

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30-Daily Chronical 10:00 Catholic Mass (T) 11:00-Garden Club 2:30-BBB Practice (T) 6:30-Wind Down Activity	2 9:30-Daily Chronical 10:00-Chair Yoga 3:00-Live Entertainment: David Watson (T) 6:30-Wind Down Activity	3 9:30-Daily Chronical 10:00 Cardio Drumming 10:30 Fall Spruce-Up 1:00-Movie	4 9:30-Daily Chronical 10:00-Balloon Volleyball 1:00-BBB Practice (T) 3:00-Jimmy Buffett Social (B) 6:30-Wind Down Activity	5 10:00-Sit and Be Fit 12:30-Daily Chronical 1:00-Creative Corner: Fall Wreaths
6 11:00 Catholic Mass (T) 12:30-Daily Chronical 3:00-Manicures 6:30-Wind Down Activity	7 Labor Day 9:30-Daily Chronical 1:00-Bingo 2:00-Yard Game 6:30-Wind Down Activity	8 Marilyn B. Birthday 9:30-Daily Chronical 10:00 Catholic Mass (T) 11:00-Garden Club 2:30-BBB Practice (T) 6:30-Wind Down Activity	9 9:30-Daily Chronical 10:00-Chair Yoga 3:00- Apple Palooza 6:30-Wind Down Activity	10 9:30-Daily Chronical 10:00 Cardio Drumming 1:00-Movie	11 Patriot Day 9:30-Daily Chronical 10:00-Balloon Volleyball 1:00-BBB Practice (T) 3:00-A Toast to Remembrance Social (B) 6:30-Wind Down Activity	12 Iowa vs Iowa State 10:00-Sit and Be Fit 12:30-Daily Chronical 1:00-Creative Corner: No Sew Blanket 6:30-Iowa vs ISU Football Game (T)
13 Grandparents Day 11:00 Catholic Mass (T) 12:30-Daily Chronical 3:00-Manicures 6:30-Wind Down Activity	14 9:30-Daily Chronical 1:00-Bingo 2:00-Yard Game 6:30-Wind Down Activity	15 9:30-Daily Chronical 10:00 Catholic Mass (T) 11:00-Garden Club 2:30-BBB Practice (T) 6:30-Wind Down Activity	16 9:30-Daily Chronical 10:00-Chair Yoga 2:00-Sweet Creations 6:30-Wind Down Activity	17 9:30-Daily Chronical 10:00 Cardio Drumming 1:00-Movie	18 9:30-Daily Chronical 10:00-Balloon Volleyball 1:00-BBB Practice (T) 3:00-Grandparents's Day Social (B) 6:30-Wind Down Activity	19 10:00-Sit and Be Fit 12:30-Daily Chronical 1:00-Creative Corner
20 11:00 Catholic Mass (T) 12:30-Daily Chronical 3:00-Manicures 6:30-Wind Down Activity	21 9:30-Daily Chronical 1:00-Bingo 2:00-Yard Game 6:30-Wind Down Activity	22 9:30-Daily Chronical 10:00 Catholic Mass (T) 10:00-Fall Fest (IVA) 11:00-Garden Club 2:30-BBB Practice (T) 6:30-Wind Down Activity	23 9:30-Daily Chronical 10:00-Chair Yoga 2:00-Sweet Creations 6:30-Wind Down Activity	24 9:30-Daily Chronical 10:00 Cardio Drumming 1:00-Movie 3:00-Friday Night Lights (on Thursday) (FL, B, BP)	25 9:30-Daily Chronical 10:00-Balloon Volleyball 1:00-BBB Practice (T) 3:00-New Resident & September Birthday's Social (B) 6:30-Wind Down Activity	26 10:00-Sit and Be Fit 12:30-Daily Chronical 1:00-Creative Corner
27 11:00 Catholic Mass (T) 12:30-Daily Chronical 3:00-Manicures 6:30-Wind Down Activity	28 9:30-Daily Chronical 1:00-Bingo 2:00-Yard Game 3:00-Live Entertainment: Neil Hewitt (T) 6:30-Wind Down Activity	29 9:30-Daily Chronical 10:00 Catholic Mass (T) 11:00-Garden Club 2:30-BBB Practice (T) 6:30-Wind Down Activity	30 9:30-Daily Chronical 10:00-Chair Yoga 2:00-Sweet Creations 6:30-Wind Down Activity			