

SEPTEMBER 2026

Riley's Grove Assisted Living & Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 1:30 One on One Visits 3:30 Afternoon in the Courtyard	Happy Birthday Dee 2 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 Resident Council 3:00 Bingo	3 11:00 Upper Body Exercise 2:00 Ice Cream Social 3:00 Remembering our School Days	4 9:30 Devotions with Karen 11:00 Lower Body Exercise 3:30 Music Performance by Chris Sloan 8:00 MSU Football vs Toledo	5 11:00 Morning Walk 1:30 Bingo 7:30 Michigan Football vs Western Michigan
6 9:30 Live Stream Church 11:00 Morning Walk 2:00 Worship with John	Labor Day 7 9:30 Guess the Occupation 11:00 Upper Body Exercise 2:00 Labor Day Puzzle and Fun Packet	8 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 1:30 Nature Quiz 3:30 Manicures	9 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo NFL Season Begins	10 11:00 Upper Body Exercise 1:30 Balloon Volleyball 3:00 Afternoon in the Courtyard: Sips and Surveys	Patriot Day 11 11:00 Lower Body Exercise 2:00 Remembering Moments in America 4:00 Would You Rather	Happy Birthday Gary J 12 11:00 Morning Exercise 12:00 Michigan vs Oklahoma 1:30 Bingo 3:30 MSU vs Eastern MI
Grandparents Day 13 9:30 Live Stream Church 11:00 Morning Walk 1:00 Lions vs Saints 2:00 Worship with Darrell National Assisted Living Week Begins: "Shining Through the Years"	14 11:00 Upper Body Exercise 1:30 Category Puzzle 3:00 Bingo	15 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 1:30 Afternoon in the Courtyard: Games 3:30 History of Tigers Stadium Documentary	16 Hair Salon 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 Wisdom Wall: Share Your Wise Words 3:00 Bingo	17 9:30 Devotions with Karen 11:00 Upper Body Exercise 1:30 Ice Cream Bus Trip 1 3:30 Patio Sunshine Hour 8:15 Lions @ Bills	U.S. Air Force Birthday 18 11:00 Lower Body Exercise 1:30 Baking Club - Late Summer Berry Cake 3:30 One on One Visits	19 11:00 Morning Walk 1:30 Bingo 3:30 Michigan vs UTEP 7:30 MSU @ Notre Dame
20 9:30 Live Stream Church 11:00 Morning Walk 2:00 Worship with Josh Spencer	21 Hair Salon 11:00 Upper Body Exercise 1:30 Double Letter Words 3:00 Bingo	First Day of Autumn 22 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 1:30 Music Performance by David Molinari 4:00 First Day of Fall Trivia	23 9:00 Visit from Ellie the Dog & Kaitlyn 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo	Happy Birthday Jeanette 24 11:00 Upper Body Exercise 1:30 Ice Cream Bus Trip 2 2:00 Root Beer Floats in the Living Room	25 11:00 Lower Body Exercise 2:00 Manicures 3:30 Mini Guidebook to Mackinac Island & Walking Tour Video	26 11:00 Morning Exercise 1:30 Bingo TBA - Michigan vs Iowa TBA - MSU vs Nebraska
27 9:30 Live Stream Church 11:00 Morning Walk 1:00 Lions vs Jets 4:00 Worship with Grace Fellowship Church	28 Hair Salon 11:00 Upper Body Exercise 1:30 Anagrams 3:00 Bingo	29 10:00 Bible Study & Hymns with Gary and Sue 11:00 Lower Body Exercise 1:30 Afternoon Step Challenge: Pedometer Pick Up 3:30 Word Mining	30 10:30 Coffee & Donuts 11:00 Core Exercise 1:30 One on One Visits 3:00 Bingo			