July 2024

Life Enrichment Monthly Calendar Independent Living | Assisted Living Activities are subject to change Sunday **Monday Tuesday** Wednesday **Thursday Friday** Saturday Fourth of July 10:15 Choir Club (EDR) 9:30 Fourth of July Parade in New Albany 9:30 Weekly Chronicles (LT) 9:30 Brain Fitness Activity Packets (LT) :00 July 4th Flower Arranging (CR) 0:00 Screen Cleaning (BP) 0:00 Chair Yoga w/ Barbara (CR) 11:30-1:30 Fourth of July Family Picnic 10:30 Exercise Video: Sit & Be Fit(T) 9:30 Shopping Trip: Marc's -sign up (LT) 1:00 Chat w/ Brittany, ED (P-IL) :00 Euchre Club (SL) 1:00 Last Month on Facebook (T) (MDR and BP) 2:00 Music with Betty (EDR) 10:00 Chair Yoga Dance (MR) :00 Life's Transitions w/ Chaplain Nathan 1:00 Grocery Shopping Order(LEO) :30 Crazy Bingo (EDR) 2:00 Patriotic Music w/ Curtis 3:00 Rummikub - Resident Led (SL) 10:30 Craft Corner: (CR) 3:00 Happy Hour with Music by Linda :30 Tech Tuesday - sign up (LT) 7:00 Movie Rewind: Peanut Butter Chamberlain (EDR) 1:00 Blood Pressure Clinic w/ Laurus (MR) 2:00 Shuttle Service-Sign Up (LT) LaFever (ÉDR) 1:30 Camp Day Prep (SL) Falcon (T) 3:00 Sit and Be Fit (T) 1:00 The Knitwits (CR) 2:00 Kitten Therapy (CR) 2:00 Health Talk w/ Legacy: Managing 7:00 Movie: From Here To Eternity (T) I:00 Pet Therapy w/ Dodger Medications (CR) 3:00 Dominoes (SL) 2:00 Classic Bingo (EDR) 2:30 Feeling Fit w/ Legacy (CR) 6:30 Wine. Dessert and Introductions w/ 3:00 Kitchen Adventures: Red, White and 3:00 Bible Study w/ Stonybrook (SL) Evolution and Laurus (CR) Blue Cake (CR) 7:00 Movie:Thank You For Your Service(T) 10 ш 12 10:00 Chair Yoga w/ Barbara (CR) 10:00 Church Transports-Sign Up 9:30 Weekly Chronicles (LT) 9:30 Brain Fitness Activity Packets (LT) 0:00 Cornhole (BP) 10:15 Choir Club (EDR) 10:00 Balloon Volleyball League (EDR) 10:15 Catholic Communion Service 9:30 Shopping Trip: Kohl's -sign up (LT) 11:00 Lunch Outing: Cheesecake Factory 1:00 Chat w/ Brittany, ED (P-IL) 10:30 Exercise Video: Sit & Be Fit (T) I I:00 Fireside Chat: What Am I? (P-IL) 1:00 Garden Club (GH) w/ St. Matthew (CR) 10:00 Drum Circle w/ Debbie (MR) 1:30 Crazy Bingo (EDR) 2:00 Movie Matinee: Oueen Bees (T) :00 Grocery Shopping Order(LEO) 1:00 Euchre Club (SL) 1:00 Video Feature: Victor Borge (T) 10:15 Washington Nat'l Cathedral 10:30 Reflexology w/ Andi Wesley (EDR) 3:00 July Birthday Celebration and Happy 3:00 Uno - Resident Led (SL) :30 Tech Tuesday - sign up (LT) 1:00 Trumpet Music w/ Mike Meyers 2:00 Zumba w/ Kimberly (CR) Virtual Church service (T) 1:00 The Knitwits (CR) Hour w/ Music by Logan Keseg (EDR) 7:00 Movie Rewind: Queen Bees (T) 3:00 Poker (SL) (EDR) 3:30 Hallway Concert w/ Elmer (100 2:00 Movie: Thank You for Your Service 1:00 Pet Therapy w/ Dodger 6:45 Music w/ Bill Gavin (EDR) 2:00 Spa Day Cart Hallway) - bring a chair 2:00 Classic Bingo (EDR) 2:30 Feeling Fit w/ Legacy (CR) 6:30 Armchair Travel to Germany w/ 2:00 Walking Group (ML) 3:00 Mary Kay Pop Up Counter w/ Tina 3:30 Prayer Ministry Meeting (SL) Marlee from Medicare (T) 7:00 Movie: Travel Video W/ Rick Wood (P-IL) 7:00 Movie: Priscilla (T) Stevens: France: Normandy (T) 17 19 14 15 20 16 18 10:00 Church Transports-Sign Up 9:30 Weekly Chronicles (LT) 10:00 Bocce (BP) 10:15 Choir Club (EDR) 10:00 Balloon Volleyball League (EDR) 9:30 Brain Fitness Activity Packets (LT) 10:00 Chair Yoga w/ Barbara (CR) 10:00 Pet Therapy w/ Cassie 10:15 Catholic Communion Service 9:30 Shopping Trip: Meijer -sign up (LT) 1:00 Euchre Club (SL) 10:00-11:30 Camp Day w/ Goddard (EDR) 10:30 Exercise Video: Sit & Be Fit (T) 10:00 SPG Sundae Contest - Voting begins 10:30 Culinary Showcase w/ Chef Casey 1:00 Garden Club (GH) I I:00 Fireside Chat: Where Am I? (P-IL) w/ St. Matthew (CR) 10:00 Chair Yoga Dance (MR) 2:00 Movie Matinee: Murder Mystery (T) 10:15 Washington Nat'l Cathedral I:00 Blood Pressure Clinic w/ Laurus (MR) (EDR) 2:00 Shuttle Service-Sign Up (LT) 1:00 Food Critics Club: Vanilla Ice Cream 3:00 Quarter Bingo (EDR) 1:00 Lunch Outing: Olive Garden I I:00 Chat w/ Brittany, ED (P-IL) 1:00 The Knitwits (CR) 2:30 Feeling Fit w/ Legacy (CR) 7:00 Movie Rewind: Murder Mystery (T) Virtual Church service (T) 1:30 Crazy Bingo (EDR) 1:00 Grocery Shopping Order (LEO) 1:00 Cello Music w/ Chuck Junkin (EDR) 1:00 Pet Therapy w/ Dodger 3:00 Bible Study w/ Stonybrook (SL) 2:00 Zumba w/ Kimberly (MC) 3:00 Happy Hour with Music by Todd 1:30 Tech Tuesday Feature - Cell Phones 2:00 Movie: Priscilla (T) 2:00 Classic Bingo w/ Liz from Suncrest 7:00 Movie Night: Thunder Force (T) 2:30-3:15 Columbus Mobile Library (P-IL) Barry (EDR) 2:00 Walking Group (ML) 3:00 Áctivity w/ Evolution & Laurus 7:00 Movie: Travel Video w/Rick Stevens: 3:00 New Friend Meet & Greet (EDR) 7:00 Assisted Living Movie Night (BP) France: French Riviera (T) 23 24 SPG Yard Sale 8a-5p SPG Yard Sale 8a-2p Nat'l Sundae Day 10:00 Church Transports-Sign Up 9:30 Weekly Chronicles (LT) 10:15 Choir Club (EDR) 10:00 Chair Yoga w/ Barbara (CR) 10:00 Horseshoes (BP) 9:30 Brain Fitness Activity Packets (LT) 10:00 Balloon Volleyball League (EDR) 9:30 Shopping Trip: Farm Market at 10:15 Catholic Communion Service I I:00 Chat w/ Brittany, ED (P-IL) I I:00 Olympic Documentary (T) 10:00 Outing: Casino 10:30 Exercise