

Grace Haven Assisted Living and Memory Care

July 2024

Memory Care

Life Enrichment Monthly Calendar

Activities are subject to change

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p>10:00 Coffee Bar and Conversation (L) 11:00 Church Service and Songs (MC) 1:30 Groovin Grace Haven Zumba (PD) 2:30 Decorate for 4th (L)</p>	<p>1</p> <p>International Joke Day</p> <p>10:30 Comedy Hour and Hydration (PD) 1:30 Bingo (MD) 2:00 Sweeping (MC) 3:30 Exercise (MD) 4:45 Fourth of July Family Picnic (O)</p>	<p>2</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 Scarf and Music Exercise (MC) 3:00 Briggs Library (PD)</p>	<p>3</p> <p>Barbara's Birthday</p> <p>10:30 Marching Exercise (PD) 3:15 Music with Wendy (MC) 6:15 Happy Hour: Red, White and Blue Drinks and Fireworks in the Parking Lot (O)</p>	<p>4</p> <p>Independence Day Emily's Birthday</p> <p>9:00 Star Spangled Hydration Cart 1:30 Craft: 4th of July Fireworks (MC) 2:00 Closet Clean Up (MC) 3:30 Exercise (MD)</p>	<p>5</p> <p>10:00 Craft: Summertime Pictures (PD) 11:15 Tourist In Our Hometown Ideas (PD) 1:30 Bingo (MD) 3:30 Exercise From the 50's, 60's, and 70's (MC)</p>	<p>6</p> <p>Kissing Day</p> <p>10:30 Chair Synchronized Swimming Exercise (O) 11:30 Handing Out (Chocolate) Kisses (L) 1:30 Women's Group: Picking Out Lip Colors 5:45 Saturday Movie (MC)</p>
<p>7</p> <p>11:00 Church Service and Songs (MC) 1:30 Mini Ice Cream Sundae's Mobile Cart 3:30 Tactile Ball Exercise (MC) 6:00 Resident Lead Euchre</p>	<p>8</p> <p>Body Paint Day</p> <p>10:30 Outside Color War/ Body Painting (O) 1:30 Bingo (MD) 2:00 Clean Tables (MC) 3:30 Exercise (MD) 4:00 Jeopardy and Pick Your Color Hydration (MC)</p>	<p>9</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 2:00 Air Freshener Cart 3:00 Zumba with Margie (MD)</p>	<p>10</p> <p>Pina Colada Day</p> <p>10:30 Move Those Joints (PD) 11:00 Manicures (MC) 1:30 Manicures (PD) 5:45 Happy Hour: Pina Colada's and Testing Dry Ice Cream (L)</p>	<p>11</p> <p>Cheer Up Day</p> <p>10:00 Surprise Cheer Up Day Activity 11:00 Cheer Up Buttercup, Handing Out Peanut Buttercups (L) 2:00 Laundry (MC) 3:30 Exercise (MD)</p>	<p>12</p> <p>10:30 Motorcycle Club Men's Group (PD) 1:30 Bingo (MD) 4:00 Music with Marty (MC) 5:15 Meditation (MC) 5:45 Costume Bar Walk Downtown St. Johns</p>	<p>13</p> <p>10:00 Balloon Badmitten (PD) 2:30 Washington D.C. Presentation with Lillie (PD) 5:45 Essential Oils, Relaxation (MC)</p>
