

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Cardio Drumming with Suzie (AR) 6:30 Euchre Club (A)	31 10:00 Zumba - Margie (AR) 1:30 Wordle (A) 2:30 Marbles W/ Ron (A) 6:30 Euchre (A)	1 10:00 Moving - Powerback (AR) 10:45 Men's Group (PD) 11:00 Ladies Tea (AR) 1:30 Meijer Trip (O) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 6:00 Play 9 (GR) 6:30 Resident Council (AR)	2 10:00 Zumba - Margie (AR) 10:30 Veteran Photos (A) 1:15 Word Play (A) 2:30 Marbles W/ Ron (A) 3:30 Wine Down (DR) 6:30 Euchre Challenge (A) 6:45 Bible Study (C)	3 10:00 Chair Pilates W/ Jen (AR) 10:30 Legacy Poem's - Jim (A) 2:00 Healthcare Forum (DR) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	4 10:00 Cardio Drumming (AR) 11:00 Understanding Your Grand Kids 101- Alyssa & Kennedy (AR) 1:15 Driving Range (O) 2:00 Mahjong (GR) 6:30 Euchre (A)	5 10:00 Walking Club (A) 10:30 Let's Talk About It (GR) 1:30 Frisbee (A) 3:00 Quarter BINGO (AR) 6:30 Euchre Challenge (A)
6 10:00 Non-Denominational Church Service (C) 6:30 Cardio Drumming with Suzie (AR) 6:30 Euchre (A)	Labor Day 7 10:00 Cardio Drumming (AR) 11:00 Cornhole (CY) 1:30 Pictionary (A) 2:30 9/11: One Day In America (AR) 6:30 Euchre (A)	8 10:00 Moving - Powerback (AR) 10:45 Men's Group (PD) 11:00 Ladies Tea (AR) 1:10 NCG Cinema (O) 2:00 Doc: 102 Minutes (AR) 2:00 Catholic Service - Ann (C) 4:00 Mobile Library (V) 6:30 Play 9 (GR)	9 10:00 Zumba - Margie (AR) 10:30 Blood Pressure Clinic (LL) 1:15 9/11 Talks W/ Scottie (AR) 2:30 Marbles W/ Ron (A) 3:30 Wine Down (DR) 6:30 Euchre Challenge (A) 6:45 Bible Study (C)	10 10:00 Chair Pilates W/ Jen (AR) 10:45 Taste of the Season with Katie (AR) 1:15 9/11 Talks W/ John (AR) 3:30 Learn to Play: Euchre (A) 6:30 Mexican Train (GR)	Patriot Day 11 8:46 Moment of Silence (A) 9:30 Meijer Garden (GR) 1:30 9/11 Talks W/ Rena (AR) 2:00 Mahjong (LL) 6:30 Euchre (A)	12 10:00 Jewish Services (C) 10:00 Walking Club (A) 10:30 Let's Talk About It (GR) 1:15 Documentaries - Em (AR) 3:00 Quarter BINGO (AR) 6:30 Euchre Challenge (A)
Grandparents Day 13 10:00 Non-Denominational Church Service (C) 11:00 Dipper and Donuts (A) 12:00 Piano Music - Mary (DR) 6:30 Cardio Drumming with Suzie (AR) 6:30 Euchre Club (A)	Housekeeping Week 14 9:00 Grumbles and Goodies With Shelbi (AR) 10:00 Zumba - Margie (AR) 10:00 Meijer - Bath (O) 1:15 Pedicures (O) 6:30 Euchre (A)	15 10:00 Moving - Powerback (AR) 10:45 Mens Group (PD) 11:00 Ladies Tea (AR) 2:00 Catholic Services - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V) 6:00 Play 9 (GR)	Taste Independence 16 10:00 Zumba - Margie (AR) 1:00 Taste of Independence 2:30 Wine Down (DR) 6:30 Euchre Challenge (A) 6:45 Bible Study (C)	17 9:30 Balance Clinic (PT) 10:00 Chair Pilates W/ Jen (AR) 1:30 Activities Forum (AR) 3:00 Paint Along - Emily (AR) 6:30 Mexican Train (GR)	18 9:30 Soaring Eagle Casino (O) 11:00 Freebie Friday (AR) 1:15 Word Play (A) 2:00 Mahjong (LL) 6:30 Euchre (A)	19 10:00 Jewish Services (C) 10:30 Let's Talk About It (GR) 10:00 Walking Club (A) 1:15 Documentaries - Em (AR) 3:00 Quarter BINGO (AR) 6:30 Euchre Challenge (A)
