White Lake
Memory Care

September 2026

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00am Stretch and Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Mushroom Fairy Lanterns craft (CR) 4:00 pm	**2** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:00pm Jenga 4:00pm Group Puzzle	**3** 10:00am Stretch and Tone 10:30pm Coffee & Chronicles 11:00am The Price is Right 1:30pm Praising Harmonica (CR) 4:00pm Creative Coloring	**Wear Red Friday** **4** 10:30am Stretch & Tone 11:00am Coffee and Chronicles 1:30pm Goodies on the Go Mobile Cart (RTR) 4:00pm	**5** 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:00pm Help Clean up Lunch 1:30pm Bingo (CR) 6:00pm Hand Massages
6 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:00pm Activity Corner 4:00pm Help set up for Dinner 6:00pm Movie Night	**Happy Labor Day** **7** 10:30am Stretch & Tone 11:00am Coffee and Chronicles 1:00pm Chalk Drawing Outside On Patio 4:00pm Ring Toss	**8** 10:00am Stretch and Tone 10:30am Coffee and Chronicles 11:00am The Price is Right 1:30pm Orange and Cinnamon Mushrooms Craft (CR) 4:00pm Group Puzzle	**9** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 2:00pm Music by Dr. Joe (IL) 4:00pm Musical Insterment Hour	**10** 10:00am Stretch and Tone 10:30am Coffee and Chronicles 11:00am The Price is Right 1:30pm Fancy Fingers (CR) 4:00pm Hand Ball	**Wear Red Friday** **11** 9:00am Moment of Silence in Remembrance of 9/11 10:30am Stretch & Tone 11:00am Coffee and Chronicles 1:00pm Balloon Volleyball 4:00pm Word Search	**12** 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:00pm Help Clean up Lunch 1:30pm Bingo 6:00pm Hand Massages
National Grandparent Day **13** 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:00pm Activity Corner 4:00pm Help set up for Dinner 6:00pm Movie Night	**14** 10:00am Stretch & Tone 10:30am Coffee and Chronicles 11:00am The Price is Right 1:30pm Resident Council (CR) 4:00pm Bowling	**15** 10:00am Stretch and Tone 10:30am Coffee and Chronicles 11:00am The Price is Right 1:30pm PipeCleaner Mushroom Craft (CR) 4:00pm Memory Card Game	**16** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 2:00pm Kitchen Cabinet (CR) 4:00pm Balloon VolleyBall	**17** 10:00am Stretch and Tone 10:30am Coffee and Chronicles 11:00am The Price is Right 1:30om Bingo on the Rocks (CR) 4:00pm Bean Bag Toss	**Wear Red Friday** **18** 10:30am Stretch & Tone 11:00am Coffee and Chronicles 1:00pm Cleaning out the Garden Beds 4:00pm Group Puzzle	**19** 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:00pm Help Clean up Lunch 1:30pm Bingo 6:00pm Hand Massages
20 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:00pm Activity Corner 4:00pm Help set up for Dinner 6:00pm Movie Night	**Happy Birthday!!!!!** **21** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 12:00pm September Birthdays and New Resident Welcome Party (CR)	**22** 10:00am Stretch and Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 1:30pm Hot Glue Mushroom Craft (CR) 4:00pm Crossword Puzzles	**23** 10:00am Stretch & Tone 10:30am Coffee & Chronicles 11:00am The Price is Right 2:00pm Culinary Showcase (CR) 4:00pm Painting	**24** 10:00am Stretch and Tone 10:30 Coffee & Chronicles 11:00am The Price is Right 1:30pm Bingo on the Rocks (CR) 4:00pm Jenga	**Wear Red Friday** **25** 10:30am Stretch & Tone 11:00am Coffee and Chronicles 1:30pm Fancy Fingers (CR) 4:00pm Hand Ball 6:00pm Help Clean up Dinner	**26** 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:00pm Help Clean up Lunch 1:30pm Bingo 6:00pm Hand Massages
27 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:00pm Activity Corner 4:00pm Help set up for Dinner 6:00pm Movie Night	**28** 10:00am Stretch & Tone 10:30am Coffee and Chronicles (CR) 11:00am The Price is Right 1:30pm Sweet Creations Club (CR) 4:00pm Group Puzzle	**29** 10:30am Stretch and Tone 11:00am Coffee and Chronicles 1:30pm Japanese Cherry Blossom Craft (CR) 4:00pm Jenga	**30** 10:00am Stretch & Tone 10:30am Coffee & Chronicle 11:00am The Price is Right 1:00pm Farmer's Market (CR) 4:00pm Bean Bag Toss			

Calender Key:
FL– Front Living Room
CR – Community Room
IL – Independent Living

CY – Courtyard
FP – Front Patio
P – Pergola
RTR – Room to Room

Resident's Birthday's
8th Carol #19
9th Sandra #20
14th Joann #21

WHITE LAKE
BY STORYPOINT GROUP