

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Cheryl's Birthday 1 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Resident Council (D) 2:30 What Not Bingo (D) 3:30 New Neighbor Welcome Party (D)	Janet's Birthday 2 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 Art's Memorial Service (D)	3 9:30 Get Pumped with Gary (RL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:30 Culinary Showcase (D) 2:30 What Not Bingo (D) 3:15 Tea Social/October Calendar Review (D)	Wendi's Birthday 4 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:00 Reggie's Grilled Lunch (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:30 Labor Day Heads Up Game (D)	5 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
6 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	Labor Day 7 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:30 Labor Day Match Game (D) 2:00 Labor Day Trivia (D)	8 9:30 Get Pumped with Gary (RL) 10:00 Veteran's Group (D) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Yahtzee (D) 2:00 Nail Painting (D) 3:00 What Not Bingo (D)	9 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 2:00 Arnold Audiology Visit (S)	10 9:30 Get Pumped with Gary (RL) 9:45 Prayer Service (D) 10:45 Stand and Stretch (D) 1:30 Culinary Conversations and Chef Reggie's Meet and Greet (D) 2:30 What Not Bingo (D) 3:30 9/11 Trivia (D)	Patriot Day 11 9:30 Get Pumped with Gary (RL) 10:45 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:30 Patriot Day Social (D)	12 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
Grandparents Day 13 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	Polka Dots and Stripes Day 14 Assisted Living Week Housekeeping Week 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (A) 1:45 Yahtzee (D) 3:30 Chalk The Walk (P)	Campfire and Camo Day 15 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 1:30 Back to School Craft (D) 2:30 What Not Bingo (D) 3:30 Appreciation Tree (D)	Woodlawn Shirt Day 16 Tattoo Story Day 9:30 Woodlawn Walkers (SL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 2:00 Arnold Audiology Visit (S) 3:30 Tattoo Stories (D)	Pajama Day 17 Mikayla's Birthday 9:30 Woodlawn Walkers (SL) 9:45 Prayer Service (D) 10:45 Stand and Stretch (D) 1:30 PJ Party (D) 2:30 What Not Bingo (D) 3:30 Ladies' Group (D)	Shades of Gold Day 18 9:30 Woodlawn Walkers (SL) 10:45 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:30 Apples Abound Social (D)	Talk Like A Pirate Day 19 Kim's Birthday 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
20 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	National Chai Day 21 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 2:45 Wii Bowling (A) 1:30 Chai Cart (M/C) 1:45 Nail Painting (D) 3:30 Crafter's Corner (D)	First Day of Fall 22 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 2:30 What Not Bingo (D) 3:30 Fall Craft (D)	23 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:30 Jami's Journey (D)	Jim, Chris Schell and Gary's 24 Birthday 9:30 Get Pumped with Gary (RL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 11:30 Dynasty Buffet Outing (O) 1:30 Laughs with Jan (A) 2:30 What Not Bingo (D) 3:30 Back to School Trivia (D)	Dezi's Birthday 25 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Auction (D) 2:30 Badminton (P) 3:30 Resident Birthday Party (D)	Johnny Appleseed Day 26 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)
27 9:30 Get Pumped with Gary (RL) 10:30 Cranium Crunches & Word Puzzles (SL) 2:00 Card Games (D) 3:00 Puzzles (A) 6:00 Read & Relax (SL)	28 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:30 Wii Bowling (D) 1:45 Apples to Apples (D) 3:30 Conversation Card Social (D)	Morgan's Birthday 29 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 11:00 The Good News Group (D) 11:15 Morgan Birthday Party (D) 2:30 What Not Bingo (D) 3:30 Make-a-Word (D)	30 9:30 Get Pumped with Gary (RL) 10:00 Men's Group (D) 10:30 Chair Exercise (D) 11:00 Peaceful Pause (D) 12:30 Wii Bowling (A) 1:30 Church Service with United Methodist (D) 3:00 Cotants (O)	October 1 9:30 Get Pumped with Gary (RL) 9:45 Prayer Service (D) 10:45 Stand & Stretch (D) 1:15 Resident Council (D) 2:30 What Not Bingo (D) 3:30 Back to School Social (D)	2 9:30 Get Pumped with Gary (RL) 10:30 Chair Exercise (D) 12:45 Wii Bowling (A) 1:30 Penny Bingo (D) 3:00 October Calendar