<p>14</p> <p>11:00 Church Service and Songs (MC) 1:15 Shark Awareness Education (PD) 3:00 Meditation Exercise and Calming Music and Sounds (PD)</p>	<p>15</p> <p>10:30 Technology Time with Lindsey (PD) 1:30 Bingo (MD) 2:00 Wipe Downs (MC) 3:30 Exercise (MD) 4:15 Wheel Of Fortune and Drinks (PD)</p>	<p>16</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:30 Cardio Drumming (MC) 3:00 Craft: Summertime Sand Art (PD)</p>	<p>17</p> <p>Danny's Birthday</p> <p>10:00 Manicures (MC) 11:00 Manicures (PD) 1:15 Cooking Club: Peach Ice Cream (MC) 3:30 Walking Club (H/ O) 5:45 Happy Hour: Shark Tank Attack Drink (O)</p>	<p>18</p> <p>Listening Day</p> <p>10:00 Culinary Showcase with Chef Jason (MD) 11:00 Life Enrichment Listens, Chatting Hour (PD) 2:00 Picking Up (MC) 3:30 Exercise (MD)</p>	<p>19</p> <p>Daiquiri Day</p> <p>11:00 Outing at Big Boy and Meeting Up With Our Friend Tom 1:30 Bingo (MD) 4:00 Chair Yoga (MC) 5:45 Hydrating Happy Hour Daiquiri's (O)</p>	<p>20</p> <p>Lollipop Day</p> <p>10:15 Scalp and Head Massages (B) 11:15 Suckers Knowledge 1:15 Don't Burst My Bubble Game (MD) 3:30 Farkle Game (MD) 6:00 Relax Exercise (PD)</p>
<p>21</p> <p>11:00 Church Service and Songs (MC) 1:30 (New) Friend Welcome Party and Social Time (PD) 2:30 Cornhole (MD) 5:45 Crosswords (PD)</p>	<p>22</p> <p>Mango Day</p> <p>10:30 Jen and Frankie Therapy 1:30 Bingo (MD) 2:00 Closet Clean Up (MC) 3:30 Exercise (MD) 4:00 Mango Smoothies Hydration Mobile Cart</p>	<p>23</p> <p>Gorgeous Grandma's</p> <p>10:00 Catholic Service and Rosary (PD) 10:45 Bible Study with Dean (CD) 1:15 Women's Group (B) 3:00 Zumba with Margie (MD)</p>	<p>24</p> <p>Mary D.'s Birthday Tequila Day</p> <p>10:00 Manicures (MC) 11:30 Music with Tess (MC) 1:30 Manicures (PD) 3:00 Scarf Exercise (MC) 5:45 Happy Hour: Tequila Sunset (P)</p>	<p>25</p> <p>10:00 Food Committee (MD) 11:00 Cup of Joe for our Veterans (PD) 1:00 Grace Haven Chicken Therapy (O) 2:00 Sweeping (MC) 3:30 Exercise (MD)</p>	<p>26</p> <p>11:00 Culinary Showcase Reverse (MD) 1:30 Bingo (MD) 3:30 Olympic Warm Ups and Games (O) 4:45 Happy Hour: Missy's Choice</p>	<p>27</p> <p>Day of the Cowboy</p> <p>10:30 Lassoing Exercise (O) 1:30 Men's Group: Cowboy Chat (PD) 3:30 Current Events (MC) 5:45 Cowboy Movie, Popcorn, and Cowboy Cocktail</p>
<p>28</p> <p>Jenny's Birthday</p> <p>11:00 Church Service and Songs (MC) 1:30 Sit and Be Fit Exercise (PD) 6:00 Resident Lead Card Games and Hydration Drinks (CD)</p>	<p>29</p> <p>Tigers Day</p> <p>10:30 Craft: Make Hats for Watching the Tigers Game (PD) 1:30 Bingo (MD) 2:00 Dishes (MC) 3:30 Exercise (MD) 6:40 Tigers Game on TV</p>	<p>30</p> <p>10:00 Catholic Service and Rosary (PD) 11:00 Outing to McDonalds for Lunch (MC) 1:30 Swimming Aerobics (PD) 3:00 Gardening Club (O)</p>	<p>31</p> <p>10:00 Denise and Ruby Dog Therapy 12:30 Resident Birthday Celebration 1:30 Resident Council (PD) 3:30 Laughter Yoga (MC) 5:45 Happy Hour: Surprise</p>			

Calendar Key:
MD – Main Dining
MC – Memory Care
PD – Private Dining
CD – Cooking Room
L – Lobby
P - Patio
O - Outside
B- Beauty Salon
H- Hall