Video: Sit & Be Fit (T) 10:30 Yard Sale Sort and Prep (EDR) 11:00 Grocery Shopping Order(LEO) 1:00 Euchre Club (SL) 1:30 Crazy Bingo (EDR) w/ St. Matthew (CR) Oakland Nursery - sign up (LT) 2:00 Movie Matinee: Race (T) I I:00 Fireside Chat: July IQ (P-IL) 10:00 Drum Circle w/ Debbie (MR) 1:00 Balance Class w/ Summit Ortho (CR) 10:15 Washington Nat'l Cathedral Virtual 1:00 Garden Club (GH) 3:00 Happy Hour w/ Music by Matt 3:00 Phase 10 - Resident Led (SL) 1:00 Yard Sale Sort and Prep (EDR) Tolentino (EDR) 1:00 Pet Therapy w/ Dodger 1:30 Tech Tuesday -sign up (LT) 2:30 Feeling Fit w/ Legacy (CR) Church Service (T) 7:00 Movie Rewind: Race (T) 2:00 Zumba w/ Kimberly (CR) 1:00 Sundae Cart 1:00 The Knitwits (CR) 2:00 Resident Forum (EDR) 3:00 Craft Corner: (CR) 3:30 Hallway Concert w/ Elmer (100 2:00 Movie: Thunder Force (T) 2:00 Classic Bingo (EDR) 3:00 Activity Brainstorm (EDR) 6:30 Alzheimer's Association Education & Hallway) - bring a chair 2:00 Walking Group (ML) 3:00 Olympic Overview and Trivia (EDR) Support (CR) 7:00 Movie: Travel Video w/ Rick Steves: 7:00 Movie Night: Grand Turismo (T) France: Paris Episode 3 (T) Ohio State Fair Day! 31 9:30 Outing: Ohio State Fair Senior Day 10:00 Church Transports-Sign Up 9:30 Weekly Chronicles (LT) 10:15 Choir Club (EDR) 10:00 Chair Tai Chi (MR) 1:00 Euchre Club (SL) 10:15 Catholic Communion Service 9:30 Shopping Trip: Kroger -sign up (LT) :00 Garden Club (GH) 10:00 Chair Yoga Dance (MR) I I:00 Chat w/ Brittany, ÉD (P-IL) w/ St. Matthew (CR) 10:15 Washington Nat'l Cathedral I I:00 Craft Corner: Bazaar Crafts (CR) 12:30 Rummikub w/ Brittany (EDR) 1:00 Olympic Fun and Games (EDR) Virtual Church service (T) 1:00 The Knitwits (CR) 1:30 Tech Tuesday - sign up (LT) 2:00 Shuttle Service - Sign up (LT) I:00 Pet Therapy w/ Dodger 2:00 Grocery Shopping Order (LEO) 2:30 Feeling Fit w/ Legacy (CR) 2:00 Outing: Bye Bye Birdie - sign up 2:00 Classic Bingo (EDR) 2:30 Communion Service (SL) 2:00 Walking Group (ML) 3:00 Hymn Sing-Along (SL) 3:00 Olympic Fun and Games (BP) 2:00 Movie: Grand Turismo (T) 7:00 Movie Night: An American In Paris 7:00 Movie: Travel Video W/ Rick Stevens: France: Episode I & 2 (T) T-Theater **B-AL-Bistro Assisted Living SD-Sky Deck** Debbie Zimmerer.MT-BC 5435 Morse Rd. Calender Key: **CR-Community Room EDR-East Dining Room ML-Main Lobby** MDR-Main Dining Room Life Enrichment Director Gahanna, OH 43230

SL-Sky Lounge

B-IL Bistro

GH-Green House

P-IL Parlor MR-Meditation Room

RC-Resident's Club

MC-Memory Care LT-Life Enrichment Table (614) 933-0078 (office)

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