Review (D) 3:30 New Resident Welcome Party (D)	3 9:30 Get Pumped with Gary (RL) 11:00 Coffee & Conversation (D) 2:00 Card Games (D) 3:30 Uno (D) 6:00 Jigsaw Puzzles (A)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Cheryl's Birthday 1 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles	Janet's Birthday 2 9:30 Sunrise Meditation 10:00 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 3:30 Gardening	3 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Music with Ruthie 11:00 Chair Exercise 1:45 Culinary Showcase 3:45 Tea Social/New Neighbor Welcome Party	Wendi's Birthday 4 9:30 Sunrise Meditation 10:30 Morning Meeting 11:00 Chair Exercise 12:00 Reggie's Grilled Lunch 1:45 Labor Day Heads Up 3:30 Labor Day Trivia	5 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
6 11:00 Morning Movement 11:45 Morning Meeting 1:30 Gardening 3:00 Snacks and Socialize 3:30 Mindful Music	Labor Day 7 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting/Labor Day Discussion 2:30 Prize Bingo 3:30 Labor Day Trivia	8 9:30 Sunrise Meditation 10:30 Music with George 10:30 Veteran's Group 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles	9 9:30 Sunrise Meditation 10:00 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 3:00 Nature Nerds	10 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Table Top Games 3:30 Chef Reggie's Meet and Greet	Patriot Day 11 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 1:30 Baker's Batch 3:00 Treats with Friends	12 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
Grandparents Day 13 11:00 Morning Movement 11:45 Morning Meeting 2:30 Gardening 3:00 Snacks and Socialize 3:30 Mindful Music	Polka Dots and Stripes Day 14 Assisted Living Week Housekeeping Week 9:30 Sunrise Meditation 10:30 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 2:30 Prize Bingo 3:30 Fall Craft	Campfire and Camo Day 15 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles	Woodlawn Shirt Day 16 Tattoo Story Day 9:30 Sunrise Meditation 10:00 Chair Exercise 11:30 Morning Meeting 1:30 Reading Group 4:00 Tattoo Stories	Pajama Day 17 Mikayla's Birthday 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 1:30 Table Top Games 3:00 Bows with Barbara	Shades of Gold Day 18 9:30 Sunrise Meditation 10:30 Morning Meeting 11:00 Chair Exercise 1:30 Baker's Batch 3:00 Treats with Friends 4:00 Apples Abound Social	Talk Like A Pirate Day 19 Kim's Birthday 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
20 11:00 Morning Movement 11:45 Morning Meeting 1:30 Fresh Air Friends 2:30 Snacks and Socialize 3:30 Mindful Music	National Chai Day 21 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 2:30 Prize Bingo 3:30 Chai Cart	First Day of Fall 22 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 4:00 Allison's Academy	23 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 3:00 Nature Nerds 4:00 Jami's Journey	Jim, Chris Schell and Gary's Birthdays 24 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:30 Dynasty Buffet 1:30 Table Top Games 2:00 Laughs with Jan 3:00 Bows with Barbara	Dezi's Birthday 25 9:30 Sunrise Meditation 10:30 Morning Meeting 11:30 Chair Exercise 1:30 Baker's Batch 3:00 Treats with Friends 3:30 Resident Birthday Party	Johnny Appleseed Day 26 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music
27 11:00 Morning Movement 11:45 Morning Meeting 1:30 Fresh Air Friends 2:30 Snacks and Socialize 3:30 Mindful Music	28 9:30 Sunrise Meditation 10:30 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 2:30 Prize Bingo 3:30 Trivia	Morgan's Birthday 29 9:30 Sunrise Meditation 10:30 Music with George 11:30 Chair Exercise 1:30 Reminiscing Group 3:30 Word Puzzles	30 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Reading Group 3:00 Cotants	October 1 9:20 Prayer Service 9:30 Sunrise Meditation 10:00 Chair Exercise 11:00 Morning Meeting 1:30 Table Games 3:30 Pumpkin Painting	2 9:30 Sunrise Meditation 10:30 Morning Meeting 11:30 Chair Exercise 1:30 Baker's Batch 3:00 Treats with Friends	3 10:30 Bible Study with Alan 11:15 Morning Movement 2:30 Afternoon Meeting 3:30 Mindful Music

Calender Key:
GNG- Grab & Go Wall File
by Activity Roo,
SL- Self Lead

RL – Resident Lead
D – Dining Room
A – Activity Room
O – Off-site

M/C – Apartments or
Mobile Cart that goes to
each apartment or around
common areas

S – Hair Salon
P – Front Porch/Outside