

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 AM Communion(L) 10:30 AM Walking Club 1:00 PM Activity Meeting! (B) 2:00 PM Bible Study (L) 3:00 PM Chair Volleyball! (AA)	2 10:00 AM Chair Yoga (AA) 1:00 PM Bingo! (D) 2:00 PM Bean Bag Baseball at Ankeny Independence Village! (OS) 4:00 PM Trivia! (AA)	3 10:00 AM Walking Club (AA) 11:00 AM Manicures! (AO) 1:00 PM Art with Angela! (D) 2:00 PM Movie Matinee! (T)	4 10:00 AM Veteran's Coffee & Donuts! (B) 11:00 AM Franklin Library! (OS) 1:00 PM Bingo! (B) 2:00 PM Happy Hour! 3:00 PM Taylor King Performs!	5 10:00 AM Coffee & Donuts with Friends! (L)
6 10:00 AM Church Service-TV	Labor Day! 7 10:00 AM Walking Club 10:30 AM Lunch Bunch! - Tasty Tacos! 1:00 PM Bingo! 2:00 PM Wheel Wash! (P) 3:00 PM Water Fight!	8 10:00 AM Communion(L) 10:30 AM Walking Club 1:00 PM Activity Meeting! (B) 2:00 PM Bible Study (L) 3:00 PM Chair Volleyball! (AA)	9 10:00 AM Walking Club! (AA) 11:00 AM Name That Tune! (AA) 1:00 PM Bingo! (D) 2:00 PM Treats and Travelogue! Czech Republic! (T) 3:00 PM Wheel of Fortune! (T)	10 9:30 AM Walking Club (AA) 11:00 AM Manicures! (AO) 1:00 PM Art with Angela! (D) 2:00 PM Movie Matinee! (T)	11 9:30 AM Chair Yoga! 10:00 AM Des Moines Art Center (OS) 1:00 PM Bingo! (B) 2:00 PM Happy Hour! (B) 3:00 PM Rick Ludwig Performs! (B)	12 10:00 AM Coffee & Donuts with Friends! (L) 6:00 PM TAILGATE PARTY FOR CYCLONES VS HAWKEYES! (T)
NATIONAL ASSISTED LIVING WEEK! 13 10:00 AM Church Service-TV	NAL WEEK 14 9:30 AM Chair Yoga (AA) 10:00 AM TYE DYE SHIRTS!!! (AA) 1:00 PM Bingo! (D) 2:00 PM Scenic Drive (OS)	15 10:00 AM Communion (L) 11:00 AM Chair Volleyball! (AA) 1:00 PM Resident Council Meeting/Town Hall (B) 2:00 PM Snack and Learn with Emilie! (DR) 3:00 PM Diamond Art (DR)	16 NAL WEEK 9:30 AM Chair Yoga (AA) 1:00 PM Bingo! - DR 2:00 PM Art with Kayla! (DR) 3:00 PM Wheel of Fortune! (DR)	17 NAL WEEK 9:30 AM Walking Club (AA) 10:00 AM Manicures (AA) 1:00 PM Art w/ Angela (DR) 2:00 PM Movie Matinee (T) 4:00 PM Manicures (AO)	18 NAL WEEK 10:00 AM Walking Club! 11:00 AM Lunch Bunch!- Culver's! (OS) 1:00 PM Tom Hofer Performs Birthday Bash! 2:00 PM Bingo! (B)	19 NAL WEEK 9:30 AM Coffee & Donuts with Friends at the Beaverdale Fall Fest Parade!
20 10:00 AM Church Service-TV	21 9:30AM Chair Yoga (AA) 10:30AM Beanbag Baseball Game! (AA) 1:00 PM Bingo! (D) 2:00 PM Scenic Drive (OS)	22 FALL EQUINOX 10:00 AM Communion (L) 11:00 AM Fast Feet Frenzy! 1:00 PM Beers & Bingo at Kettlestone! (OS) 3:00 PM Fall Wreaths! (D)	23 9:30 AM Chair Yoga (AA) 10:30 AM Hang Man! (AA) 1:00 PM Bingo! (D) 2:00 PM Yahtzee! 3:00 PM Wheel of Fortune! (T)	24 9:30 AM Walking Club (AA) 10:00 AM Manicures (AO) 1:00 PM Uno Card Tournament! 2:00 PM Movie Matinee! (T)	25 9:30 AM Chair Yoga! 10:00 AM Pumpkin Patch Outing! 1:00 PM Bingo! (B) 2:00 PM Happy Hour with Jody! (B) 3:00 PM Dave Watson! (B)	26 10:00 AM Coffee & Donuts with Friends! (L)
27 10:00 AM Church Service-TV	28 10:00 AM Walking Club! (AA) 11:00 AM Shopping at Walmart 1:00 PM Bingo! (D) 2:00 PM Scenic Drive (OS)	29 10:00 AM Communion (L) 10:30 AM Prairie Meadows! (OS) 2:00 PM Bible Study (L) 3:00 PM Diamond Art (AO)	30 9:30 AM Chair Yoga (AA) 10:30 AM Hang Man! (AA) 1:00 PM Bingo! (D) 2:00 PM Beanbag Baseball! (AA) 3:00 PM Wheel of Fortune! (T)			

Calender Key:
A A- Activity Annex
B- Bistro
BR-Bar

P-Patio
L- Lobby
D- Dining Room
T- Theater

AO- Activity Office
L – Library
OS- Off Site

Questions or suggestions
please call Angela at 515-
664-8908

Or email me at:
angela.hunt-mitera@
storypoint.com

Shuttle Services for Medical
Appointments can be
scheduled through the nurse!
515-975-1933