

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30 Chair Yoga (CR) 10:30 Wellness Chat w/ Arielle (CR) 11:15 Book Club (CR) 2:00 Manicures (CR) 6:30 Number Games (B)	2 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Glow Bingo (CR) 6:30 Easy Listening Music (LR)	3 9:30 Pool Noodle Exercise (CR) 11:15 Book Club w/ Helen (SR) 2:00 Wine of the Month Club Happy Hour (CR) 6:30 Word Search Puzzles (B)	4 9:30 Friday Walking Club (CY) 10:00 Music w/ Gabe (LR) 2:00 Bingo 3:00 Bingo Store (CR) 6:30 Puzzles (B)	5 9:30 Mornin Walk & Wheel (CY) 1:00 Meet & Greet with Emmy (CR) 6:30 Number Games (B)
6 9:30 Sunday Stretch- Grab a friend and take a walk! (CY) 1:30 Church Service (MC) 3:00 Word Puzzle Packets (B) 6:30 Movie & Popcorn (LR)	7 9:30 Monday Morning Stretch (CR) 1:30 Made in America Trivia (CR) 6:30 Adult Coloring Pages (B)	8 9:30 Chair Yoga (CR) 11:15 Baking Class w/ Isabel (CR) 2:00 Make Posters to cheer on Chef! (CR) 6:30 Number Games (B)	Candlestone Cooking Competition 9 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Candlestone Cooking Competition...come cheer on Chef! 6:30 Easy Listening Music (B)	10 9:30 Pool Noodle Exercise (CR) 11:15 Book Club w/Helen (SR) 2:00 Happy Hour- Caramel Apple Cocktails (CR) 6:00 Movie & Popcorn Night (LR)	11 9:30 Thank you walk (CY) 2:00 Bingo (CR) 3:00 Bingo Store (CR) 6:30 Puzzles (B)	12 9:30 Morning Walk & Wheel (CY) 11:15 Mini Golf (CY) 1:30 Fall Wreath Craft (CY) 6:30 Coloring Pages (B)
13 9:30 Sunday Stretch- Grab a friend and take a walk! (LR) 1:30 Church Service (MC) 3:00 Weekend Trivia (B) 6:30 Today's News (LR)	Assisted Living Week...Never too old to taste something new day! 14 9:15 Motivational Monday Chat (CR) 2:00 Test Testing Snack Station and Boba Bar (LR) 6:30 Crossword Puzzles (B)	Assisted Living Week...Never too old to do something new day! 15 10:00 Tik Tok Dance (CR) 2:00 Candlestone Talent Show (LR) 6:30 Brain Teasers (B)	Assisted Living Week...Never too old for Friendly Competition day! 16 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Price Is Right (CR) 6:30 Movie and Popcorn (B)	Happy 100th Birthday, Murray! Assisted Living Week...Never too old to pamper yourself! 17 9:30 Pool Noodle Exercise (CR) 11:15 Book Club (SR) 12:00 Murray's 100 th Birthday Celebration 2:00 Candlestone Spa (CR)	Assisted Living Week...Never too old to have FUN!!! 18 9:30 Thank you walk (CY) 2:00 Carnival Prep 5:00- 7:00 Family Fun Carnival (CY)	19 9:00 Morning Walk & Wheel 11:15 Craft with Emmy (CR) 1:00 Corn Hole on the Patio (CY) 6:30 Crossword Puzzles (B)
20 9:30 Sunday Stretch (LR) 1:30 Church Service (MC) 3:00 Sunday Newspaper Chat (B) 6:30 Men's Choice Movie (LR)	21 9:15 Motivational Monday Chat (CR) 9:30 Cardio Drumming (CR) 1:30 Fall Resin Crafts 6:30 Puzzles (B)	22 9:00 Book Club (SR) 9:30 Move & Groove (CR) 11:15 Storytime with Reese (CR) 2:00 Manicures (CR) 6:30 Movie & Popcorn (LR)	23 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Clay magnets with Maddie (CR) 6:30 Crossword Puzzle	24 9:00 Book Club (SR) 9:30 Pool Noodle Exercise (CR) 2:00 Resident Council (CR) 3:00 Culinary Showcase (DR) 6:30 Easy Listening Music (LR)	25 9:30 Thank you walk (CY) 11:15 Activity Planning Meeting (CR) 2:00 Bingo (CR) 6:30 Puzzles (B)	26 9:00 Morning Walk & Wheel (CY) 11:15 Book Club (CR) 1:30pm Bingo (CR) 6:30 Coloring Pages (B)
27 9:30 Sunday Stretch (LR) 1:30 Church Service (MC) 3:00 Yahtzee (B) 6:30 Today's News (LR)	28 9:15 Motivational Monday Chat (CR) 9:30 Cardio Class (CR) 1:30 Fall Leaf Walk & Apple Cider (CY) 3:00 Polka w/Linda Lee 6:30 Puzzles (B)	29 9:00 Book Club (SR) 9:30 Move & Groove (CR) 11:15 Men's Club (CR) 2:00 Manicures (CR) 6:30 Movie & Popcorn (LR)	30 10:30 Stretch & Sculpt w/ Powerback Therapy (CR) 11:15 Bible Study (SR) 2:00 Pet Visit 6:30 Crossword Puzzle			

Calender Key:
SR- Sun Room
B-Bistro
LR- Living Room

CY – Courtyard
DR- Dining Room
CR- Community Room
MC- Memory Care

MCP- Memory Care Patio
SAL- Salon

