-LR 3:00 Keep It Moving- LR 3:30 Dolly Parton movie- LR	4 *9:45 Catholic Communion/Rosary in AL 10:30 Tovertafel Games -LR 10:30 Music Exercise- LR! 1:30 Celebrating September Birthdays! 3:00 Pets funny videos- LR	4 10:30 USA Word Games- LR 11:30 The Daily Perk/Music-DR 1:45 Patriotic Music Exercise-LR 2:30 Adult 4 th July Coloring-LR *8:00 "Macy's 250 th Fireworks Celebration" (TV ch.7)
10:30 Adult Coloring- LR 11:30 The Daily Perk/Music-DR 1:30 "Little House"- LR 3:00 Spiritual Eldercare Video Church Service- LR	Labor Day 7 10:30 Tovertafel: Leaves- LR 11:00 Five Clues: Guess the Job- B 11:45 The Perk/ Music-DR 1:30 Make a Word- LR 2:30 Monday Movement- DR 3:00 This or That?- DR 4:00 Labor Day Sing Along- LR	8 10:30 Ladies' Nail Polish- LR 11:00 Jigsaw Puzzle Pals- LR 11:45 The Perk/ Music-DR 1:30 Courtyard Conversations 2:30 Bean Bag Toss- DR 3:00 Noodle Ball- DR	NFL Kickoff Day! 9 10:30 Bible Study- DR 11:00 Handbells- DR 12:00 The Perk/ Music- DR 1:30 Football Fun- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR *3pm Catholic Mass in AL 3:15 Bingo- DR *8:20 NFL Season Opener on NBC tv	10 10:30 Movie Outing to AL Theater (walking outing) 11:15 Hearthside Book Club- DR 11:45 The Perk/ Music- DR 1:30 2:00 Thirsty Thursdays-LR 3:00 Football Follies- DR	11 *9:45 Catholic Communion/Rosary in AL 10:30 Color Your Faith- LR *11am Brukner Nature Center in AL 11:45 The Perk/ Music-DR 1:30 Uno Card Game- LR 2:30 Bean Bag Toss- DR 3:30 Funny Friday videos- LR	12 10:00 Tovertafel Games- LR 10:30 - DR 11:00 Finish the Slogans- DR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 Animal Trivia- LR 7:00 "Lawrence Welk" (TV ch.16)
Assisted Living Week 13 10:30 Dice Game- DR 11:00 Guess Who- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Table Top Balloon Bop-DR 3:00 Spiritual Eldercare Video Church Service- LR	Disco Shine Day 14 10:30 Tovertafel: Silverware- LR 11:00 Scrambled Words- LR 11:45 The Perk/ Music- DR 1:30 Finish the Phrase- LR 2:30 Seated Disco Exercise- LR 3:00 Keep It Moving- DR 4:00 Sing Along- LR	Shine Your Light Day 15 10:30 Chicken Soup Stories - LR 11:00 Card Making- LR 11:45 The Perk/ Music-DR 1:30 Courtyard Conversations 2:30 Exercise Toss Game- DR 3:00 Balloon Volleyball- DR	Shining Seas Day 16 10:30 Bible Study- DR 11:00 Sea Painting Craft- LR 12:00 The Perk/ Music- DR *1pm Live Music in AL 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR 4:00 Kickball- DR	Enjoy the Sunshine 17 10:30 Sunny Sing Along-LR 11:15 Hearthside Book Club- DR 11:45 The Perk/ Music- DR 1:30 Tiki Truck out front frozen treats for all! Sponsored by DayCity Hospice 3:00 Sun Catchers- LR 6:15 Golf Putter Game- LR	Shining Stars Day 18 *9:45 Catholic Communion/Rosary in AL 10:30 Hidden Pictures- LR 11:00 Jigsaw Puzzle Pals- LR 11:45 The Perk/ Music-DR 1:30 Tovertafel: Bubbles- LR 2:30 Interactive Music Session with Krissy/ SMC- DR 3:30 Funny Friday videos- LR	Shine Bright Day 19 10:00 Tovertafel Games- LR 10:30 Name 5- DR 11:00 Finish the Slogans- DR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- DR 2:30 Whiteboard Games- DR 7:00 "Lawrence Welk" (TV ch.16)
20 10:30 Adult Coloring-LR 11:00 Scrambled Words- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Swat the Fly- LR 3:00 Spiritual Eldercare Video Church Service- LR	21 10:30 Tovertafel: Beach- LR 11:00 Name 5- LR 11:45 The Perk/ Music- DR 1:30 Chicken Soup Stories-LR 2:30 Monday Movement- DR 3:00 Would you rather?- DR 4:00 Sing Along- LR	Autumn begins! 22 10:30 Ladies' Nail Polish - LR 11:00 Jigsaw Puzzle Pals- LR 11:45 The Perk/ Music-DR 1:30 Courtyard Conversations 2:00 Bus Ride Outing	23 10:30 Bible Study- DR 11:00 Handbells- DR 12:00 The Perk/ Music- DR 1:30 Dice Game- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR 4:00 Nature film- LR	24 10:30 SuzieQ Sing Along-LR 11:45 The Perk/ Music- DR 1:30 Live Zoom Music with Alexis "Folk Songs of America" 2:00 Thirsty Thursdays-LR 3:00 Swat the Fly- DR 6:15 Stickman- LR	25 *9:45 Catholic Communion/Rosary in AL 10:30 Guess Who- LR 11:00 Color Your Faith- LR 11:45 The Perk/ Music-DR 1:30 Bean Bag Toss- LR 2:30 Indoor Ice Cream Truck 3:30 Funny Friday videos- LR	26 10:00 Tovertafel Games- LR 10:30 Stickman- LR 11:00 Finish the Slogans- DR 11:30 The Daily Perk/Music-DR 1:45 Cardio Drumming- LR 2:30 Toss Game Exercise- DR 7:00 "Lawrence Welk" (TV ch.16)
27 10:30 Coffee Talk -LR 11:00 Name 5- LR 11:30 The Daily Perk/Music-DR 1:30 Seated Stretches- LR 2:00 Table Top Balloon Bop-DR 3:00 Spiritual Eldercare Video Church Service- LR	28 10:30 Tovertafel: Silverware- LR 11:00 Uno Card Game- LR 11:45 The Perk/ Music- DR 1:30 Make a Word- LR 2:30 Monday Movement- DR 3:00 Keep It Moving- DR 4:00 Sing Along- LR	29 10:30 Hymns Sing Along- LR 11:00 Adult Coloring- LR 11:45 The Perk/ Music-DR 1:30 Courtyard Conversations 3:00 Balloon Volleyball- DR	30 10:30 Bible Study- DR 11:00 Painted Craft- LR 12:00 The Perk/ Music- DR 1:30 Wheel of Fortune- LR 2:30 Exercise with Lauryn from Total Care Therapy-DR 3:15 Bingo- DR 4:00 Kickball- DR	30 10:30 Country Along-LR 11:15 Hearthside Book Club- DR 11:45 The Perk/ Music- DR 1:30 Ball Drop Game- LR 2:00 Thirsty Thursdays-LR 3:00 Kickball- DR 6:15 Stickman- LR		

Calendar Key:
*Activities listed as "in AL" take place in the other side of the building. If you would

like to attend these events, please let a staff member know so we can make arrangements as needed.

DR= dining room
LR= living room
C= courtyard

Therapy dogs visit 4-6x per month.

SUNSHINE ALERT: On nice days, group activities may be moved outdoors or substituted with outdoor activities.