20 10:00 Non-Denominational Church Service (C) 1:00 Sunday Sundaes (DR) 6:30 Cardio Drumming with Suzie (AR) 6:30 Euchre Club (A)	21 10:00 Zumba - Margie (AR) 10:45 Coffee- Powerback (AR) 1:15 Word Play (A) 1:30 Meijer - East Lansing (O) 1:30 Hobby Lobby (O) 3:30 Book Club (PD) 6:30 Euchre (A)	First Day of Autumn 22 7:30 Waffle Bar (DR) 10:00 Flu Clinic Begins (AR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V) 6:00 Play 9 (GR)	23 10:00 Zumba - Margie (AR) 10:45 Coffee W/ Logan (AR) 1:15 Word Play (A) 2:30 Marbles W/ Ron (A) 3:00 Wine Down (DR) 6:30 Euchre Challenge (A) 6:45 Bible Study (C)	Karaoke Night 24 10:00 Chair Pilates W/ Jen (AR) 1:15 Learn to Play: Euchre (A) 1:30 Harris Nature Center (O) 3:00 Quarter BINGO (AR) 6:30 Karaoke & Drinks (DR) 6:30 Mexican Train (GR)	25 10:00 Cardio Drumming (AR) 11:00 Understanding Your Grand Kids 101- Alyssa & Kennedy (AR) 1:15 Word Play (A) 2:00 Mahjong (LL) 3:30 Town Hall (DR) 6:30 Euchre (A)	26 10:00 Jewish Services (C) 10:00 Walking Club (A) 10:30 Let's Talk About It (GR) 3:00 Quarter BINGO (GR) 6:30 Euchre Challenge (A)
27 10:00 Non-Denominational Church Service (C) 12:00 Piano Music - Mary (DR) 6:30 Cardio Drumming with Suzie (AR) 6:30 Euchre Club (A)	28 9:00 Resident Ambassadors (AR) 10:00 Zumba - Margie (AR) 10:00 Meijer - Bath (O) 1:15 Wordle (A) 1:30 RE Olds Museum (O) 6:30 Euchre (A)	29 10:00 Moving - Powerback (AR) 10:45 Men's Group (PD) 11:00 Ladies Tea (AR) 2:00 Catholic Service - Ann (C) 3:00 Quarter BINGO (AR) 4:00 Mobile Library (V) 6:00 Play 9 (GR)	30 10:00 Zumba - Margie (AR) 1:15 Word Play (A) 2:30 Marbles W/ Ron (A) 3:00 Wine Down (DR) 6:30 Euchre Challenge (A) 6:45 Bible Study (C)	1 10:00 Chair Pilates W/ Jen (AR) 1:15 Learn to Play: Euchre (A) 2:30 Yarn Circle (LL) 3:00 Quarter BINGO (AR) 6:30 Mexican Train (GR)	2 10:00 Cardio Drumming (AR) 11:15 Buddies East Lansing (O) 1:15 Word Play (A) 3:00 Beer Club (A) 6:30 Euchre (A)	3 10:00 Jewish Services (C) 10:00 Walking Club (A) 10:30 Let's Talk About It (GR) 3:00 Quarter BINGO (GR) 6:30 Euchre Challenge (A)

Calender Key:
A – Atrium (1st)
AR-- Activity Room (1st)
C- Community Room (3rd)

CY – Courtyard (Back)
DR-- Dining Room (1st)
FD – Front Desk (1st)
GR-- Game Room (2nd)

LL-- Living Library (2nd)
AV-- Apartment Visit
O-- Outing
V-- Veranda (Front) (1st)

PD - Private Dining Room
PT - Physical Therapy (2nd)
Sign-up Sheets are by the TV
outside the Activity Room.

Activities Director - Logan
Reale
Shuttle Driver: Dominique
Houston

Address: 5968 Park Lake Rd,
East Lansing, MI 48823

Phone:: 517-339-1532